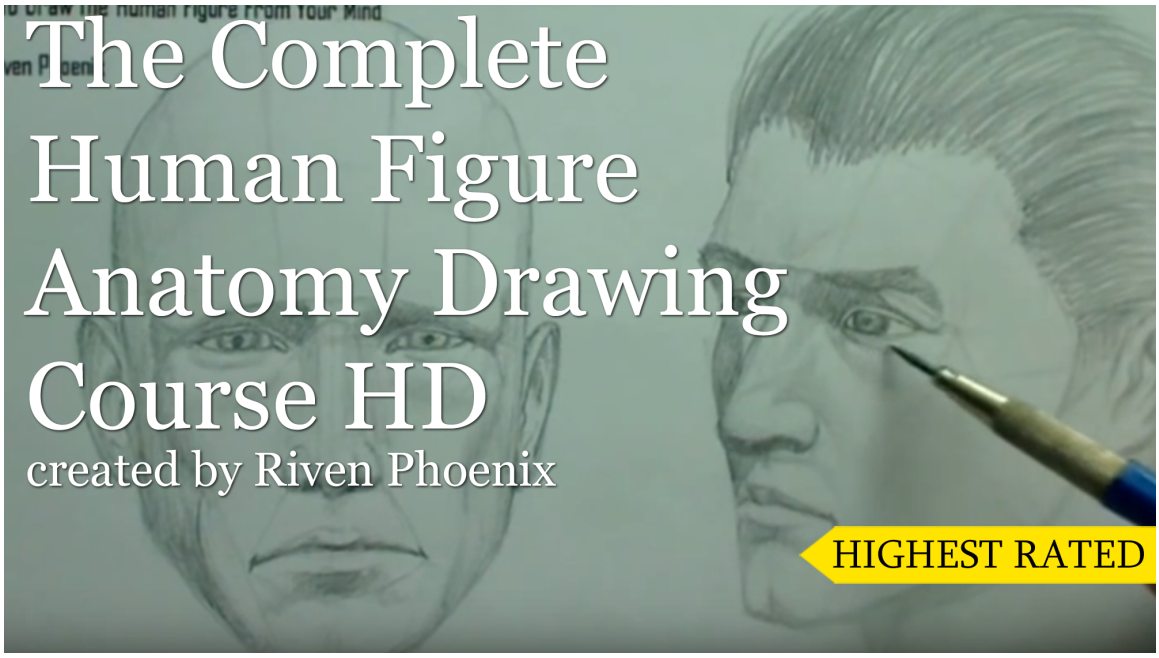


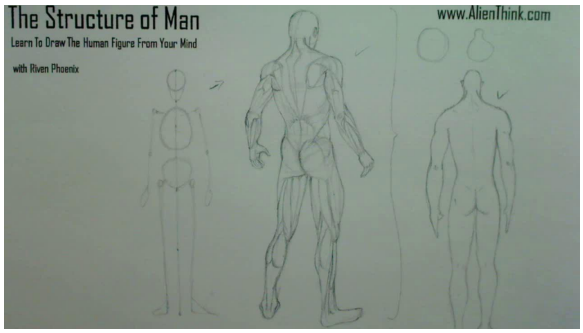
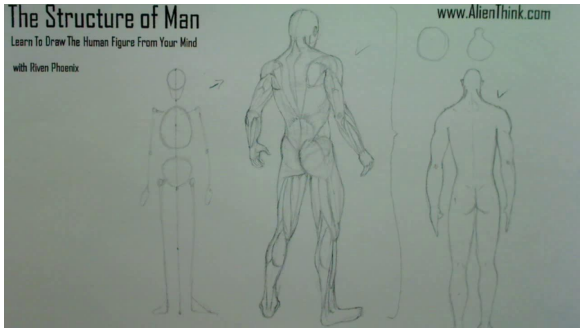
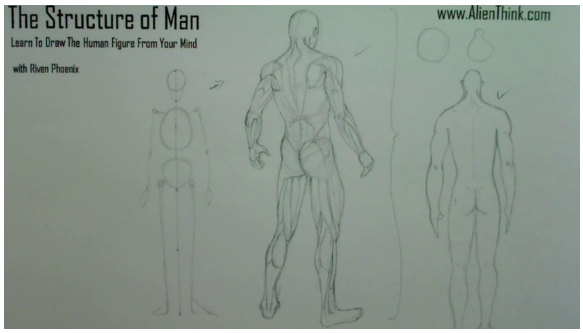
The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

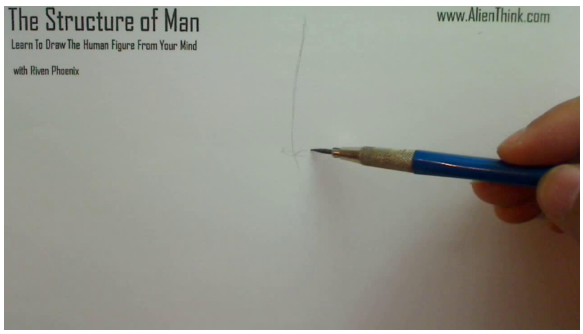
www.alienthink.com

Figure Drawing Lesson 188 - Conclusion of The Human Being - Part 3

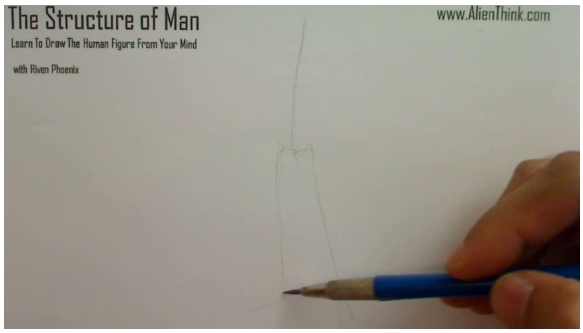
2026 Riven Phoenix and AlienThink.com

1		Hey guys, my name is Riven Phoenix and welcome to the Structure of Man.
2		Learn to draw the human figure from your mind training course.
3		Okay, so now we're going to look at the drawing out the front of the figure.
4		Okay, so for this one, we're going to do pretty much the same thing.

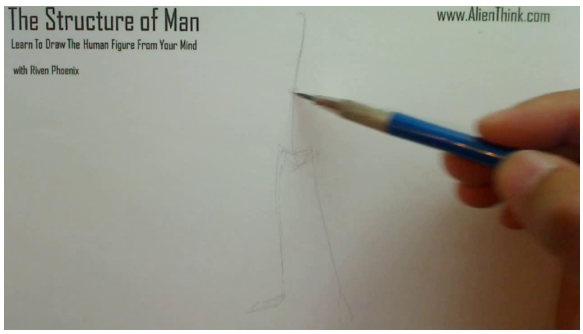
2026 Riven Phoenix and AlienThink.com

5		So here we're going to now look at the gesture system.
6		So over here we know that okay, it's just going to be kind of like this.
7		I want to do the figure like this over here.
8		Like so, and then here I'm just going to draw out very quickly.

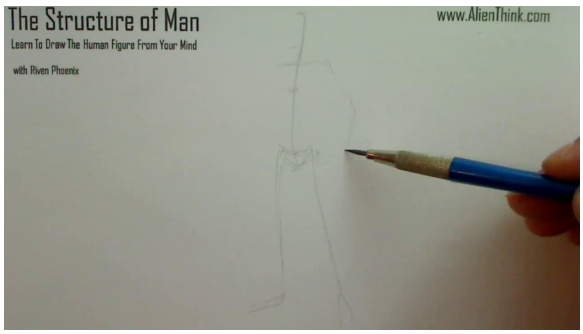
2026 Riven Phoenix and AlienThink.com

9		It's very simple wireframe idea here for the for the figure over here.
10		And here I'm just going to put like this idea here.
11		Like these very simple shapes here to get the figure down.
12		Then over here I already know where the head is going to be.

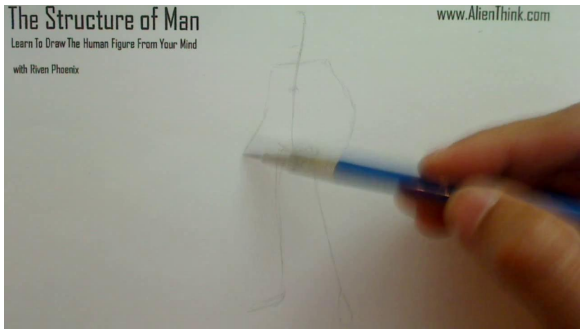
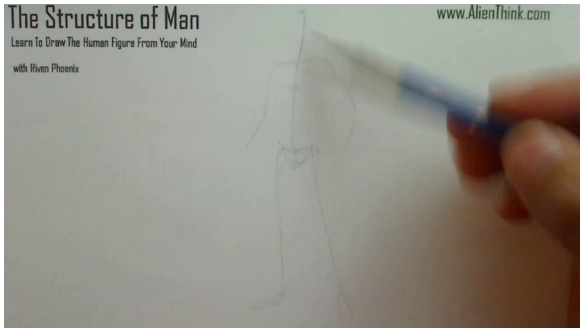
2026 Riven Phoenix and AlienThink.com

13		And you can just tell that this is where the chest is going to be.
14		Because here is basically where I'm seeing the crutches.
15		So here I'll just come up a bit because I know that the femur is going to be over here.
16		So I know that this is just going to be where the bottom is.

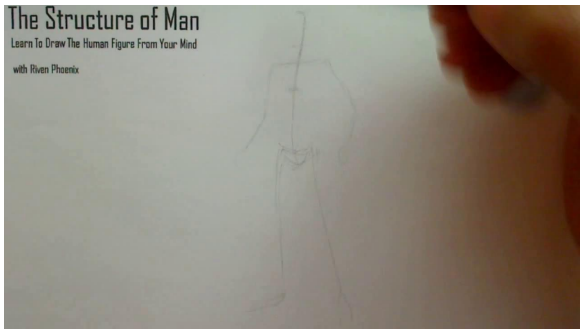
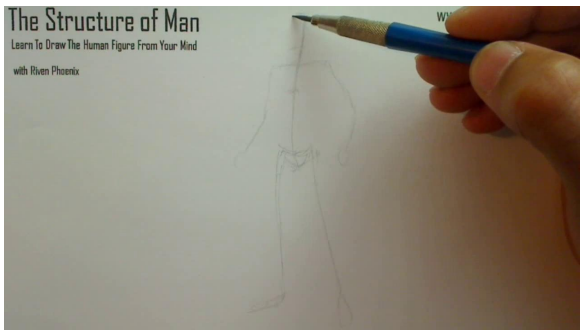
2026 Riven Phoenix and AlienThink.com

17		So you don't have to stop like this.
18		As long as you get the feel for it where this is, but the thing is,
19		even when you draw it out, you do have to be pretty sure about the drawing that you're creating.
20		If you want to create realistic stuff, you do have to kind of stop in the middle.

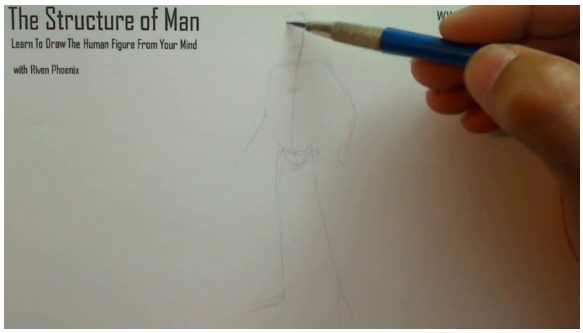
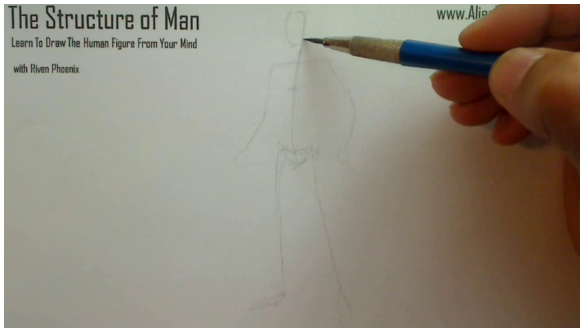
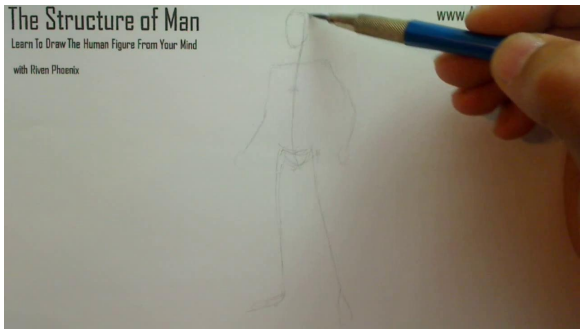
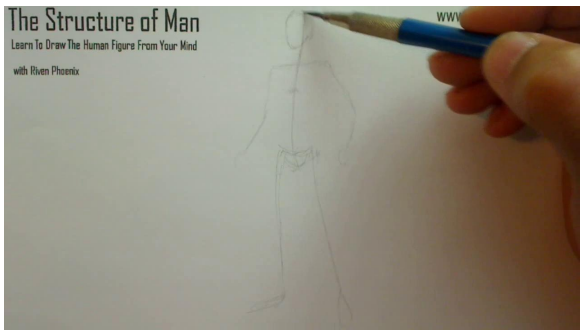
2026 Riven Phoenix and AlienThink.com

21		Once you get like an idea down and then fix a few things.
22		So we could have just quickly drawn this and then stopped and then look at,
23		okay, do I have my proportions right now?
24		This is required if you're drawing very nice figures.

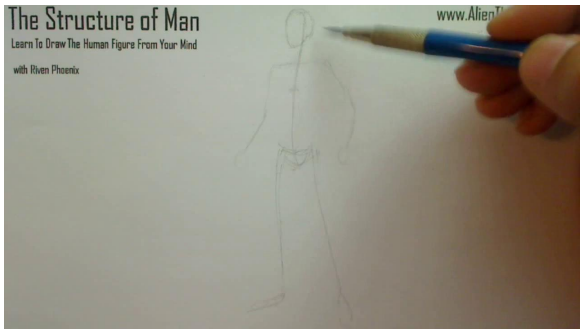
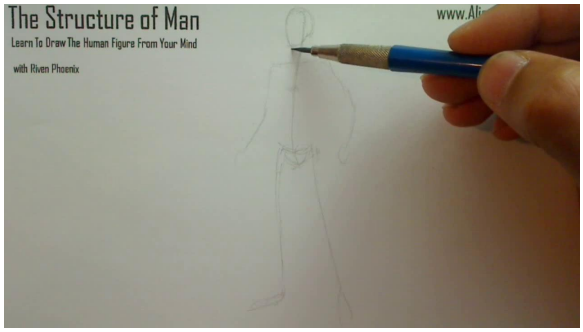
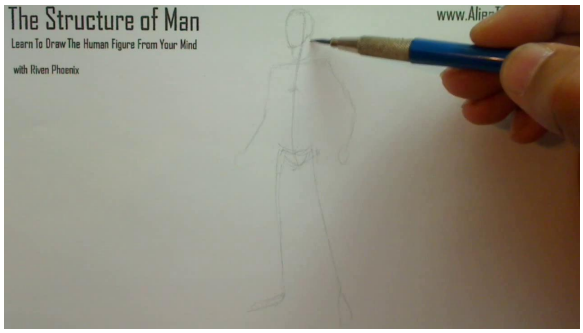
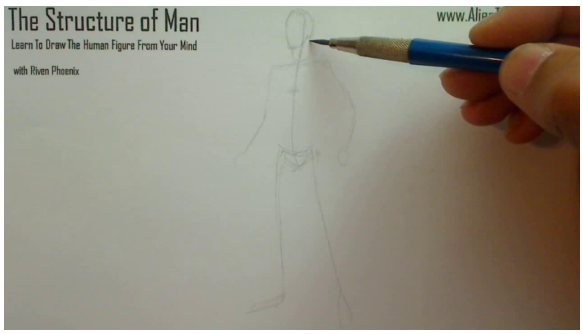
2026 Riven Phoenix and AlienThink.com

25		Again, you don't even have to use this.
26		We can just use basic shapes.
27		So once I get this, now I can start to understand about,
28		okay, what is it that I want to do?

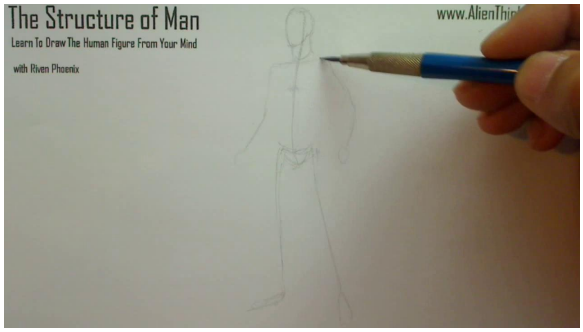
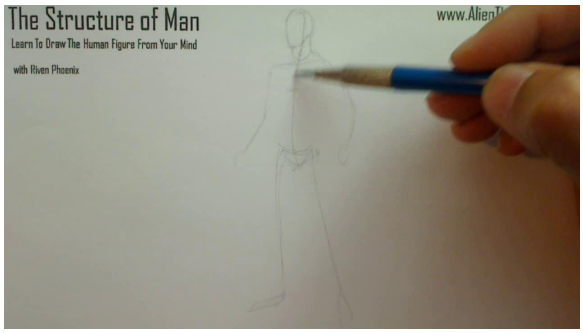
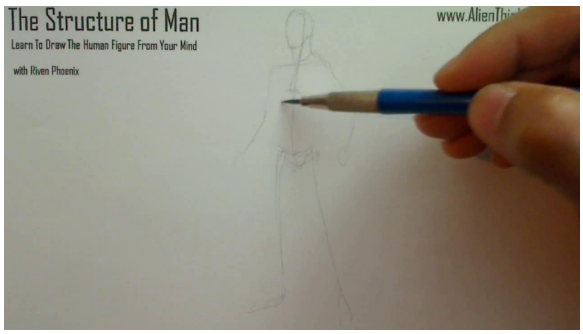
2026 Riven Phoenix and AlienThink.com

29		So here I'm just going to draw out first.
30		Just lay out like a basic idea here first for the human head.
31		Like this, make it go around like this over here.
32		We can just do it this way.

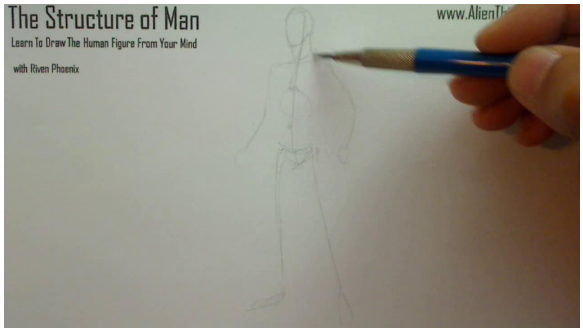
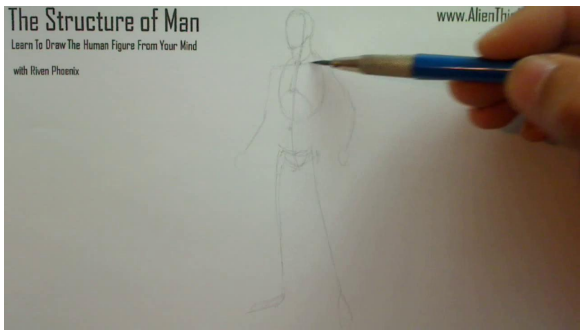
2026 Riven Phoenix and AlienThink.com

33		Then we know, okay, well, I want to do this guy a little more realistic.
34		So here I'm just going to do the neck over here.
35		I'm not going to really do the neck.
36		I know it's supposed to be on an angle.

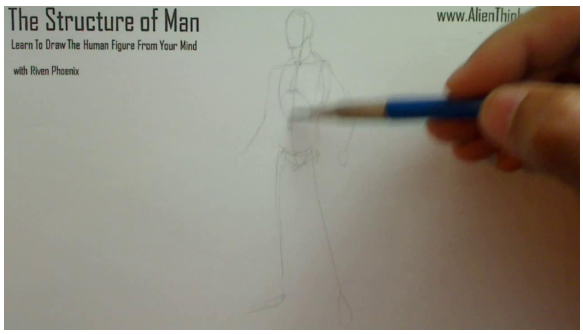
2026 Riven Phoenix and AlienThink.com

37		That's what I'm doing, but I don't want to put it too much an angle.
38		Otherwise, you look like a fantasy type of a character.
39		And here we're going to have that negative space for the chance cavity.
40		So here is basically, I know that the navel is just going to be over here.

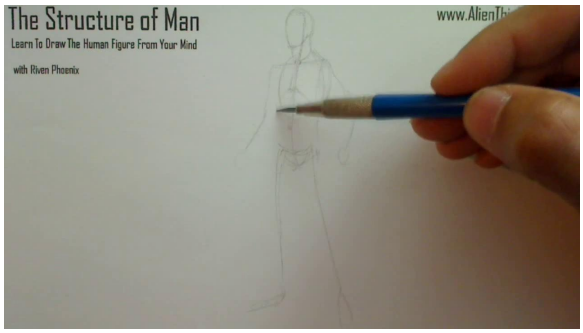
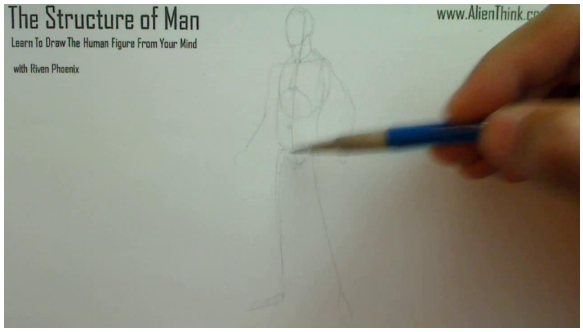
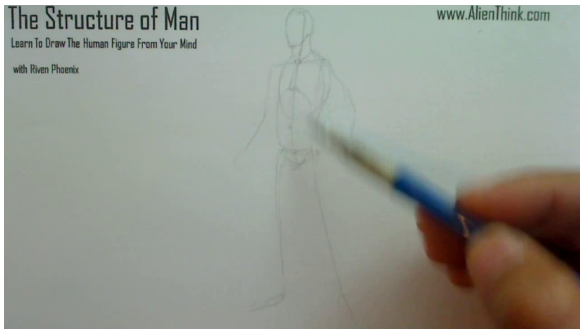
2026 Riven Phoenix and AlienThink.com

41		Because it's just dividing over here.
42		So you know that, okay, well, the chance cavity is going to be just about just like this for this guy over here.
43		And then from here, we know that, okay, well, where do you want to put the...
44		We just want to put, let's say, the clavicle over here.

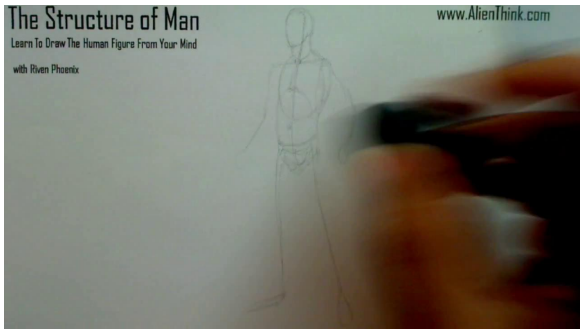
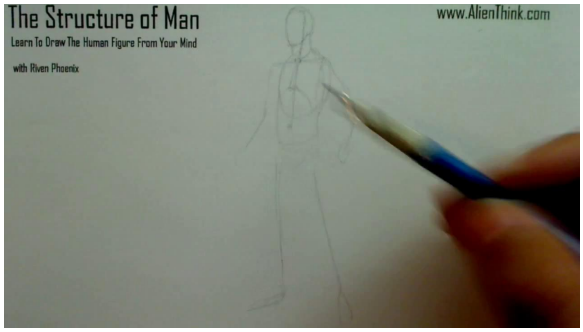
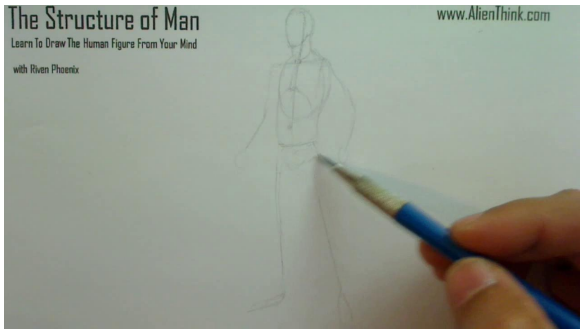
2026 Riven Phoenix and AlienThink.com

45		So we're going to get the basic concept for our mannequin first.
46		It's just going to go down like this.
47		And we know that Riot is just going to come over here.
48		And this is going to be the section for the abs over here.

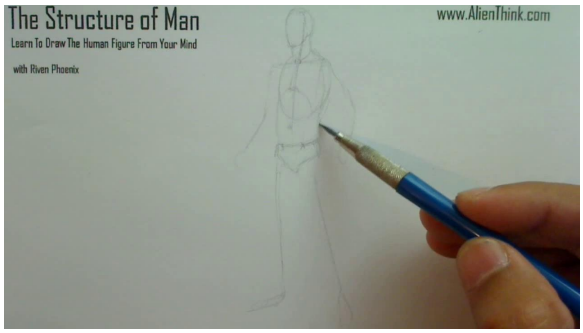
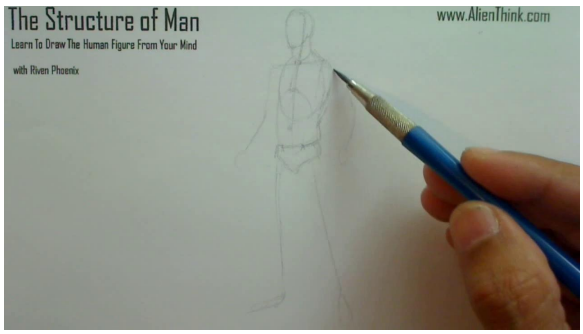
2026 Riven Phoenix and AlienThink.com

49		And then here, I'm just going to draw out that guy.
50		And this is the same area we're hitting again that has to do with perspective
51		when we get into the pack muscles.
52		So here we know that, okay, I can just simply draw out this underwear system over here very quickly.

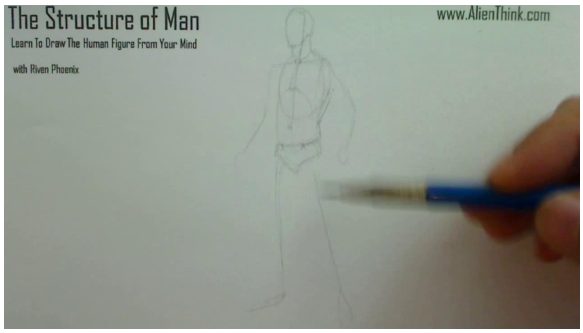
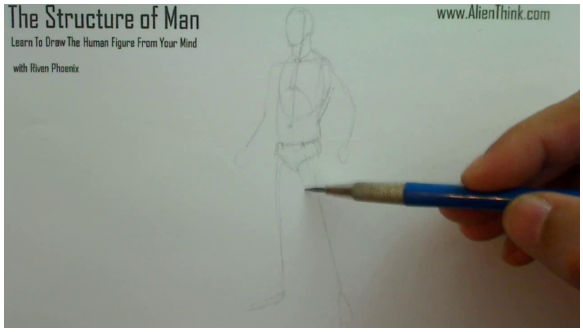
2026 Riven Phoenix and AlienThink.com

53		And I'm just going to erase some of these lines here so you can see this.
54		I'm going to draw out this underwear system here like this.
55		I know that it's just going to go here into the crotch area.
56		It's got to be at least like this over here.

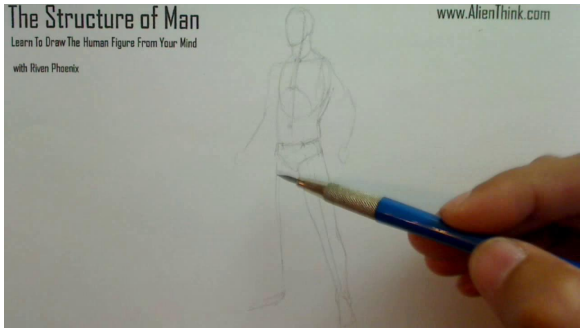
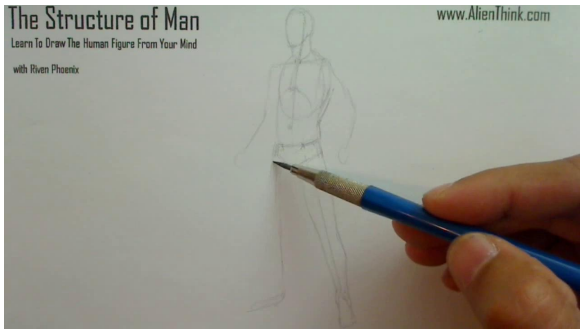
2026 Riven Phoenix and AlienThink.com

57		Knowing that this is where the X marks the spot for where the left handles are going to be.
58		So it means just because you have to remember the door side muscle is going to be coming more down.
59		This is why we know over here because the door side muscle is not completely stuck to this.
60		It's going to come down a little bit more because it's going to have some mass to it.

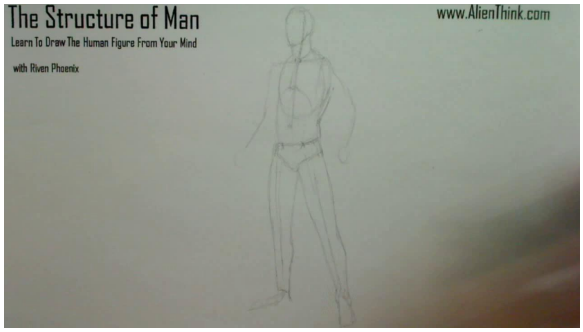
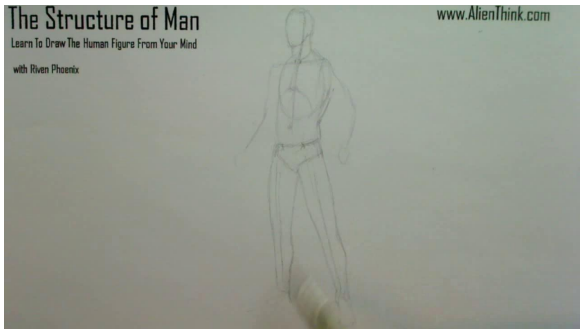
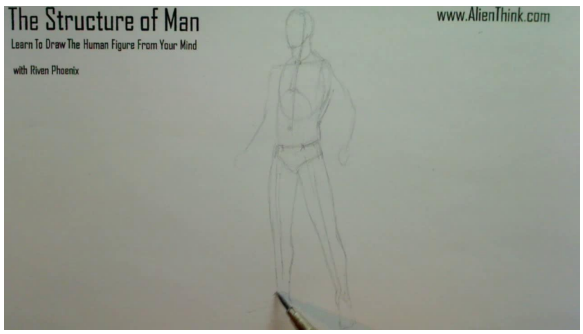
2026 Riven Phoenix and AlienThink.com

61		So over here, we're now going to get the leg.
62		So here we can just put down a basic idea here for the leg first, just understanding it.
63		And then we know that, okay, well, from here, we're going to get basically this guy.
64		He's going to be like this, then you can now start to imagine the muscles, the calf muscles, and just go down this way over here.

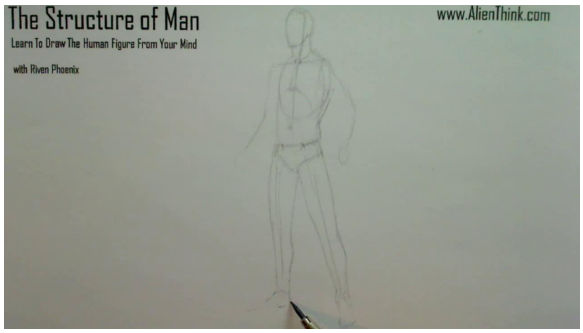
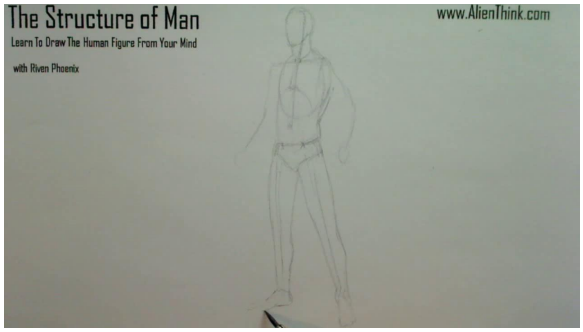
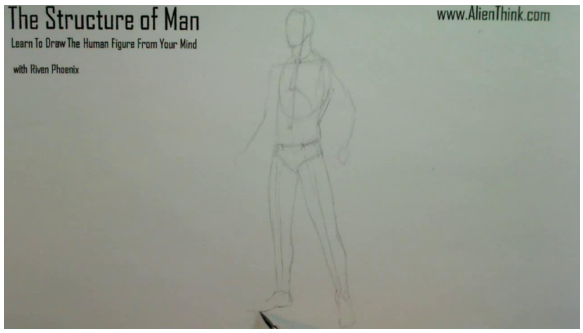
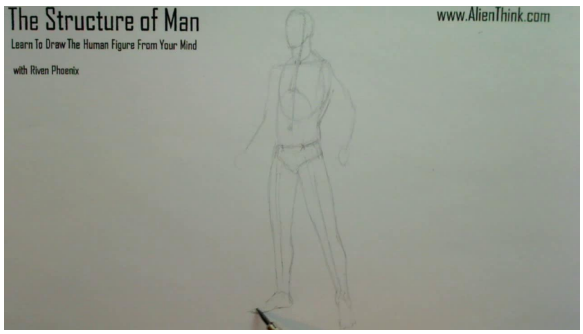
2026 Riven Phoenix and AlienThink.com

65		And then go down this way over here and then just fix it.
66		Okay, so now over here, we're going to do the same thing.
67		So for this, I'm going to just come down and do it over here like this.
68		And then I know that the calf muscle is just going to be here.

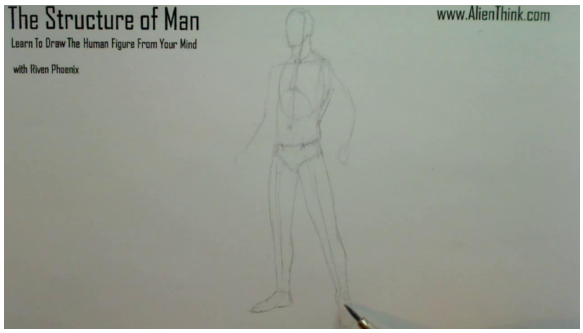
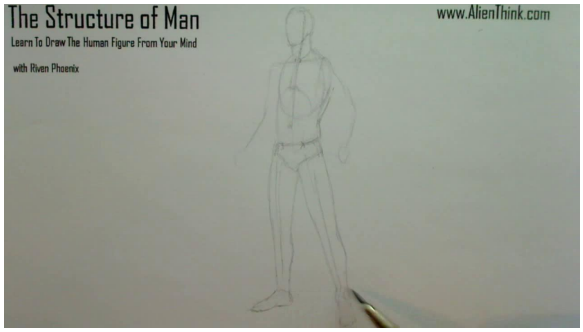
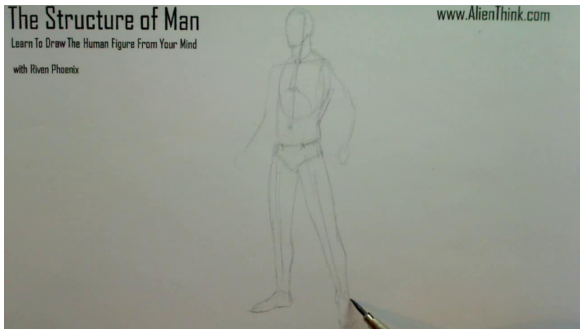
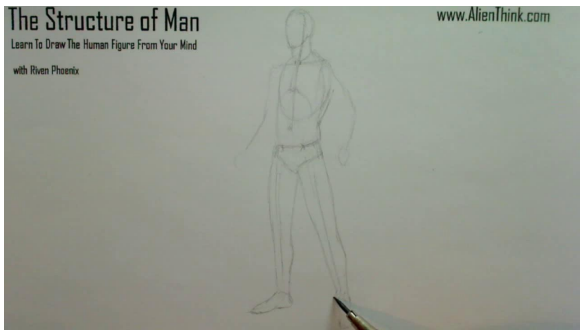
2026 Riven Phoenix and AlienThink.com

69		So I'm just going to make this foot go down here.
70		So here we can now start to work on the foot a little bit.
71		We just say that, okay, well, let me see here.
72		So I'm going to get basically that idea here for the foot.

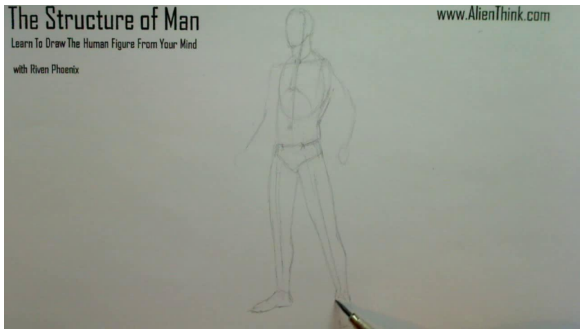
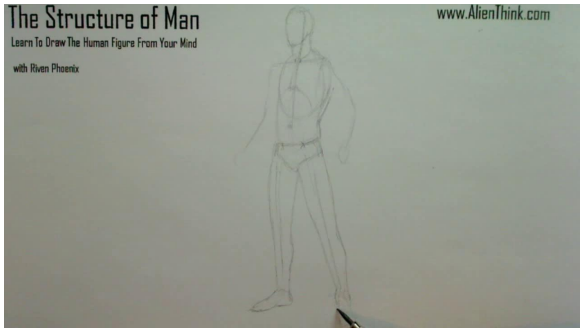
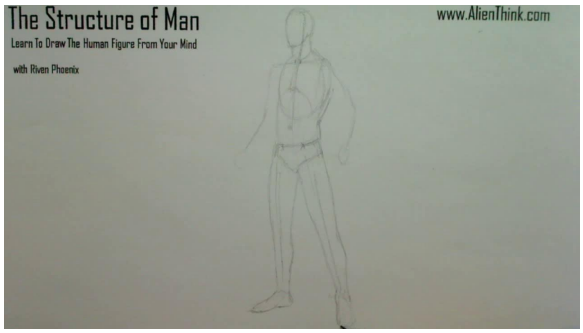
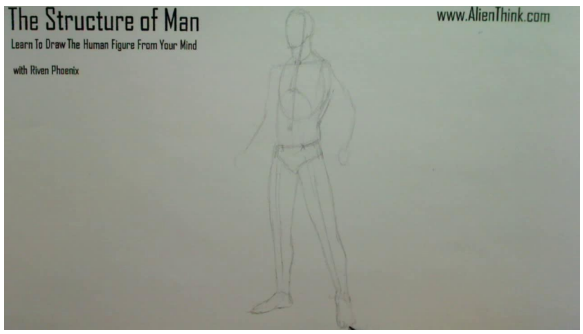
2026 Riven Phoenix and AlienThink.com

73		I know that over here, I'm going to get the heel over here.
74		And then I'm going to get there for the thumb, sorry, for the toe.
75		And it's just going to go like, go like this over here, like so.
76		And then over here, it's just going to be like this, right?

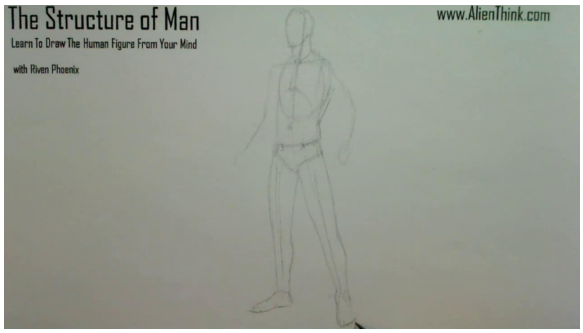
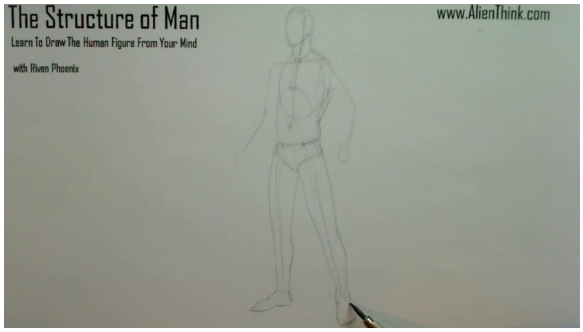
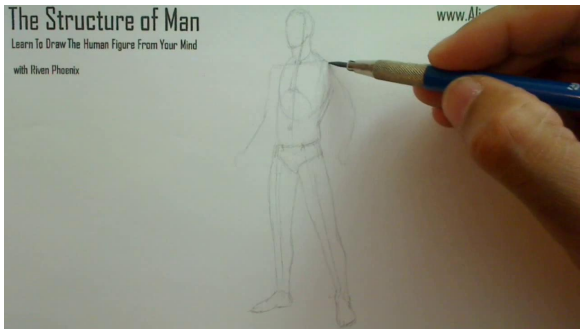
2026 Riven Phoenix and AlienThink.com

77		First, we're going to just do it very slowly.
78		Right? So now you know that, okay, right?
79		The fibula is going to be here.
80		And then this is the tibia.

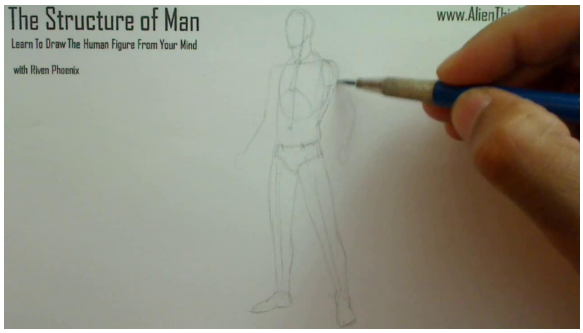
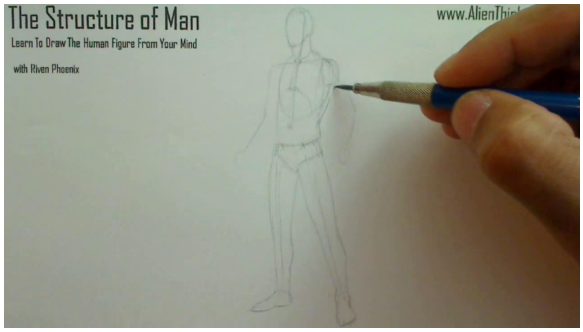
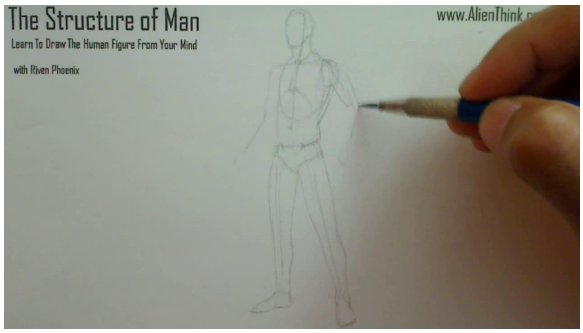
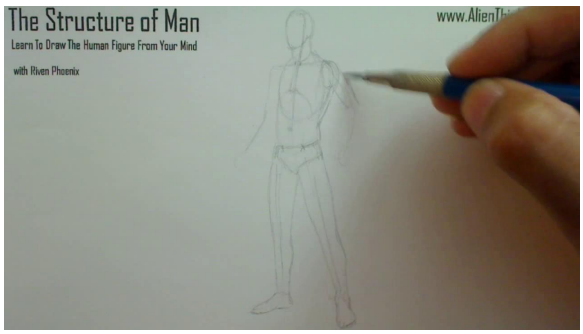
2026 Riven Phoenix and AlienThink.com

81		It must be on an angle, right?
82		And then this over here, I'm just going to do, let's say over here,
83		the, his toe is just going to be here.
84		And then we'll just rough it in later on.

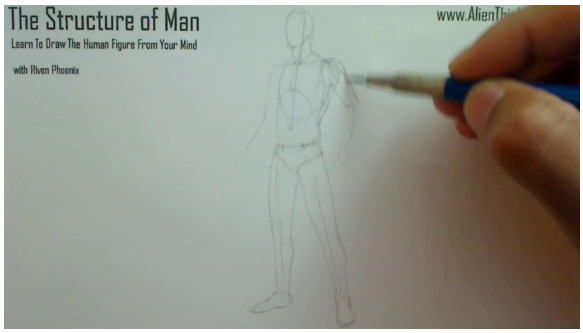
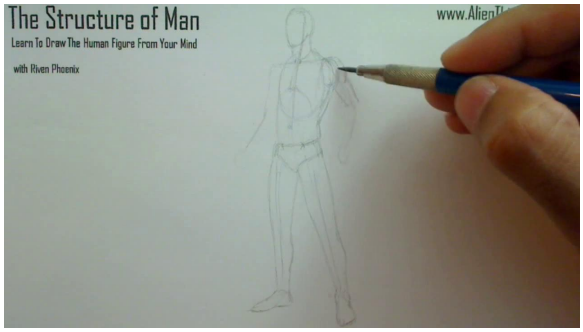
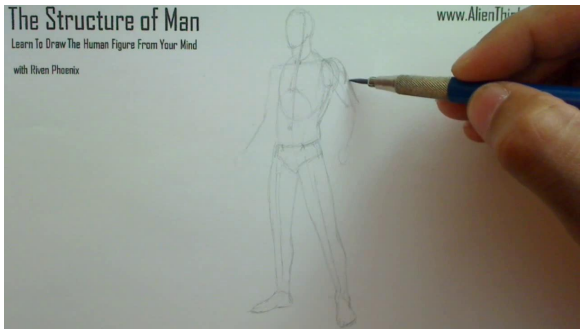
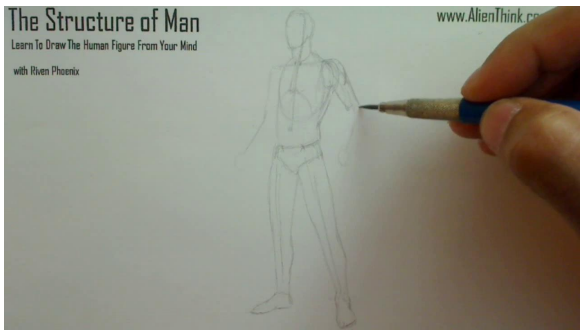
2026 Riven Phoenix and AlienThink.com

85		We'll look at this in more detail.
86		And just say that, okay, just going to come more towards this way.
87		Right? So over here, now I'm going to get the ball joint over here.
88		So I'm going to do the ball joint like this.

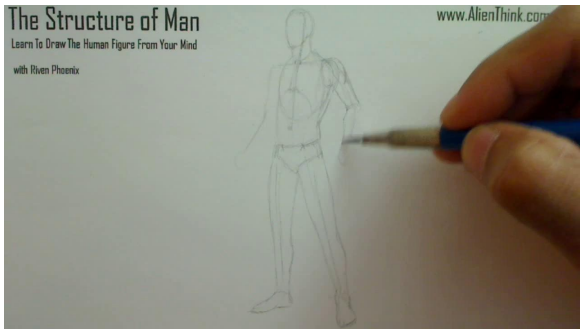
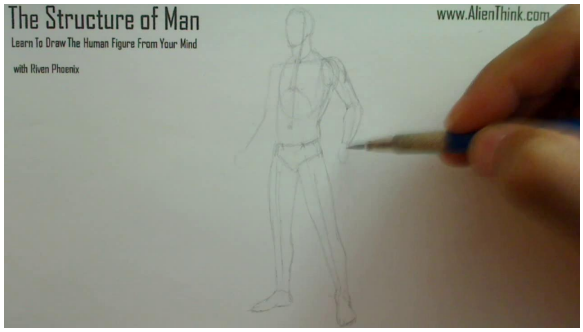
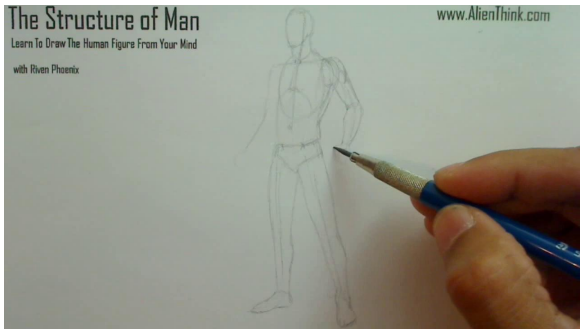
2026 Riven Phoenix and AlienThink.com

89		I know that it's just going to be here.
90		Then I'm going to draw at the arms in this way.
91		Right? And then when I draw out, let's say, these arms over here,
92		like this, I know that over here, I'm going to really get the deltoid.

2026 Riven Phoenix and AlienThink.com

93		Right? It's really going to come out more.
94		Because you have to balance it out to how big it's supposed to be.
95		Right? So this means that over here, I'm just going to do the bicep over here.
96		Right? So him just thinking in and out of different things now.

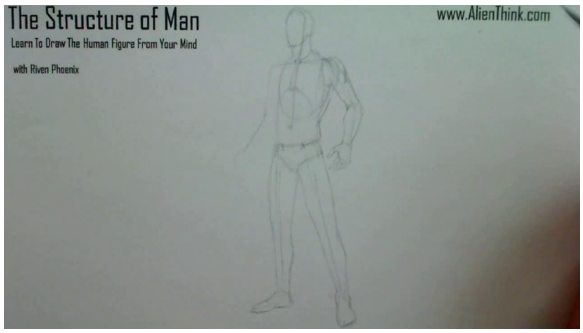
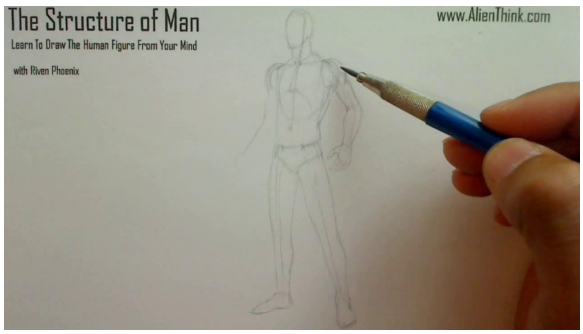
2026 Riven Phoenix and AlienThink.com

97		Right? And here, I'm just going to draw this out.
98		Again, this is, look at the drawing process that we're not breaking into too many details.
99		Right? And here I'm just going to do the thumb like this.
100		I'm just going to say that, okay, just, I'm just going to make it like this over here.

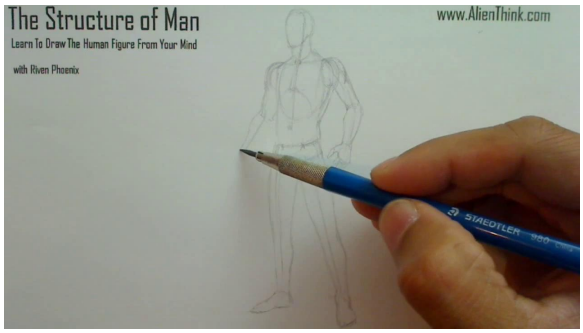
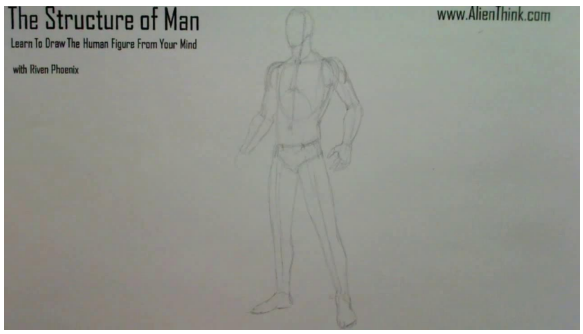
2026 Riven Phoenix and AlienThink.com

101		Like this and then over here, I'm going to just do this hand like this over here.
102		And make the fingers like this for now.
103		Right? Put them out like this.
104		And a little bit like this over here.

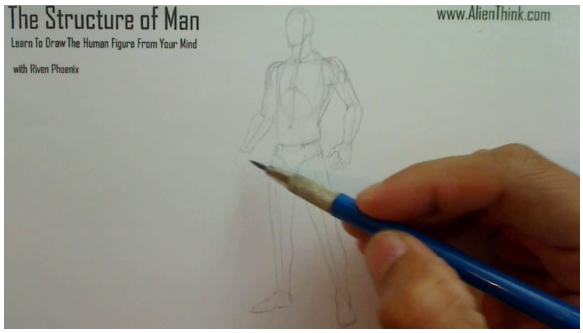
2026 Riven Phoenix and AlienThink.com

105		Get that down. So over here, now we're going to get into that issue of perspective.
106		Right? So we know that, okay, well, really, you're going to first get your ball shape over here.
107		Right? So you know that, okay, well, the deltoid is going to be at least this big over here.
108		Right? Because now you got to match and perspective.

2026 Riven Phoenix and AlienThink.com

109		Right? You can control that with the focal point as to, you know, how much perspective do you want to really show?
110		And over here, I'm just going to put down these basic shapes first.
111		I'm going to show that this is just going to be the hand going in this way.
112		Just going to sharpen the pencil for there so I can draw the hand over here.

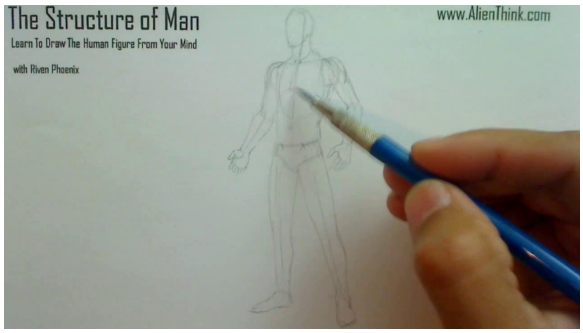
2026 Riven Phoenix and AlienThink.com

113		Okay, so when I draw this hand, I'm just going to say that, okay, well, I'm just going to do it this way.
114		So I'm going to make like this thumb kind of like go more towards over here that I'm going to get this area here
115		that we talked about of this palm area over here.
116		And then I'm just going to basically just draw out all the fingers.

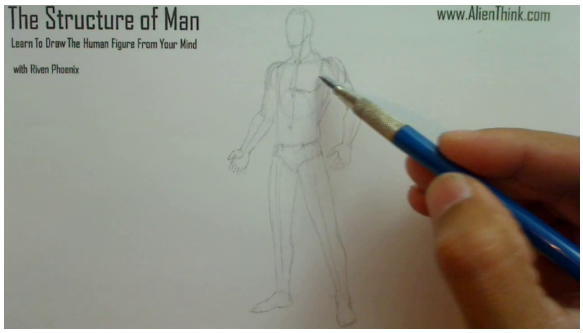
2026 Riven Phoenix and AlienThink.com

117		So over here, we can actually kind of like curl them in.
118		This is going to be just going to curl them in just a little bit over here.
119		Right? You don't have to always have to do like this is a harder one to do, but still we can still do it.
120		Right? And everything's in.

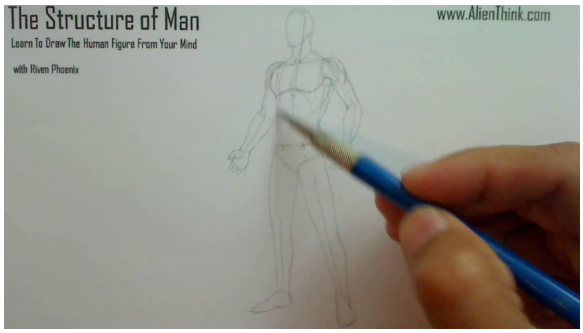
2026 Riven Phoenix and AlienThink.com

121		So now let's talk about this issue here. Where's the muscle supposed to be?
122		So we know that, okay, right? We're going to come down a little bit anyways for the chance cavity.
123		Okay, and then over here it's going to end and then we know that over here.
124		It's got to go inside here because it's going to be ballooning out, right?

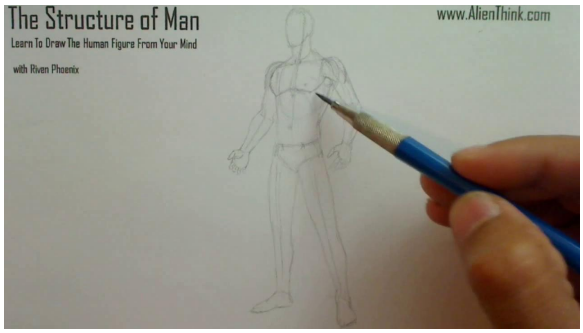
2026 Riven Phoenix and AlienThink.com

125		So you're going to get your area for the shoulder over here and you're going to get your bicep.
126		Just going to connect like this, right? You're going to get at least like a line over here.
127		So just understanding understanding this in 3D.
128		So if I have this line over here, let's say in perspective, just about over here.

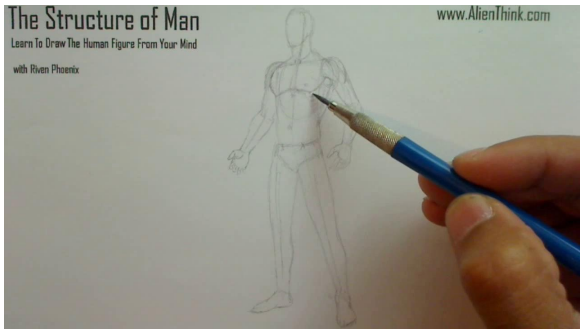
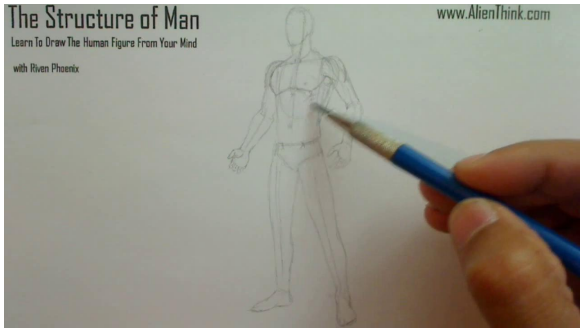
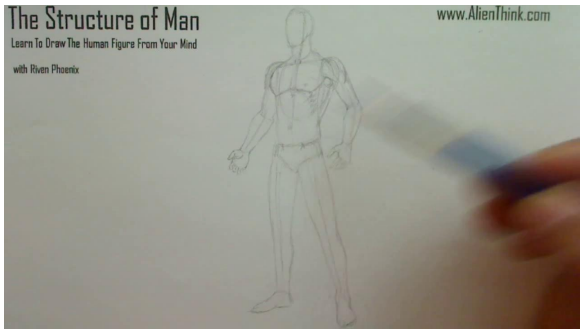
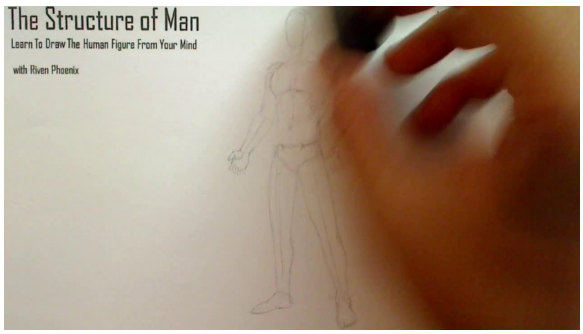
2026 Riven Phoenix and AlienThink.com

129		So I know that, okay, well, the his the his pack muscle release going to be this big, right?
130		Because I'm thinking in perspective now, right? I want to make his pack muscle this big.
131		And I'm going to come down because this guy here, right? It's an issue of perspective.
132		I want to do like put his nipples over here.

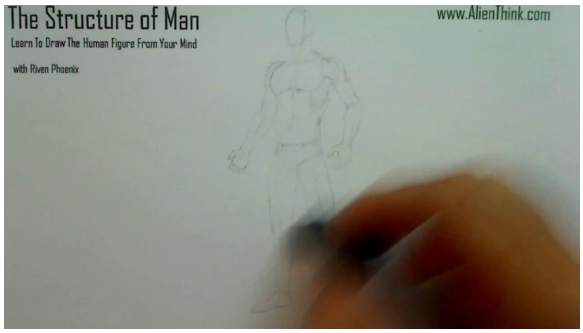
2026 Riven Phoenix and AlienThink.com

133		Right? And this will like balance him out correctly.
134		Right? If I do it too small, it wouldn't make any sense.
135		Right? So over here, we're just going to get the the door side muscle that's going to go here.
136		And then we know about this area over here is just thinking about the the six, seven, eight, nine, ten.

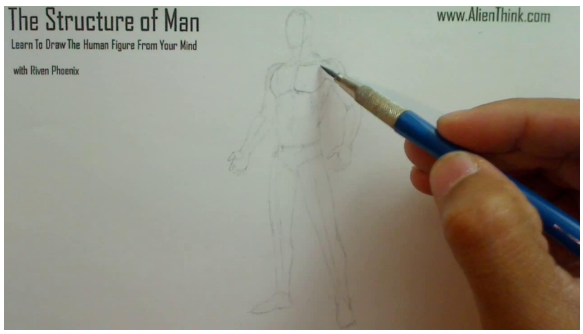
2026 Riven Phoenix and AlienThink.com

137		Right? Then over here, you're just going to get your bleak.
138		They're going to come out.
139		Okay, so now let's just think about putting wrapping all the muscles on this guy now.
140		We've got pretty much the whole basic concept down.

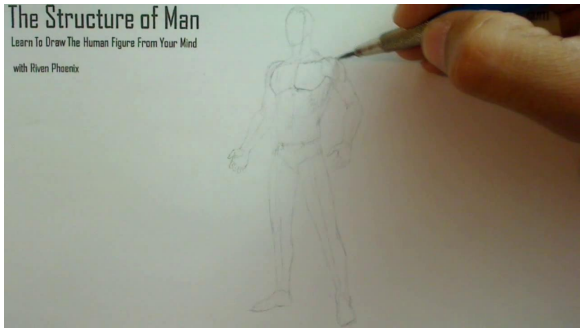
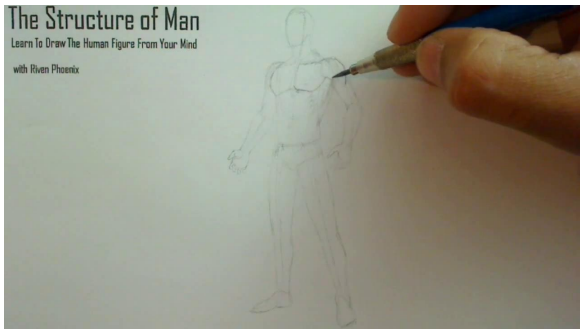
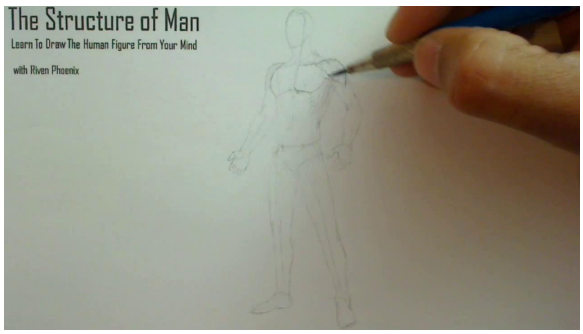
2026 Riven Phoenix and AlienThink.com

141		Right? So you can see in this drawing process, we solve enough problems to first figure this out before getting into any details.
142		Okay. So let's first work on the idea here for the the pack muscles.
143		So here we're just going to get the pack muscles here first, right?
144		The front is going to be very easy to complete.

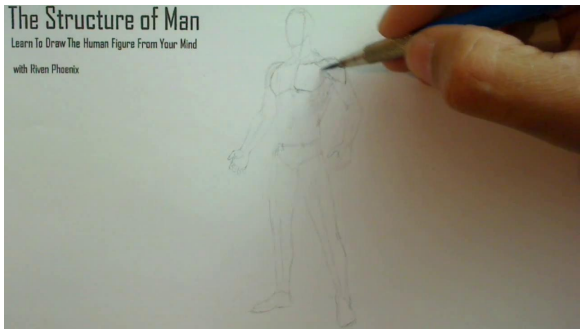
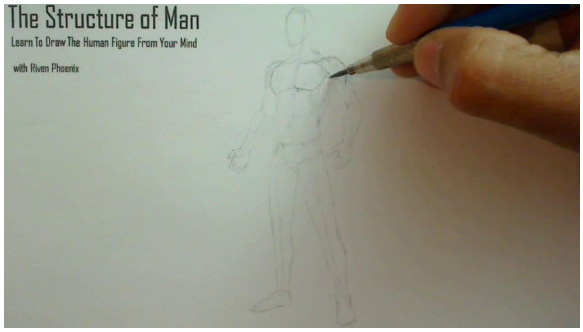
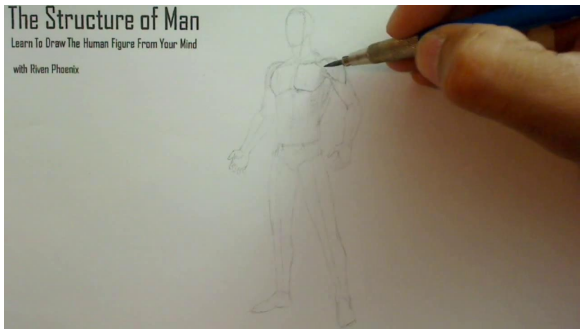
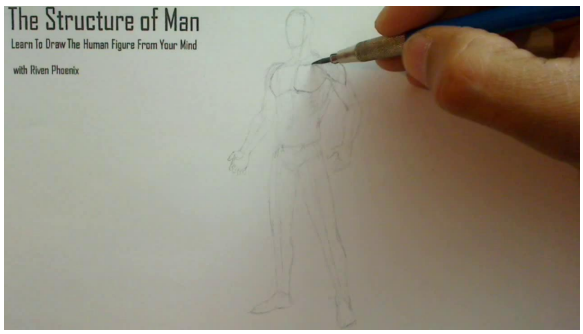
2026 Riven Phoenix and AlienThink.com

145		So here I'm just going to get this over here first.
146		I'm going to just draw out the forms here.
147		We're not looking to render anything because you can render that.
148		You already show we've already been to a lot of rendering.

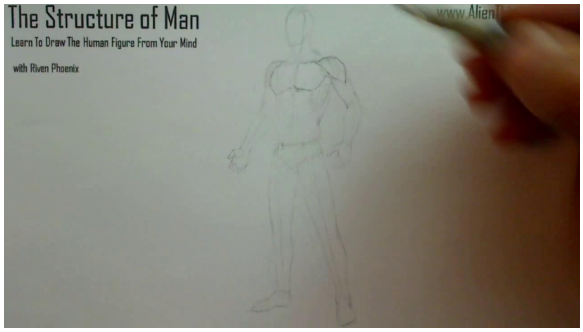
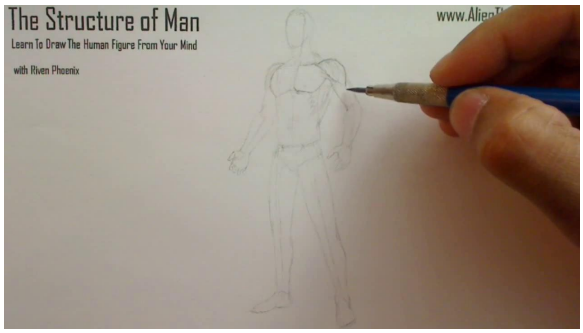
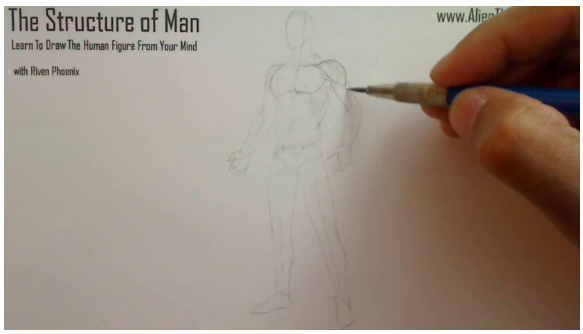
2026 Riven Phoenix and AlienThink.com

149		So you know how all that system is going to work.
150		So here I'm just going to bring out this deltoid over here.
151		I'm going to say that this deltoid is really just going to be coming like this over here.
152		And I'm going to get this, right?

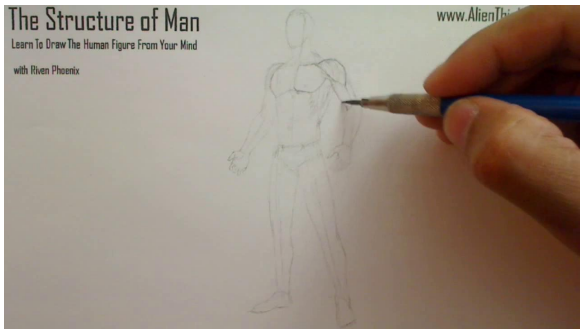
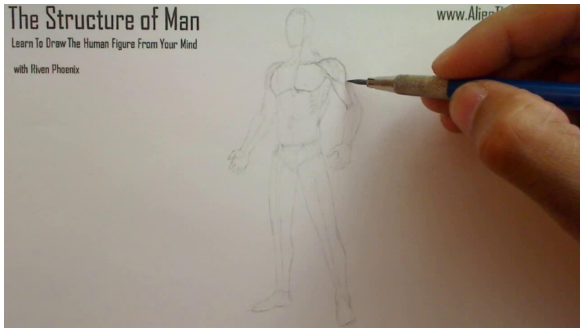
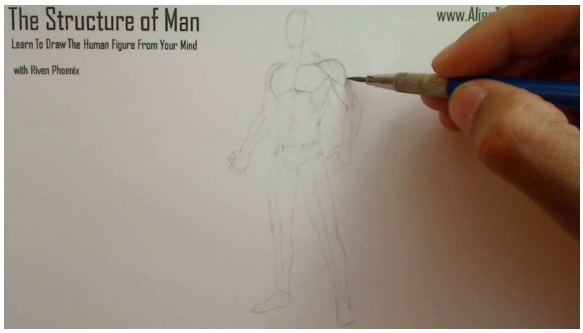
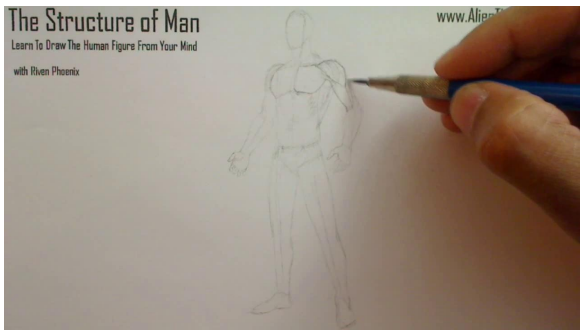
2026 Riven Phoenix and AlienThink.com

153		So you're going to get your muscles in there.
154		And this is going to be your bicep over here like this.
155		Okay. So this deltoid here, see this?
156		It has to come over this in a round, right?

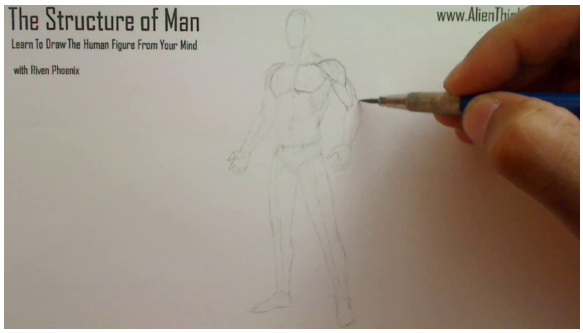
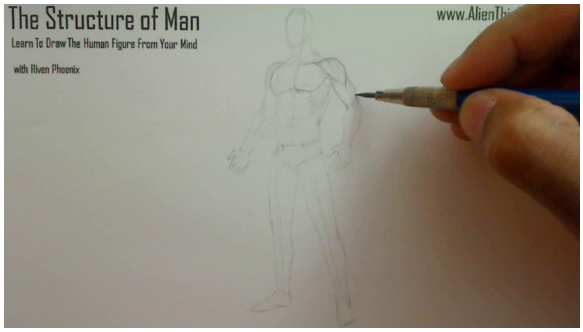
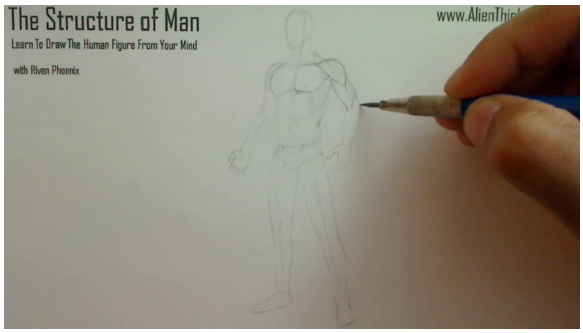
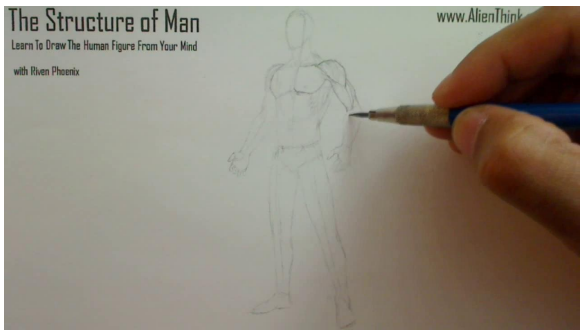
2026 Riven Phoenix and AlienThink.com

157		We just need to put the shapes down for the muscles.
158		It's overlooking for.
159		And then over here we know about the connection system.
160		I'm going to get the bicep over here in this connection system over here.

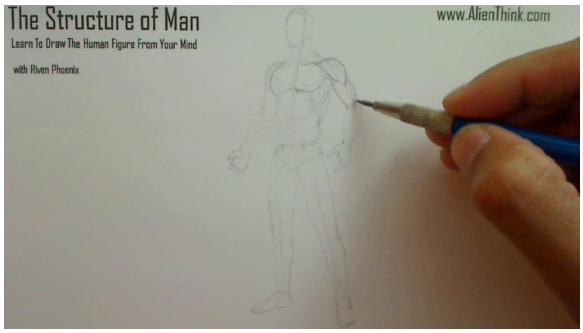
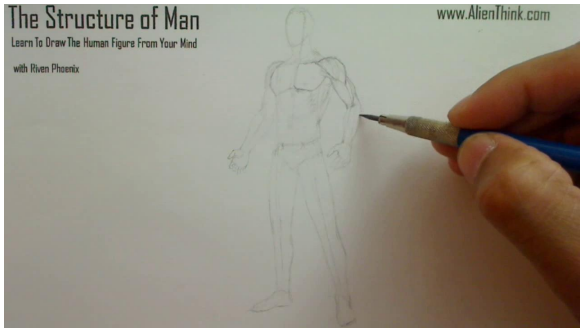
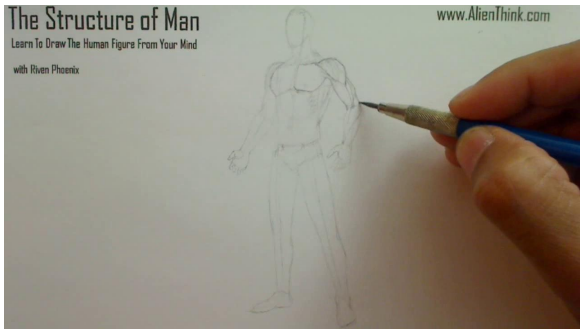
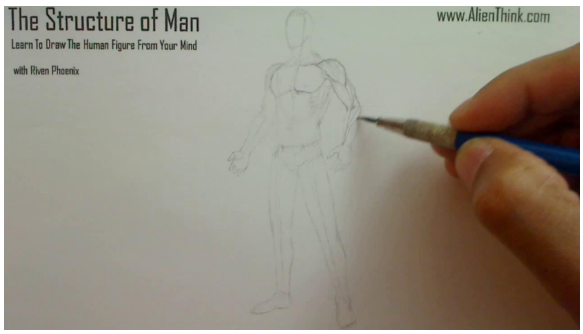
2026 Riven Phoenix and AlienThink.com

161		I'm going to get it like this.
162		And then I'm going to get that other guy he's going to be coming into the bicep.
163		Then I'm going to get the tricep, right?
164		So the tricep really is just going to be like this over here.

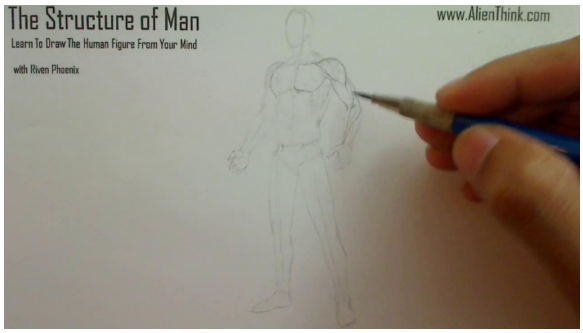
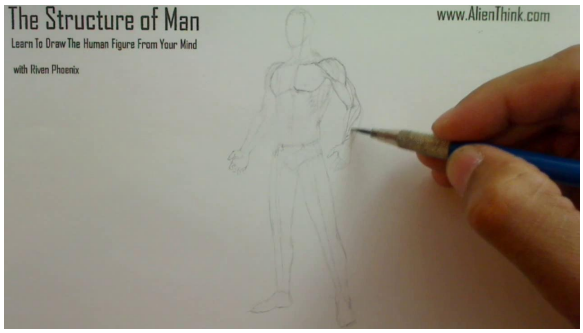
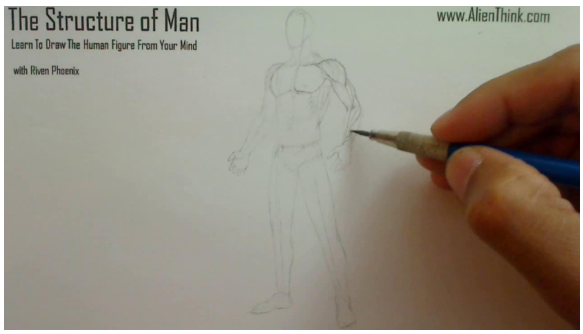
2026 Riven Phoenix and AlienThink.com

165		It's going to come like this.
166		Then I'm going to get muscle six and seven, right?
167		And then here I'll get like a bend here, right?
168		So where six and seven going, they're going to come to the top, right?

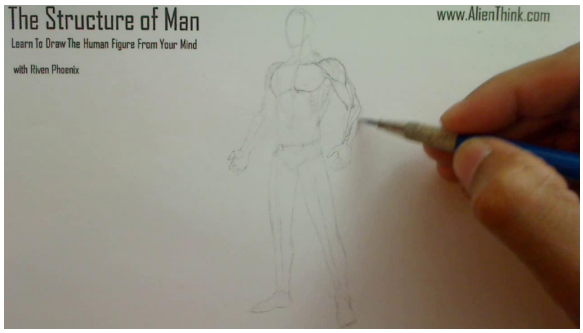
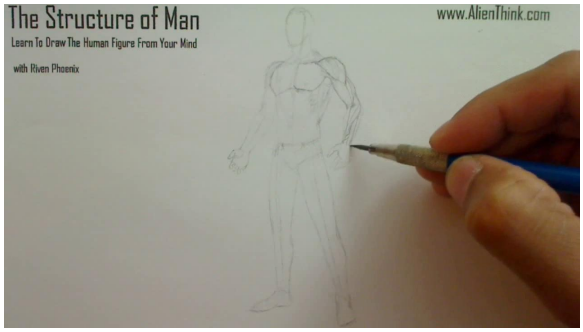
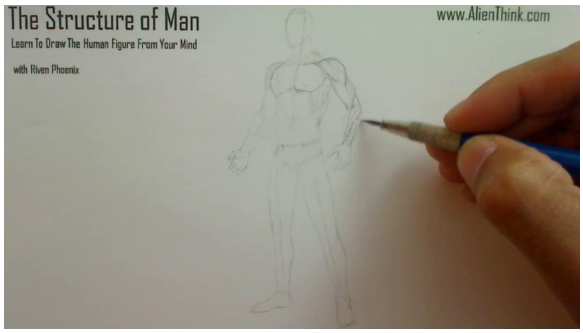
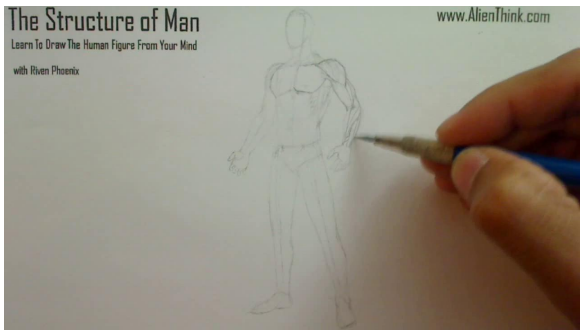
2026 Riven Phoenix and AlienThink.com

169		So for this one here, I'm just going to put it like this, right?
170		So this muscle here, six and seven, I'm just going to go like this.
171		And we know that they're going to be simply just divided like this over here, right?
172		We understand.

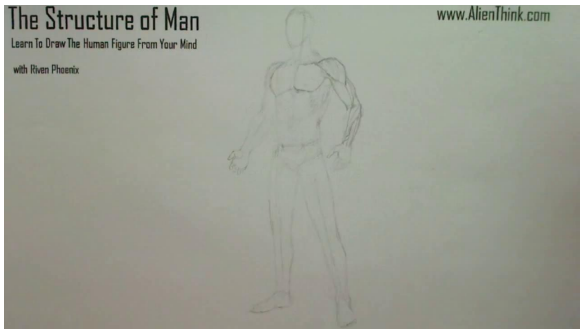
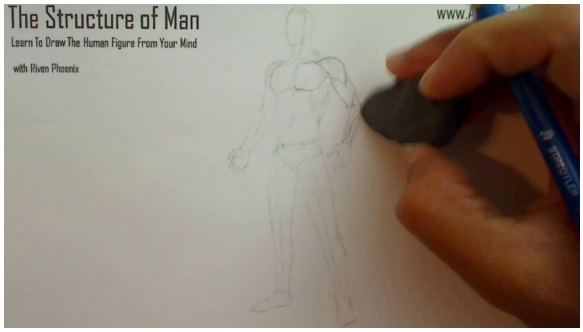
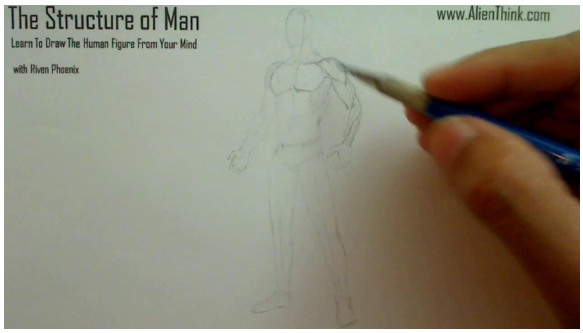
2026 Riven Phoenix and AlienThink.com

173		Okay.
174		And then for over here, we know already that you're going to get E and F.
175		And they're going to be like this.
176		You're going to get D inside here.

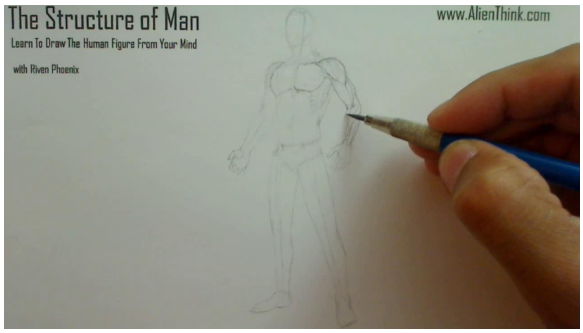
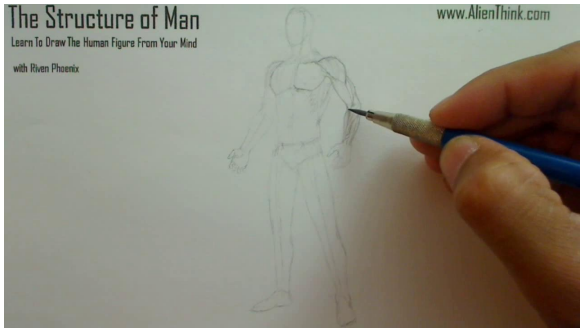
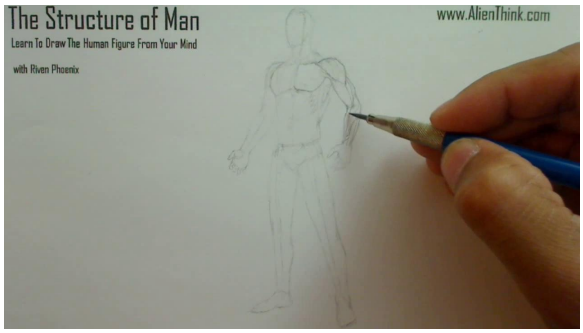
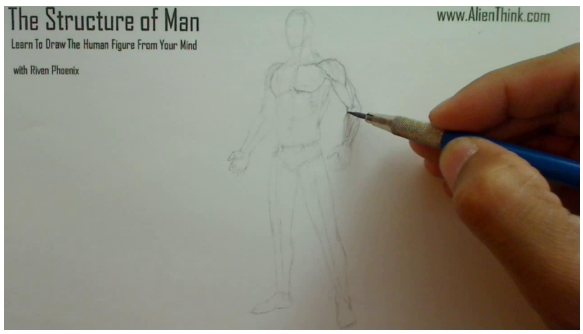
2026 Riven Phoenix and AlienThink.com

177		Then you're going to get muscle C over here.
178		Then it's just going back to where it started from.
179		Now I'm going to get muscle B.
180		And then you're going to get it's just going to disappear in there.

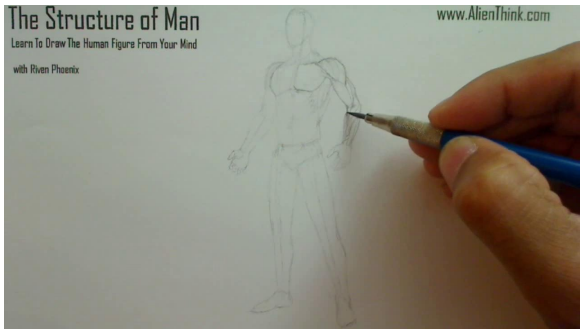
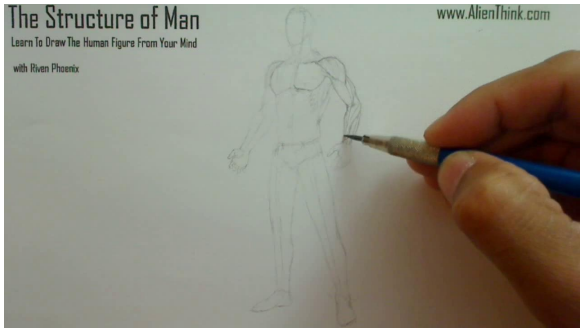
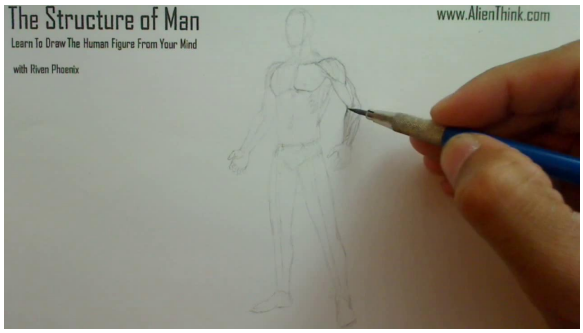
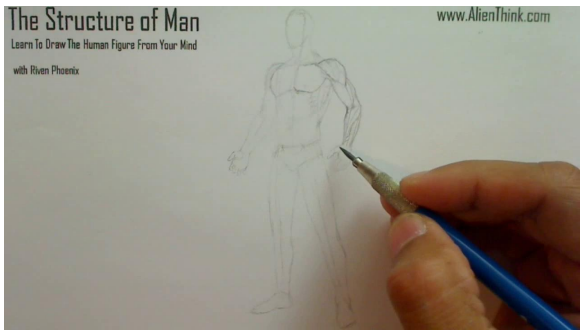
2026 Riven Phoenix and AlienThink.com

181		Okay.
182		Okay.
183		So over here, what's going to happen here?
184		Well, this is going to be a little bit more in perspective over here.

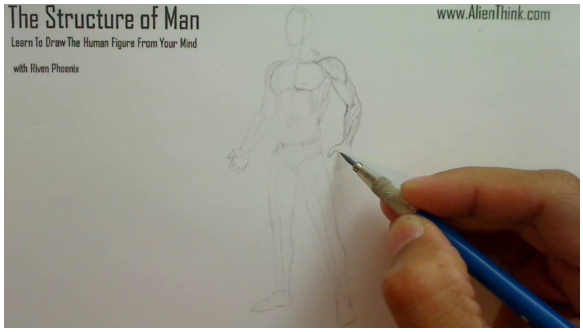
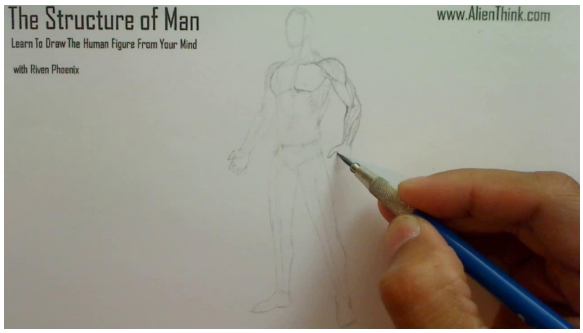
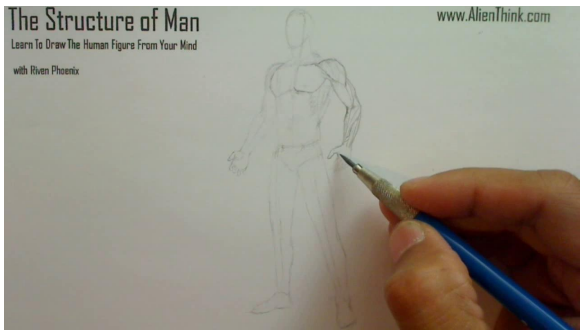
2026 Riven Phoenix and AlienThink.com

185		So I'm going to get this over here.
186		I already know that that muscle is coming here.
187		I'm going to get number five, right?
188		Then I know that I'm going to get number one.

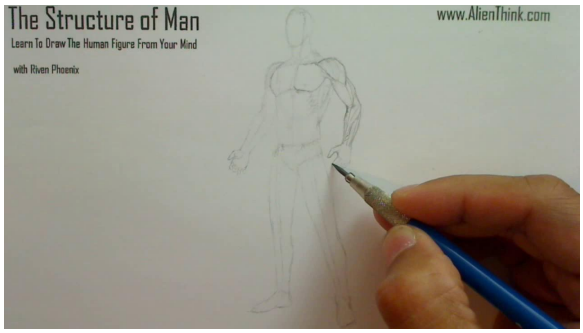
2026 Riven Phoenix and AlienThink.com

189		And then basically you're going to get two and three.
190		But they're just hiding back there.
191		But you can see how we can solve this entire control problem with understanding the muscles.
192		So here, let's now work on officially work on the hand here.

2026 Riven Phoenix and AlienThink.com

193		Let's just put in all these details that we want in here to make this a nice hand over here.
194		So he's just going to come like this.
195		Right.
196		I know these are like small details here.

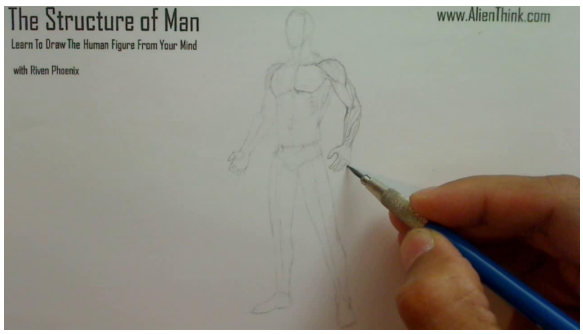
2026 Riven Phoenix and AlienThink.com

197		So here I'm just going to get this finger like this.
198		I'm going to crawl it.
199		It's just going to be curled in a little bit.
200		Then I'm going to get like the knuckle over here.

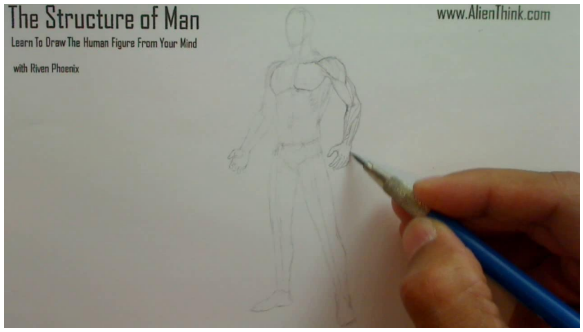
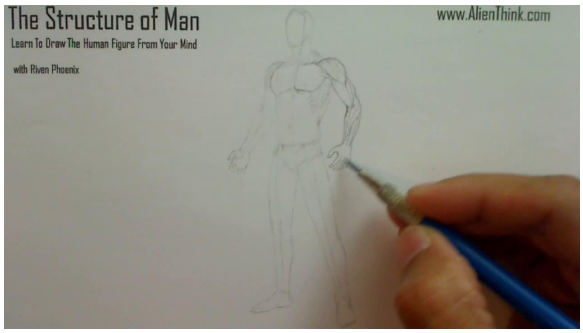
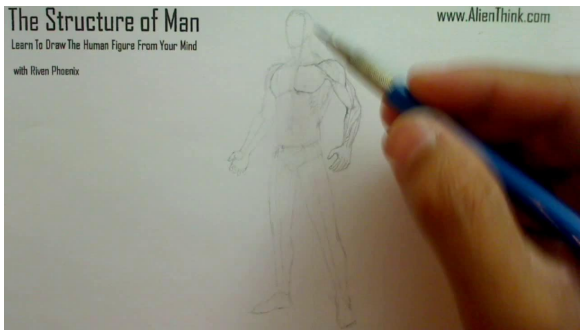
2026 Riven Phoenix and AlienThink.com

201		Right.
202		Then I'm going to get this other finger over here.
203		I'm going to curl it in just a little bit.
204		And then and say that the knuckle is here.

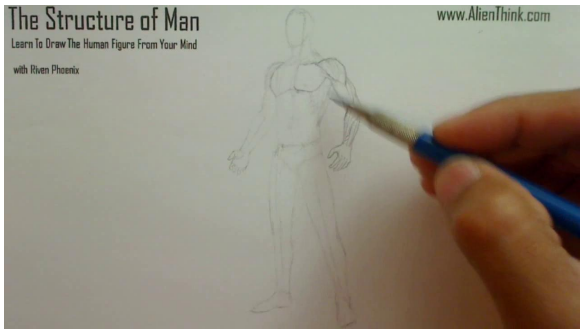
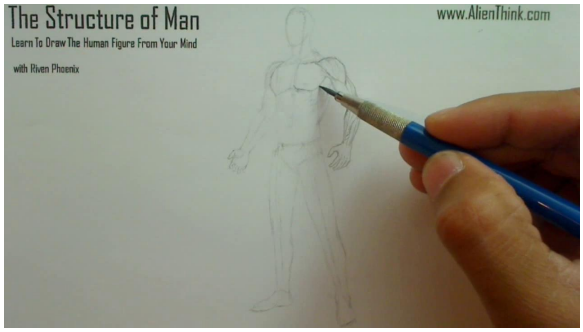
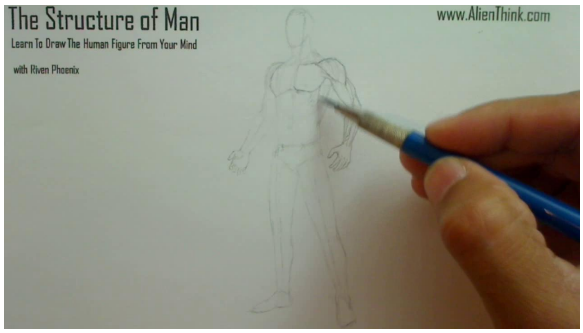
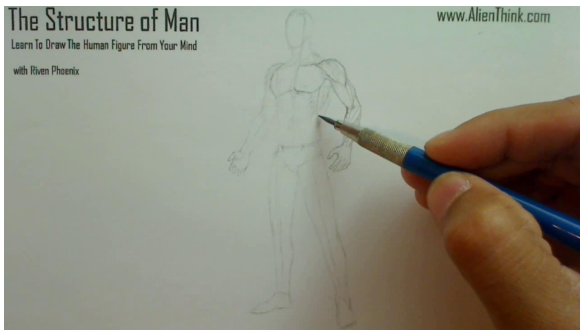
2026 Riven Phoenix and AlienThink.com

205		Then I'm going to get this finger here.
206		Do the same thing and that's there.
207		So then you get this little finger here.
208		And we can we can make this little finger come up a little bit and go in.

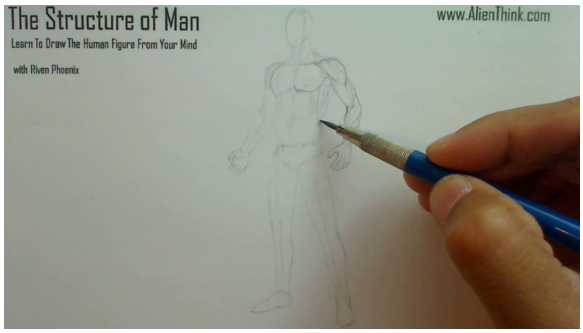
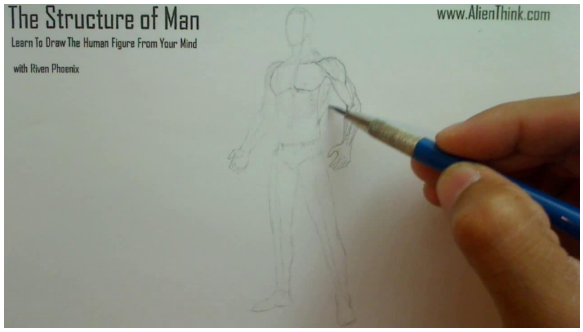
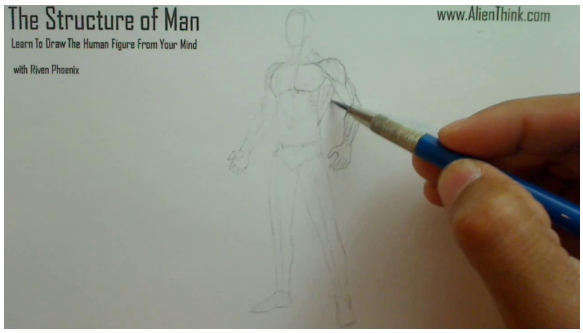
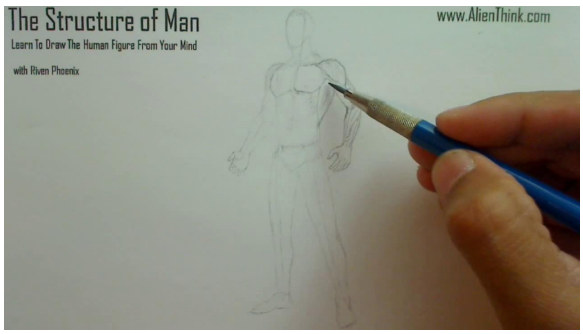
2026 Riven Phoenix and AlienThink.com

209		And then over here just solves the whole problem just like this.
210		Right.
211		So see how slowly I did that.
212		Okay.

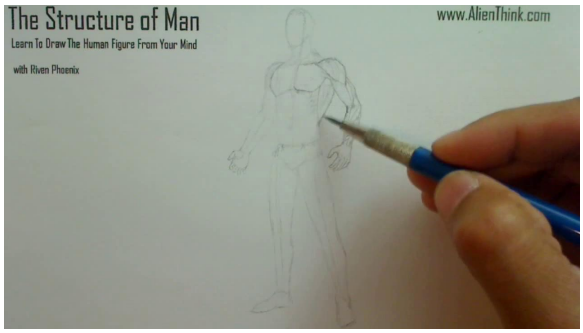
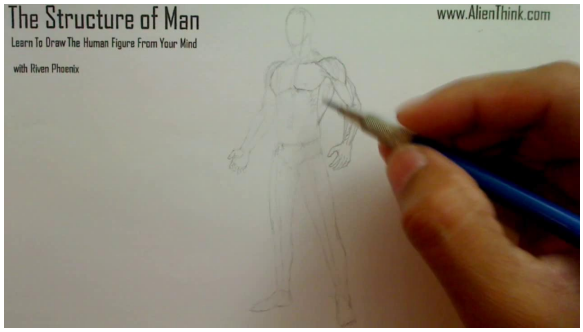
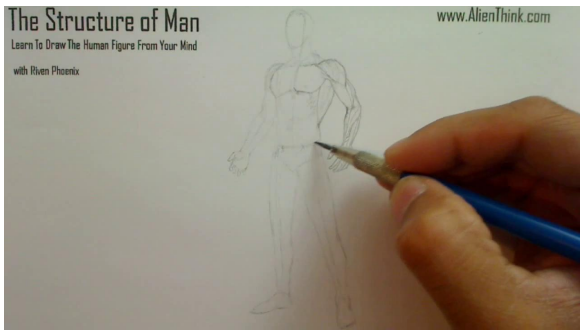
2026 Riven Phoenix and AlienThink.com

213		So over here.
214		No, I'm going to get the the door side muscle.
215		And he's just going to go here.
216		And then he's going to disappear in the back.

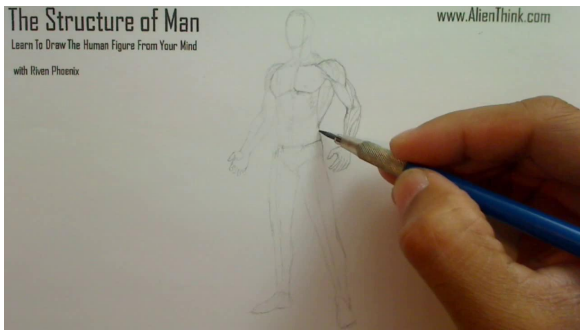
2026 Riven Phoenix and AlienThink.com

217		Right.
218		So he's going to come out come about.
219		He's going to be like this big over here.
220		Right.

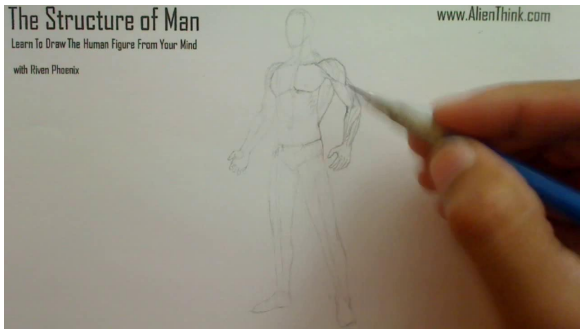
2026 Riven Phoenix and AlienThink.com

221		So this area here it belongs to the door side muscle just like this.
222		Okay.
223		And then over here I'm going to now get the love handles.
224		Right.

2026 Riven Phoenix and AlienThink.com

225		So here I'm going to get the line over here.
226		And then I know that I'm going to get my I'm going to see a little bit of M over here.
227		And here for the love handles.
228		I'll just do this way.

2026 Riven Phoenix and AlienThink.com

229		We know how what's going on over there.
230		So then for this area over here, we're now going to do the.
231		You know bleeds over here.
232		We know that at most it most will see like four of these right.

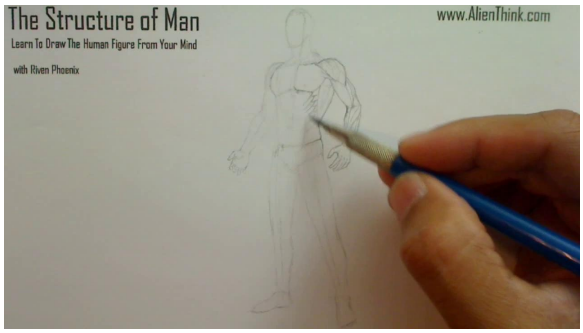
2026 Riven Phoenix and AlienThink.com

233		And these muscles.
234		Here they need to.
235		Travel right these lines here.
236		They need to.

2026 Riven Phoenix and AlienThink.com

237		Travel with the chest cavity.
238		So basically all these lines right.
239		What's going to happen is that just just going to be lines and they're really just going to be.
240		Coming on the love handle anyway.

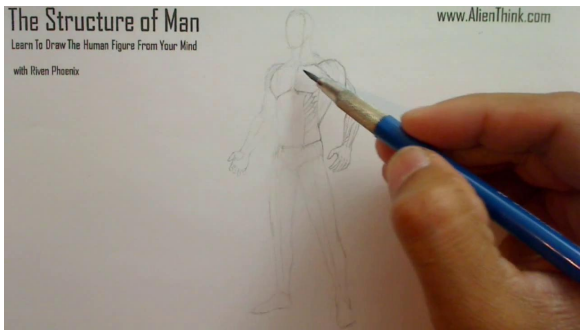
2026 Riven Phoenix and AlienThink.com

241		Right.
242		So over here.
243		I'm just going to get.
244		All these muscles like this over here.

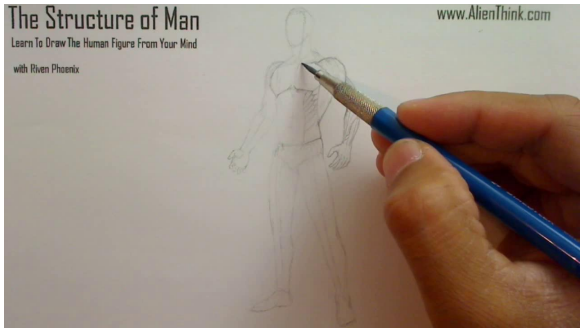
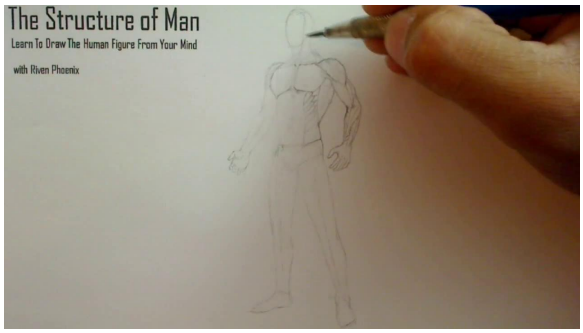
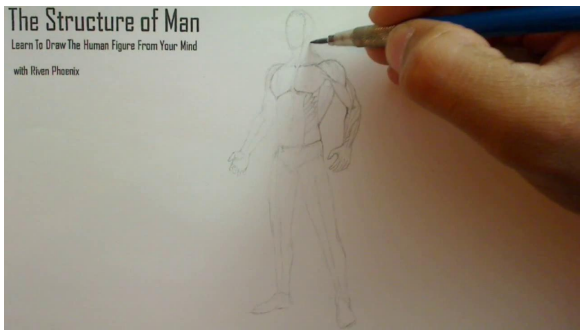
2026 Riven Phoenix and AlienThink.com

245		All right.
246		And then over here we're just going to get into the area of the.
247		Apps.
248		So here for this.

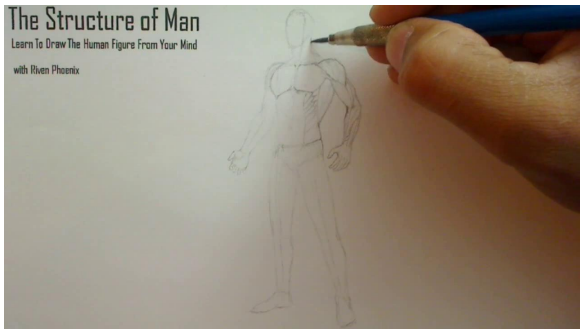
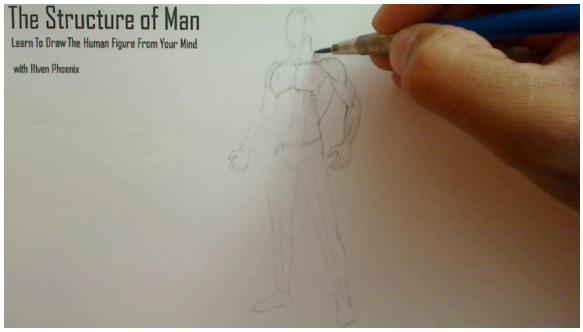
2026 Riven Phoenix and AlienThink.com

249		This.
250		Peck muscle.
251		He's going to kind of like go around a little more.
252		Over here.

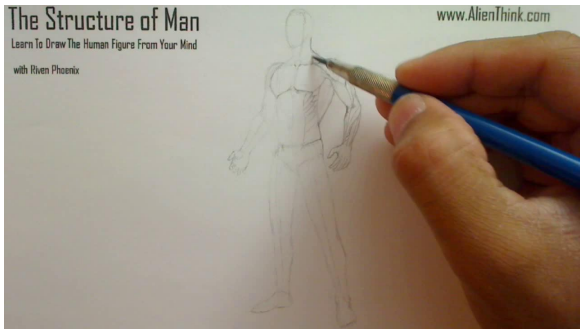
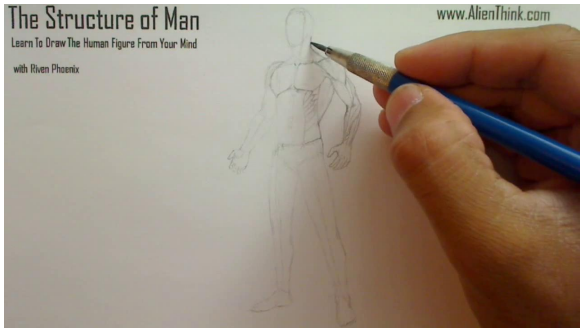
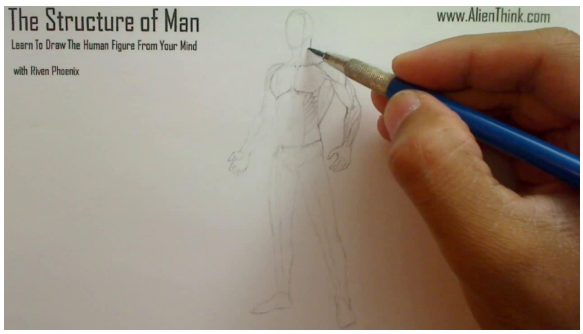
2026 Riven Phoenix and AlienThink.com

253		Right.
254		And then over here we're going to get the clavicle.
255		Okay.
256		So over here let's actually work on this a little bit.

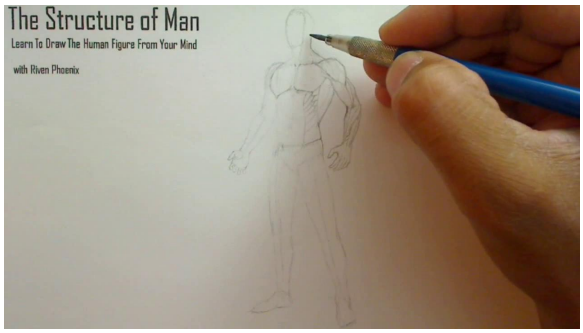
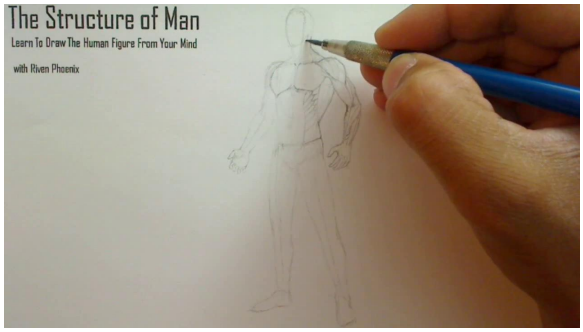
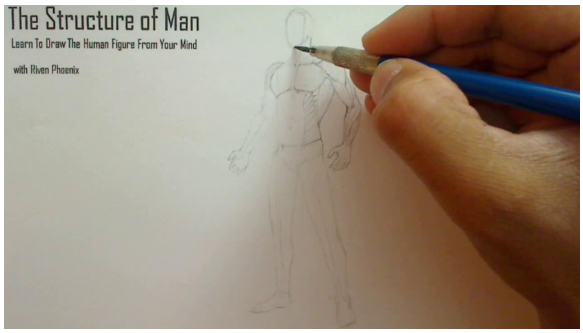
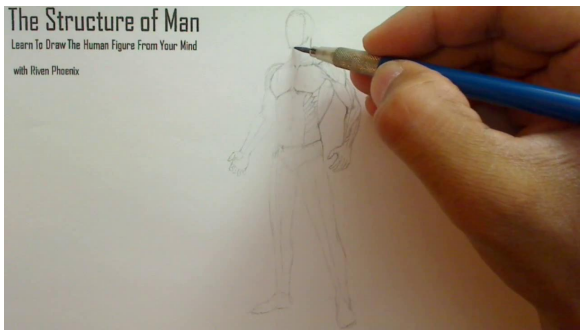
2026 Riven Phoenix and AlienThink.com

257		I'm going to get the neck muscles like this.
258		And then this is all going to come over here.
259		For the.
260		For the.

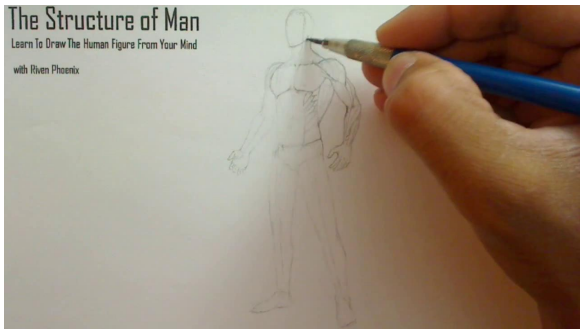
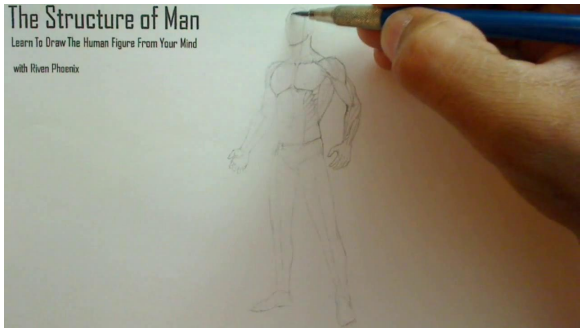
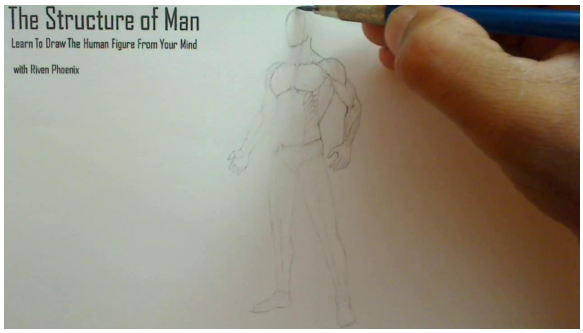
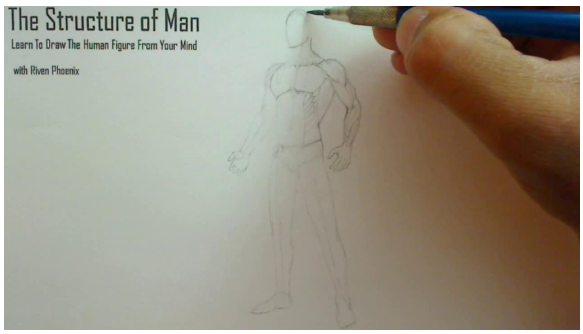
2026 Riven Phoenix and AlienThink.com

261		Back.
262		So he's going to go here.
263		Then you're going to get this.
264		This muscle here on the head.

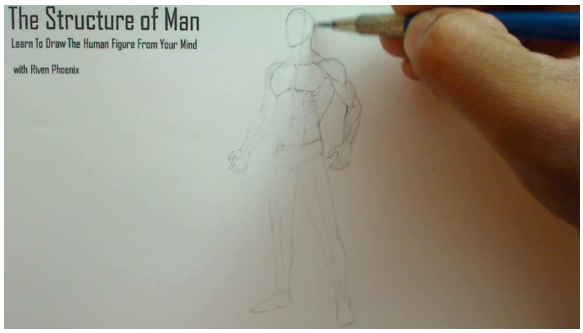
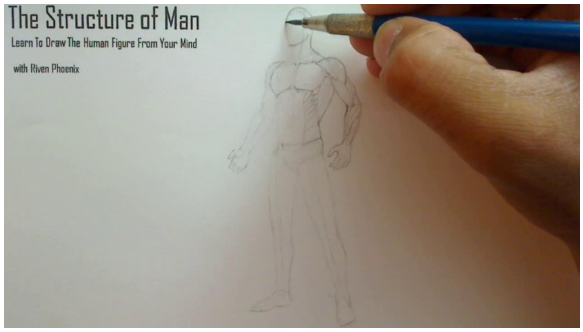
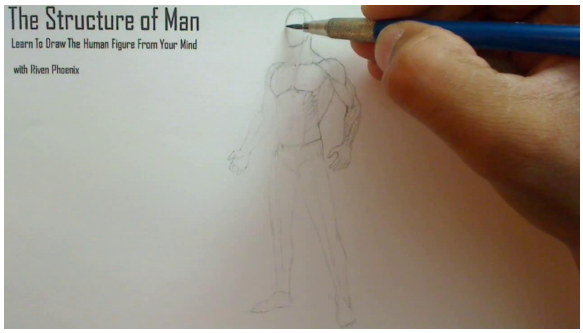
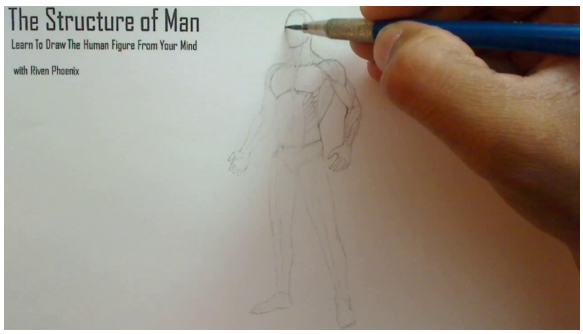
2026 Riven Phoenix and AlienThink.com

265		So let's actually fix the head up.
266		First.
267		I'm just going to do the.
268		The chin.

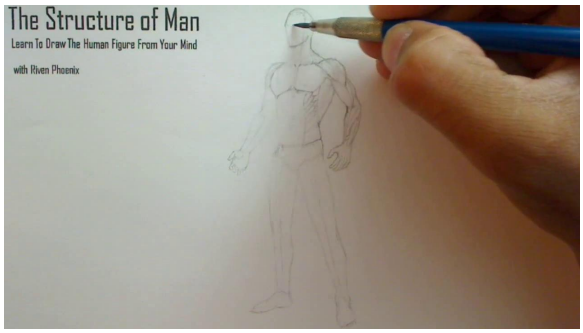
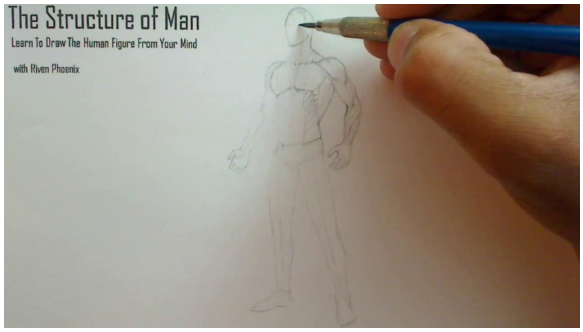
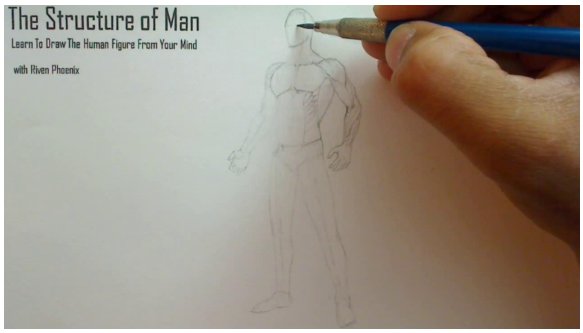
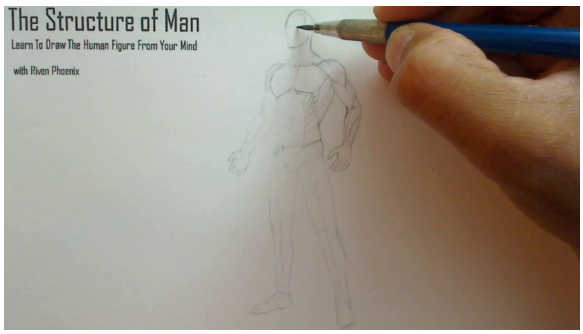
2026 Riven Phoenix and AlienThink.com

269		Like this over here.
270		And then for his head.
271		First make a nice shape.
272		Make sure I got a nice shape over here.

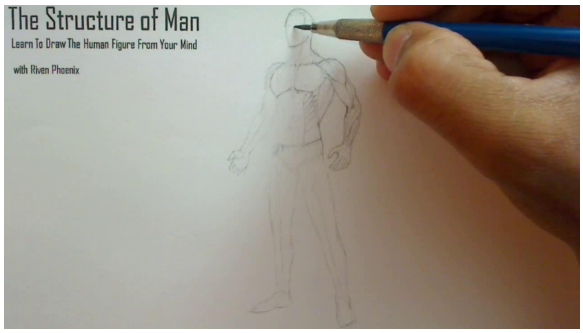
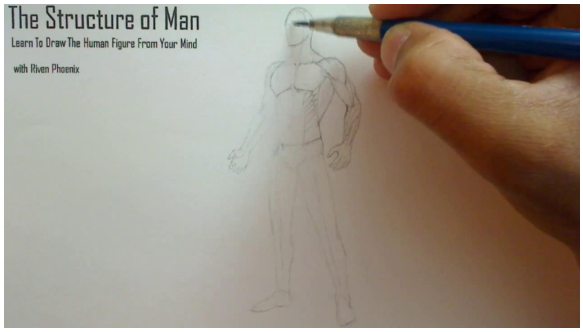
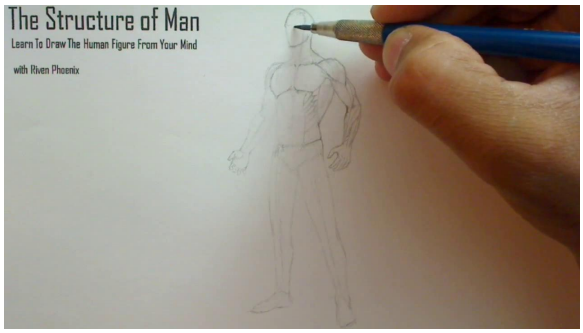
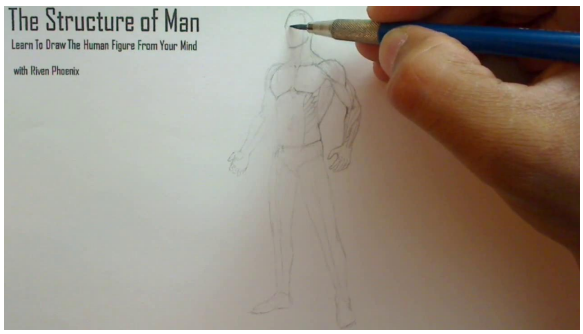
2026 Riven Phoenix and AlienThink.com

273		I want to do it like this over here.
274		Then over here.
275		I know that.
276		Right.

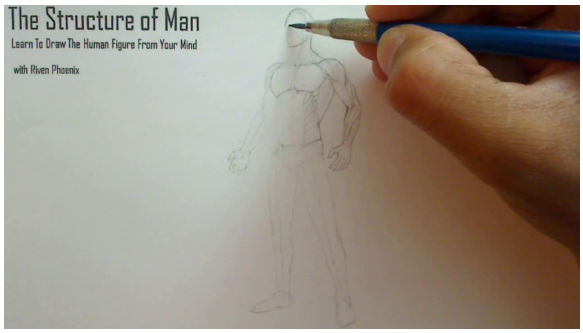
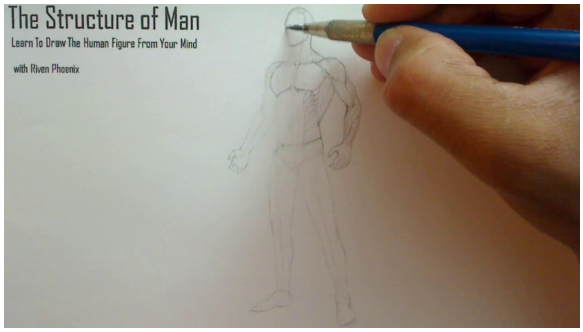
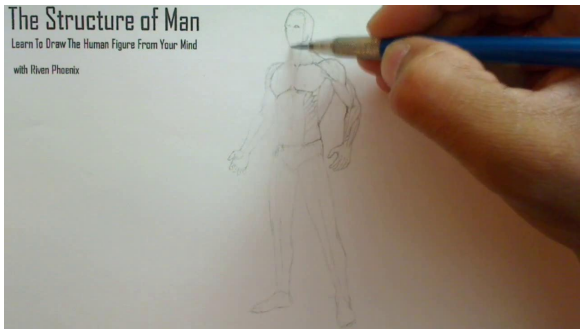
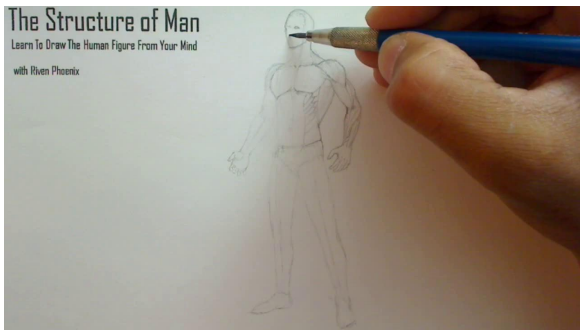
2026 Riven Phoenix and AlienThink.com

277		Really.
278		It's just the center line over here.
279		So we know that over here.
280		We're just going to get his eyes.

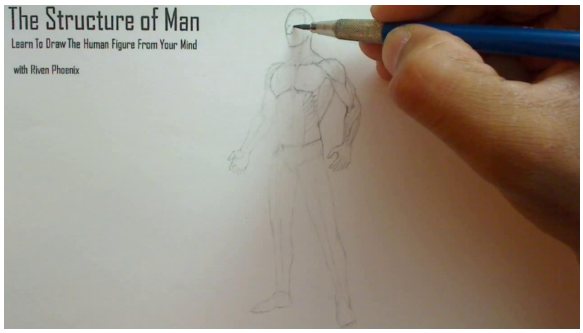
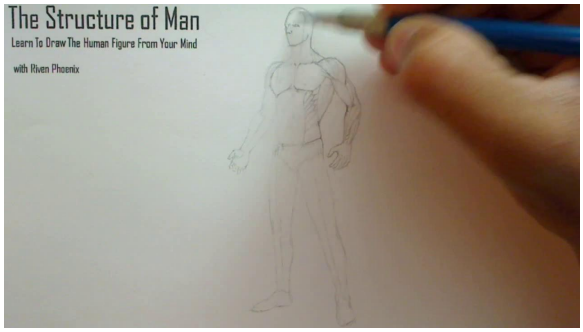
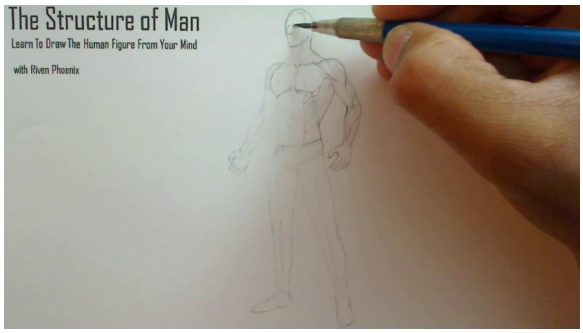
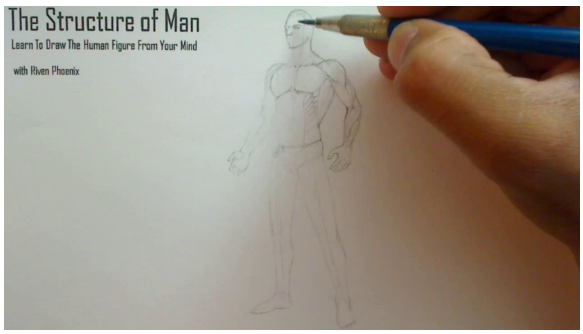
2026 Riven Phoenix and AlienThink.com

281		So these are going to be really, really like tiny, tiny details now.
282		Okay.
283		Over here.
284		And then I know.

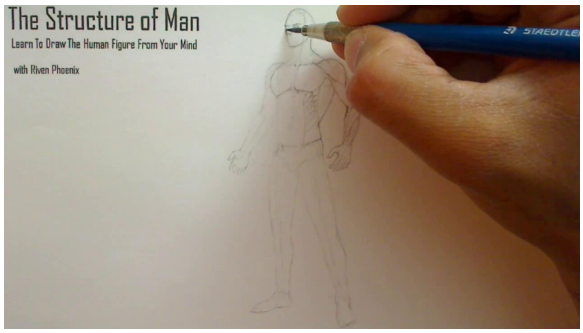
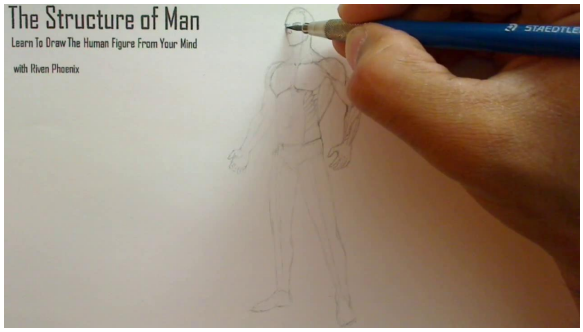
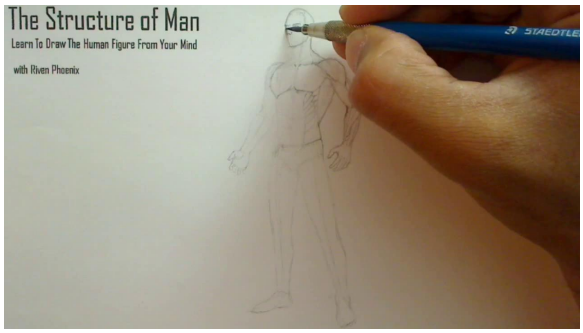
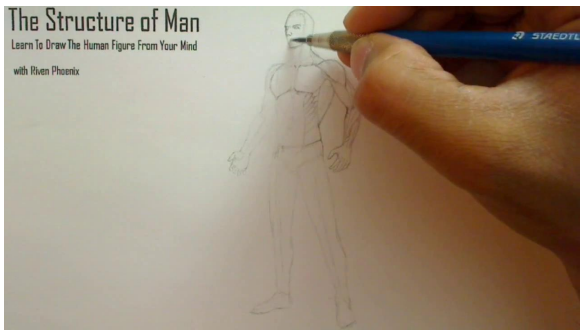
2026 Riven Phoenix and AlienThink.com

285		Over here.
286		I'm going to get.
287		This guy to come like this.
288		Then I'm going to get his nose over here.

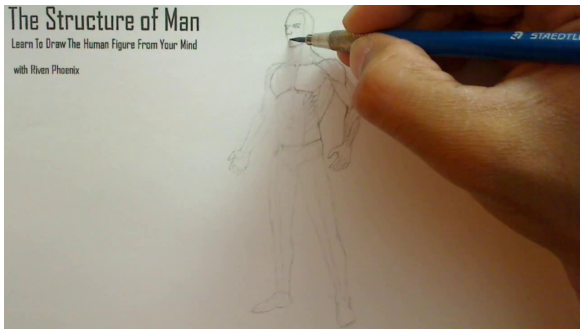
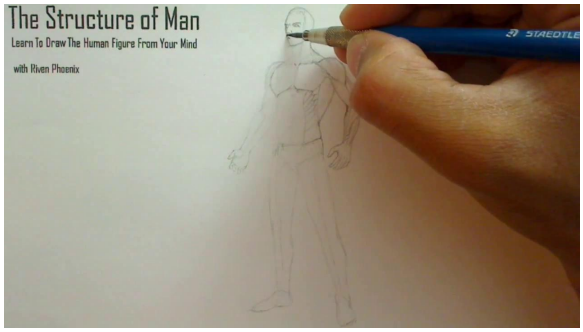
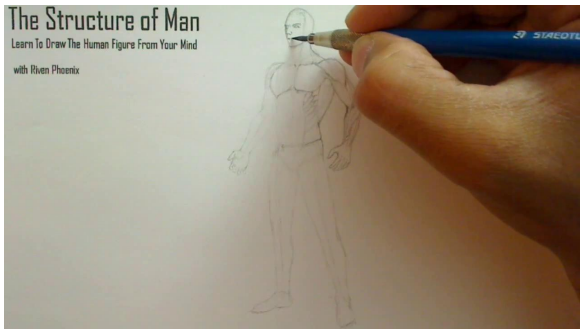
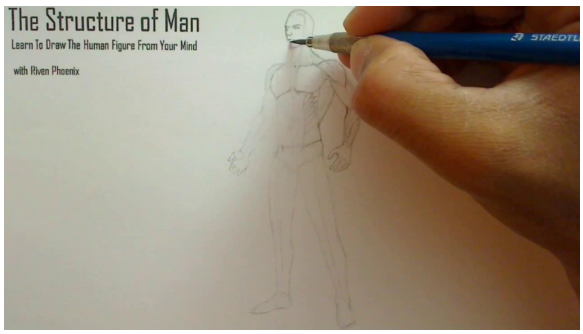
2026 Riven Phoenix and AlienThink.com

289		Right.
290		All of this stuff really is just going to be dark.
291		So we're just going to give him.
292		I brought over here.

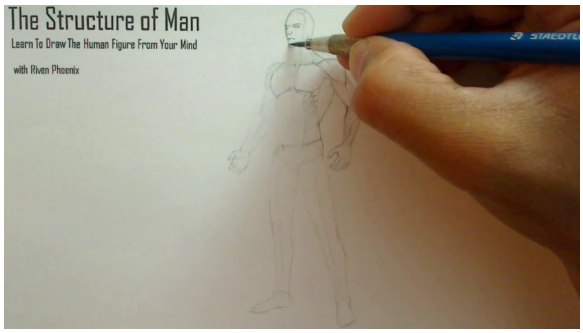
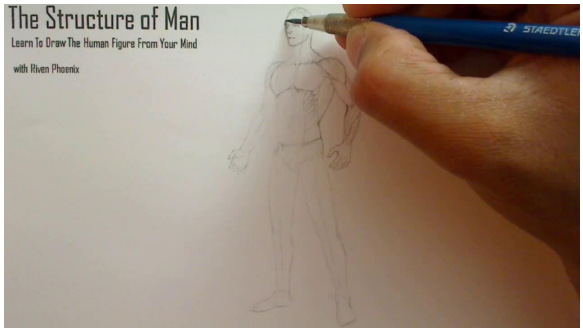
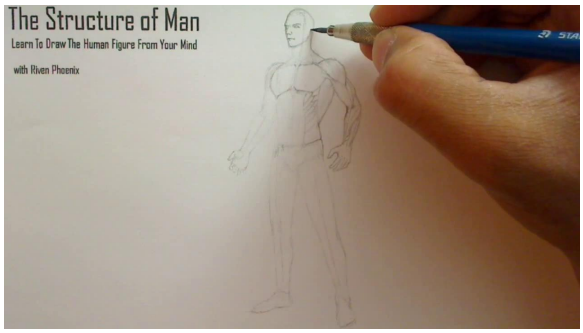
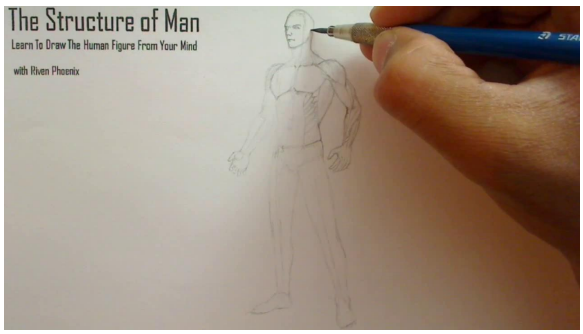
2026 Riven Phoenix and AlienThink.com

293		This is going to be really small.
294		But I'm going to try to see if I can put that eye in there.
295		Well, I was able to.
296		Okay.

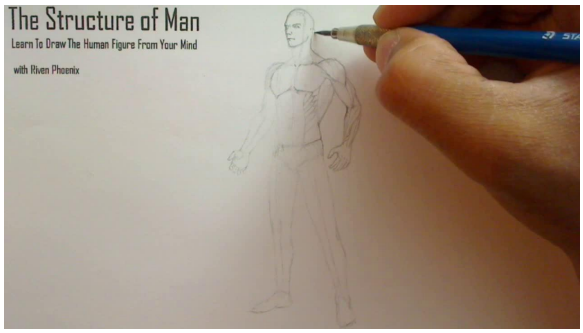
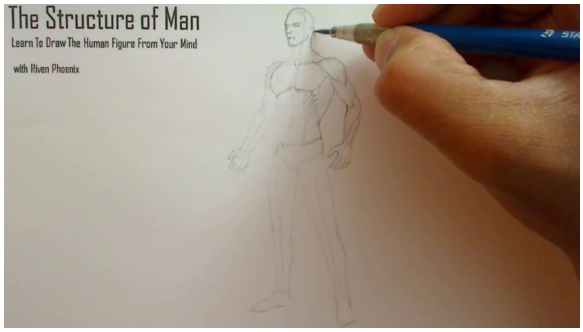
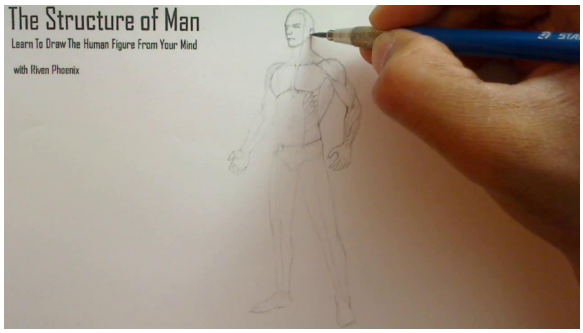
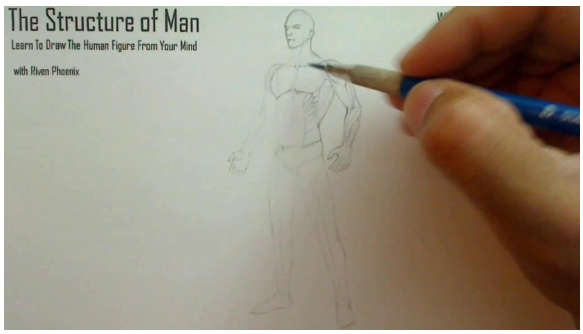
2026 Riven Phoenix and AlienThink.com

297		So here we're going to get now his mouth.
298		Now notice that we do his mouth.
299		We're just going to do it this way.
300		We know that it goes in.

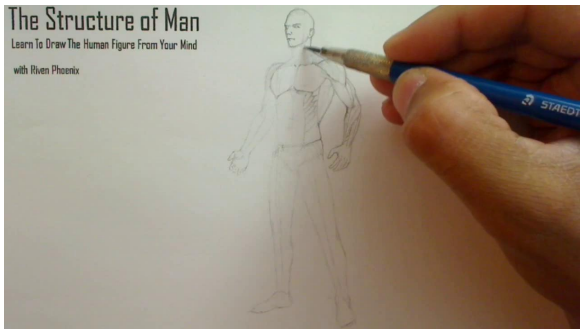
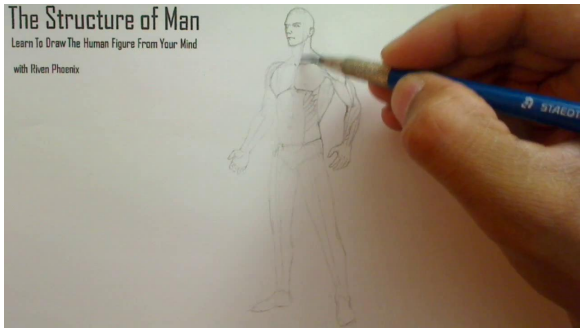
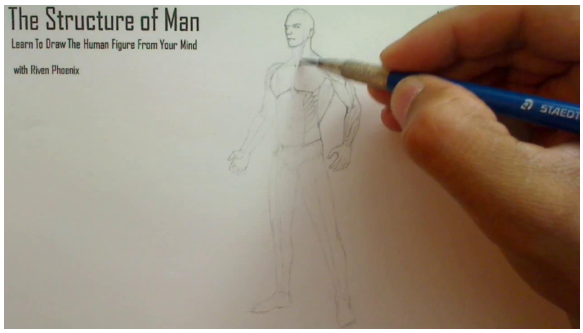
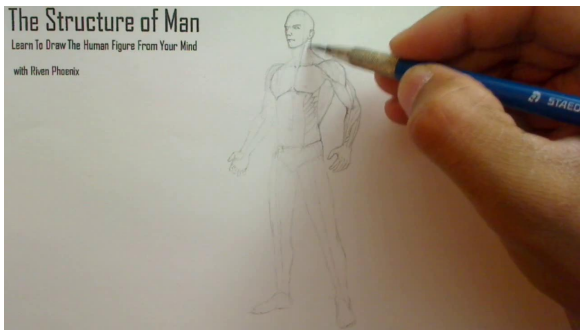
2026 Riven Phoenix and AlienThink.com

301		Going to get his chin over here.
302		He's going to get a little bit of this temple work over here.
303		Then I'm going to get his ear over here.
304		Right.

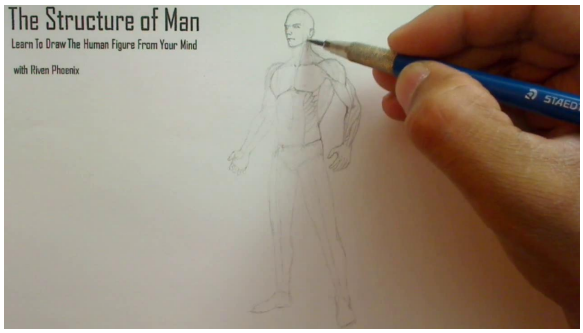
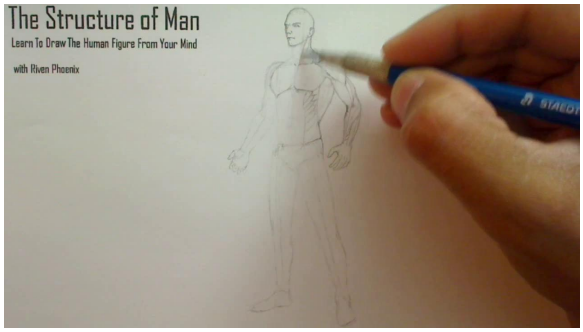
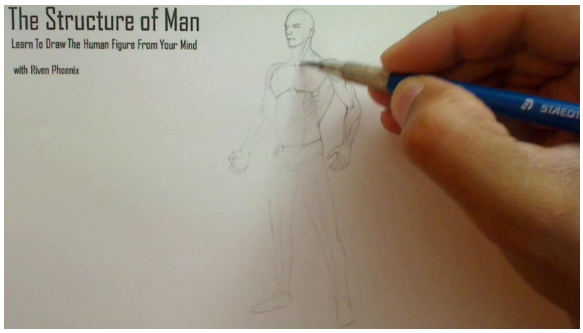
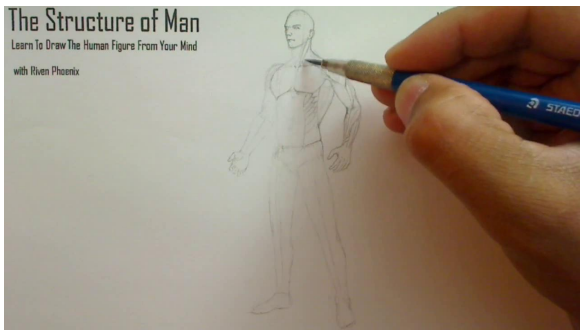
2026 Riven Phoenix and AlienThink.com

305		So his ear.
306		It's simply just come like this.
307		Okay.
308		So now we can talk about the muscles here for the neck.

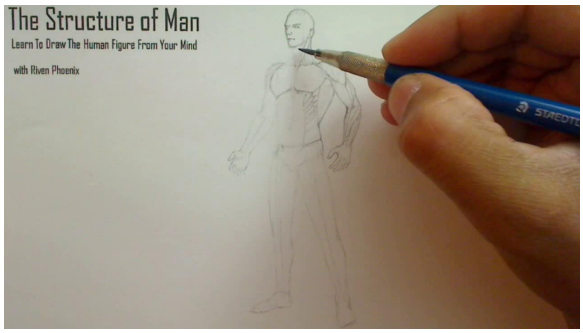
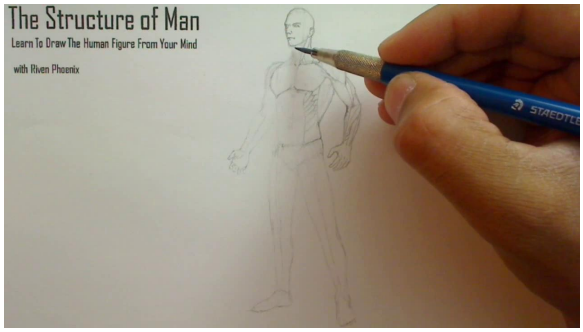
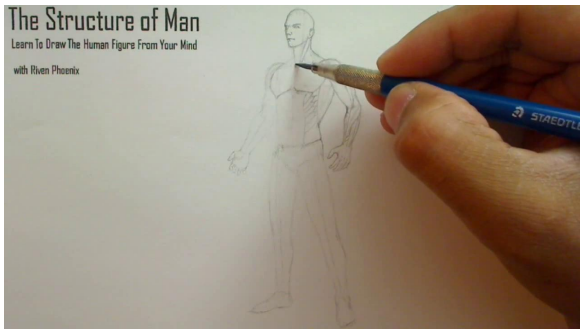
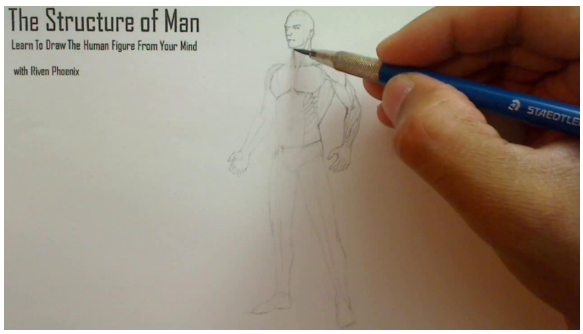
2026 Riven Phoenix and AlienThink.com

309		Right.
310		Right.
311		These are just going to go like this.
312		There's really nothing to this.

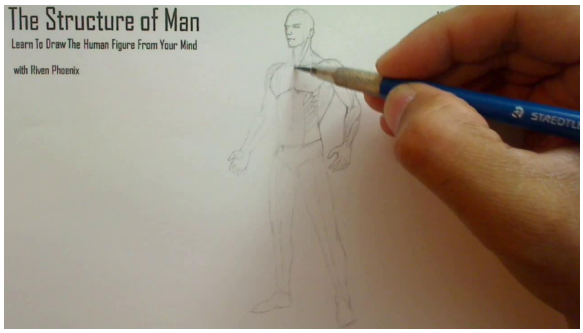
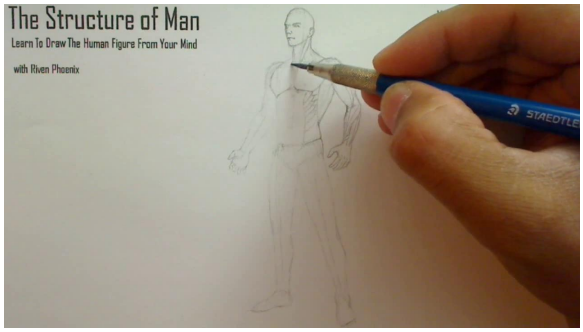
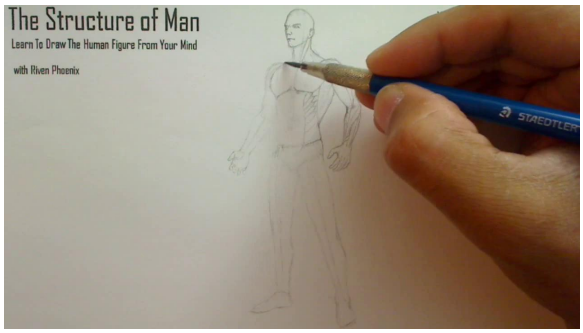
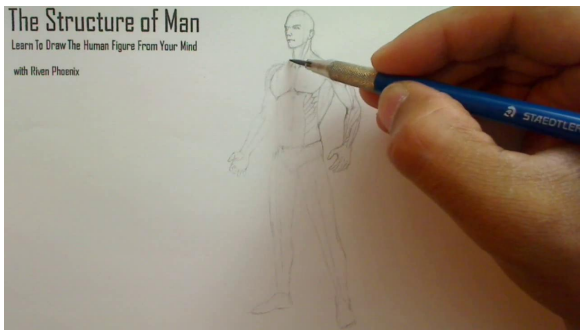
2026 Riven Phoenix and AlienThink.com

313		Right.
314		They're connecting right here.
315		He's going to go here.
316		He's going to split over here.

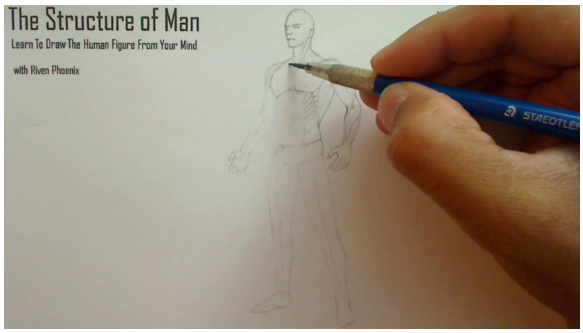
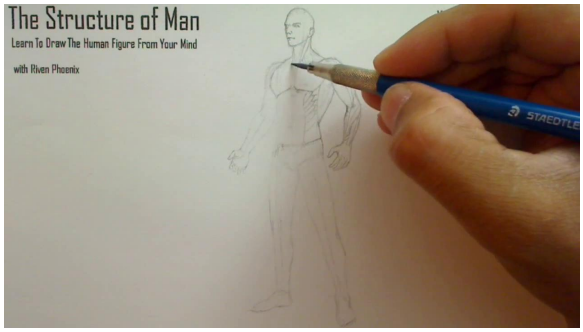
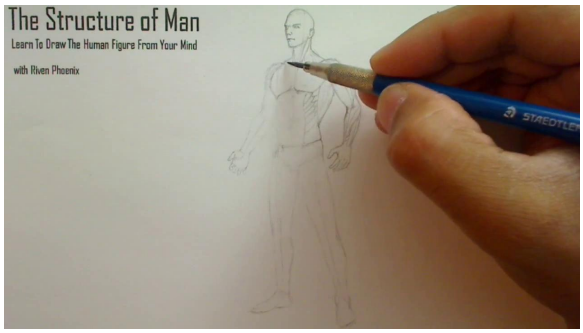
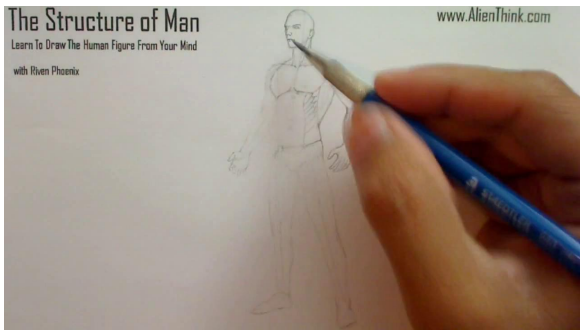
2026 Riven Phoenix and AlienThink.com

317		Right.
318		And then you're going to just basically get your Adam's apple over here.
319		Just like this.
320		And it's other guy.

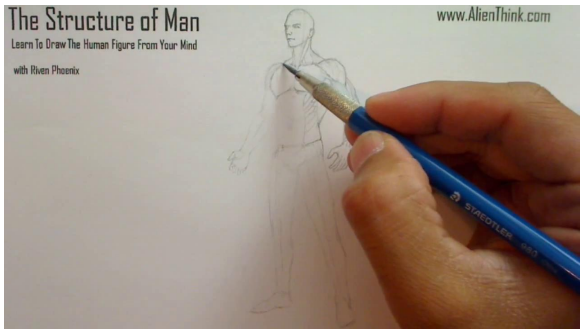
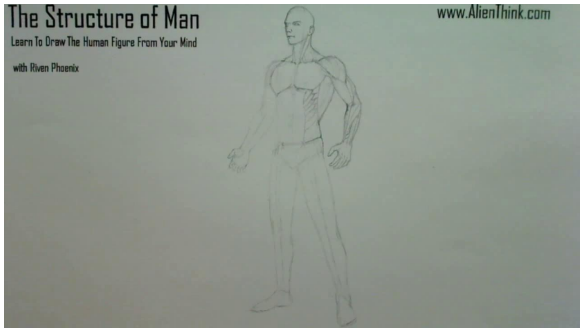
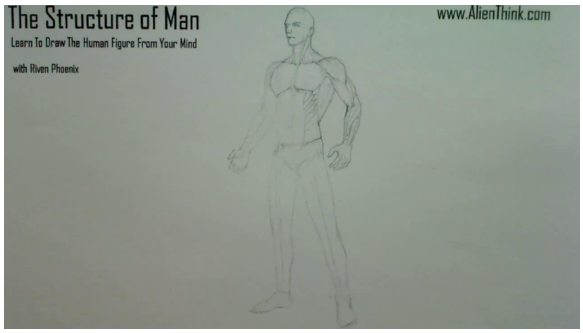
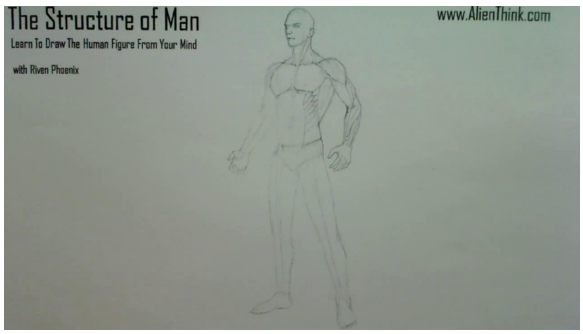
2026 Riven Phoenix and AlienThink.com

321		He's going to come over here.
322		He's going to split.
323		Then over here.
324		You're just going to see very, very lightly over here.

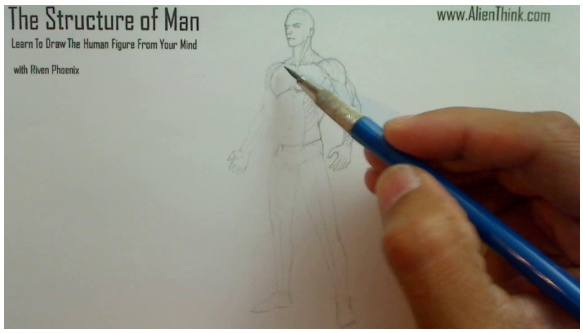
2026 Riven Phoenix and AlienThink.com

325		This guy.
326		It's like this.
327		Then we're going to get the clavicle.
328		Okay.

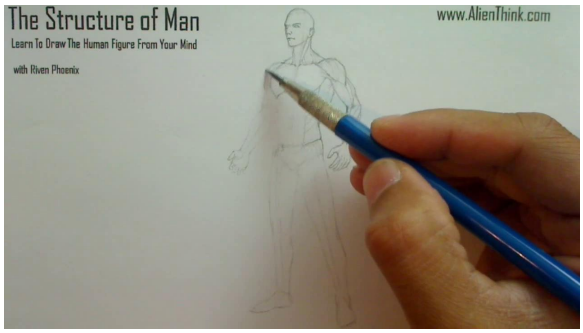
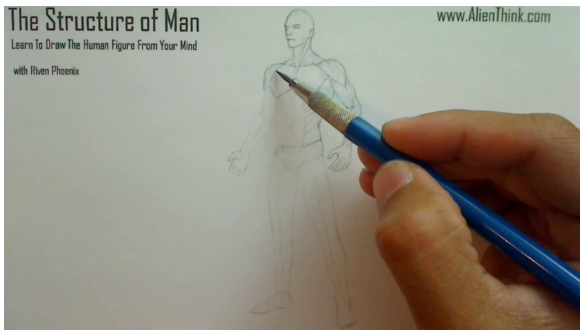
2026 Riven Phoenix and AlienThink.com

329		We're going to sharpen this pencil.
330		This is a more detailed work than the back.
331		We're going to.
332		We're doing.

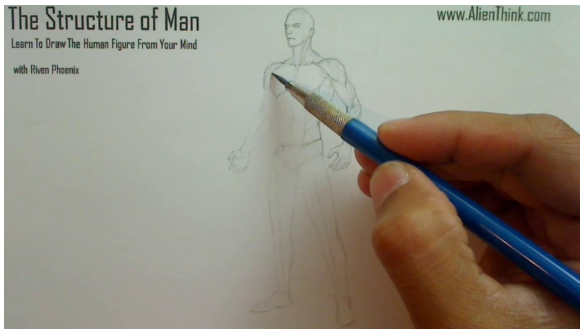
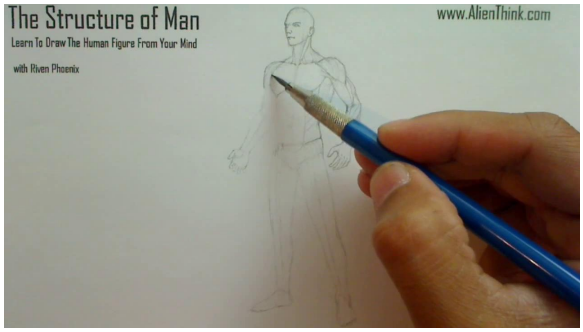
2026 Riven Phoenix and AlienThink.com

333		Okay.
334		So here.
335		I'm now going to get the delt over here.
336		Right.

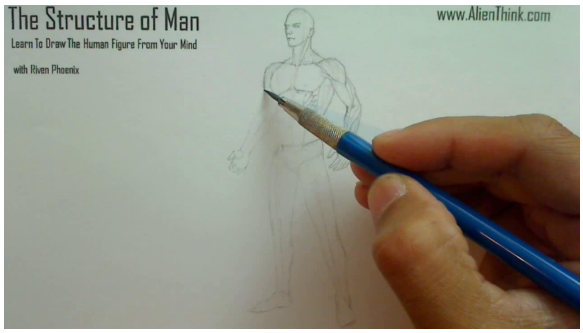
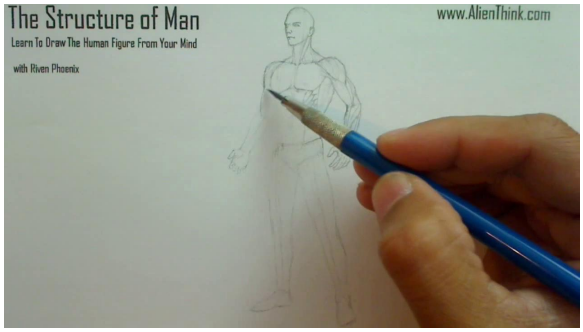
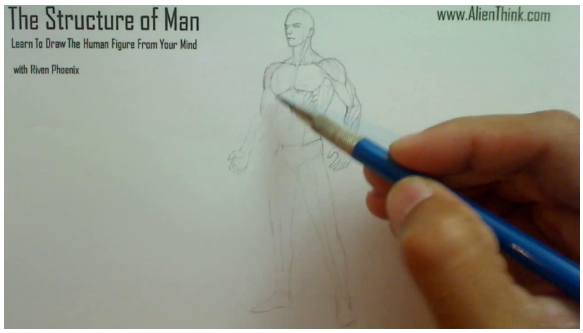
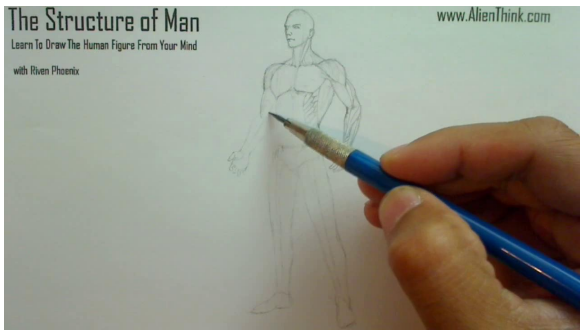
2026 Riven Phoenix and AlienThink.com

337		So he's just going to come.
338		I'm going to do like let's say this design over here for the delta.
339		We can come up a little bit more over here.
340		Like this.

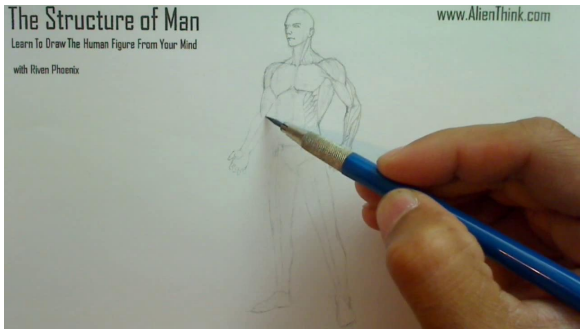
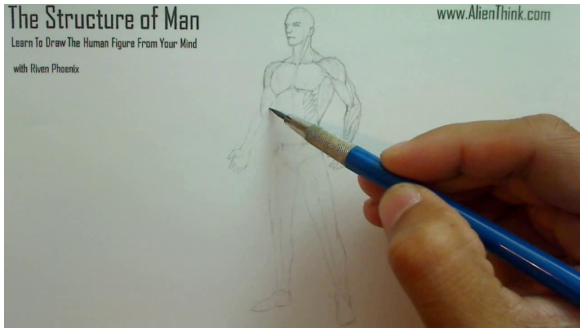
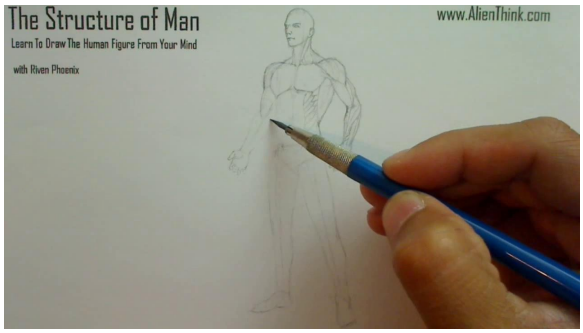
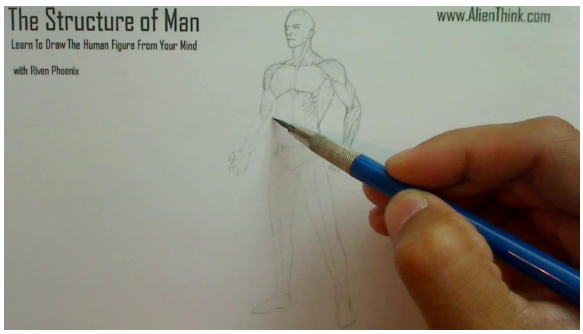
2026 Riven Phoenix and AlienThink.com

341		And this one.
342		Maybe like enough room over here.
343		Come down like this.
344		Okay.

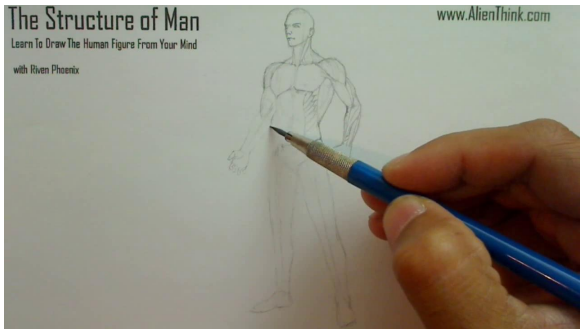
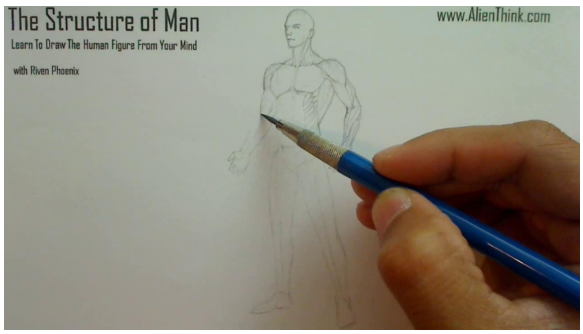
2026 Riven Phoenix and AlienThink.com

345		And then here I'm just going to get now the area for the bicep over here.
346		Like this.
347		I know that's going to go here.
348		Right.

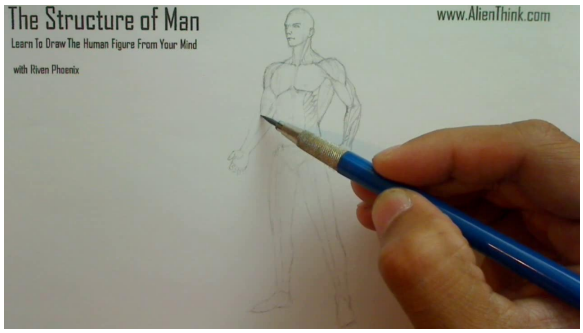
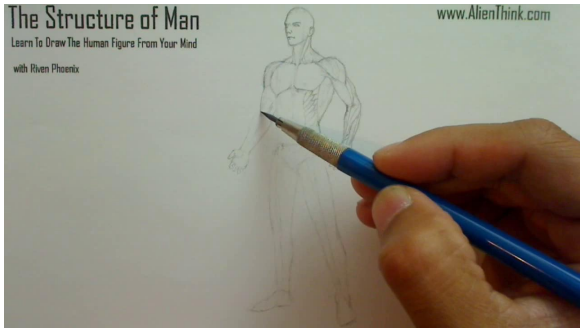
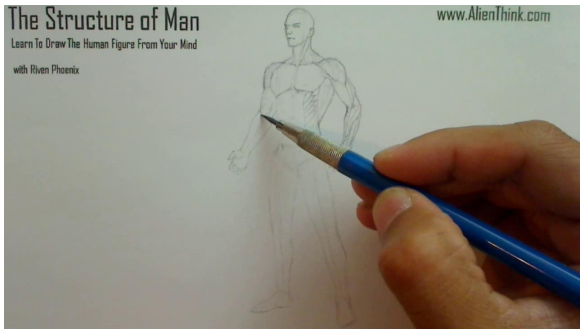
2026 Riven Phoenix and AlienThink.com

349		So the bicep is just going to be.
350		Coming in like this over here.
351		I'm going to get like the funny bone over here.
352		It's just going to go in and you know what's going to happen over here.

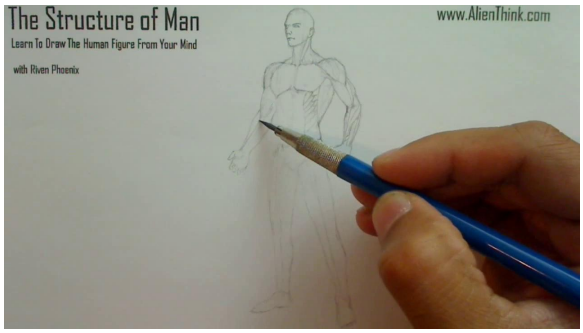
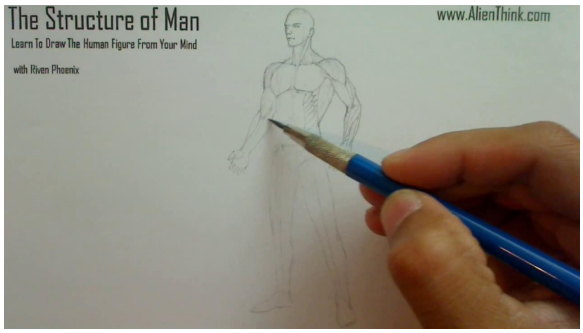
2026 Riven Phoenix and AlienThink.com

353		This is simple.
354		Right.
355		You're just going to get those muscles that we've been working on.
356		You know that.

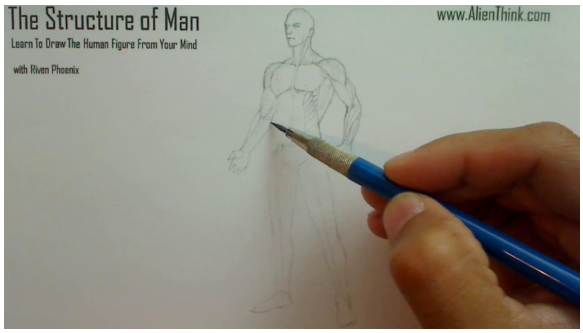
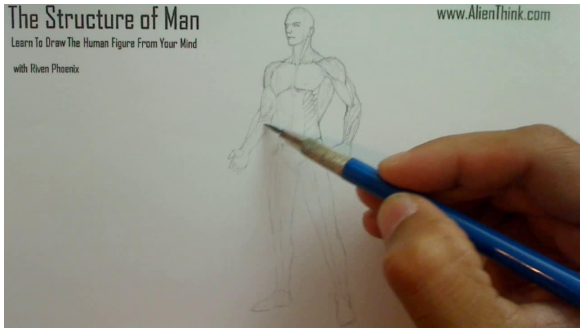
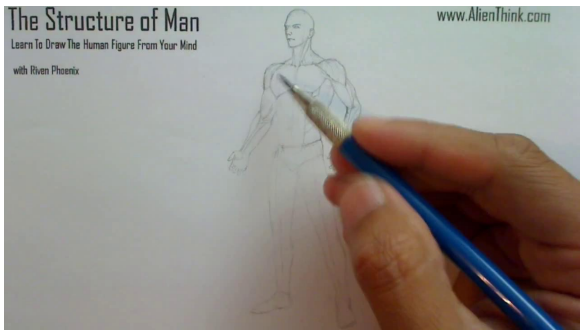
2026 Riven Phoenix and AlienThink.com

357		Okay.
358		Well, from from this point, you're going to start to get six and seven.
359		Right.
360		So there you know that you're really just going to see six over here.

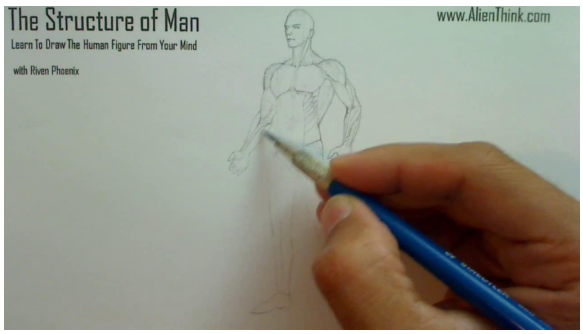
2026 Riven Phoenix and AlienThink.com

361		Right.
362		Then you're going to get over here.
363		We talked about this.
364		We're going to get like this muscle here.

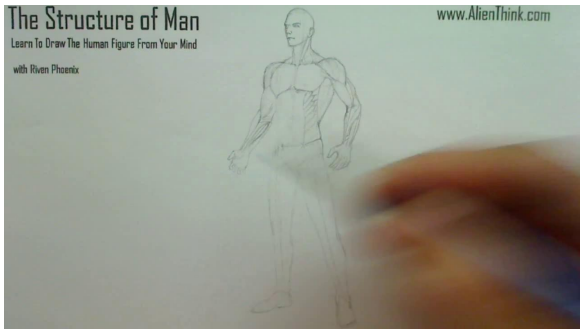
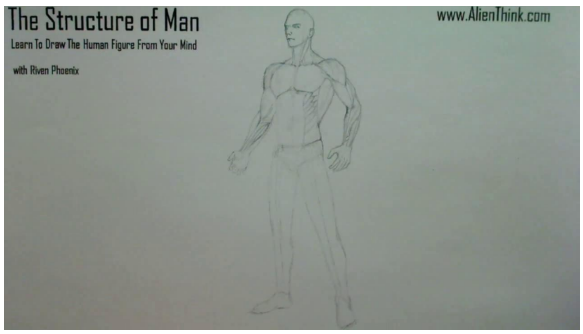
2026 Riven Phoenix and AlienThink.com

365		Then you're going to from the funny bone get number five.
366		Right.
367		Then from over here, you're just going to get muscle one.
368		Right.

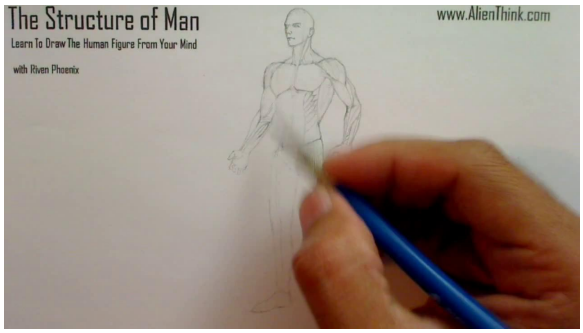
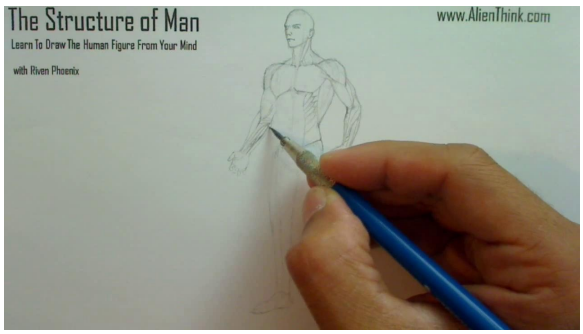
2026 Riven Phoenix and AlienThink.com

369		This is going to be really small, small stuff here that we're putting now.
370		Right.
371		You're going to get one.
372		Then you're going to get two.

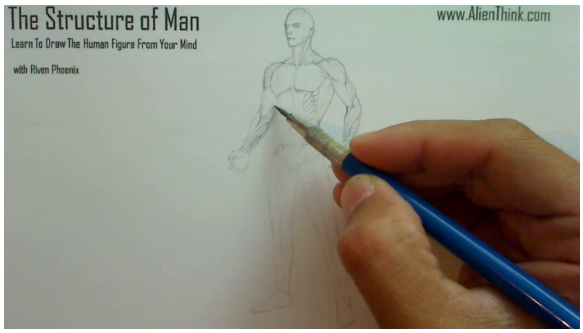
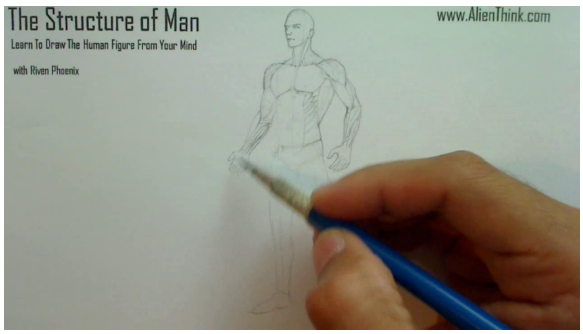
2026 Riven Phoenix and AlienThink.com

373		Then you're going to get.
374		You're going to get three over here.
375		Okay.
376		This is getting a little fuzzy in here.

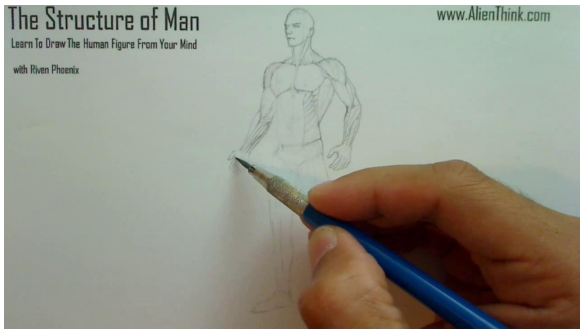
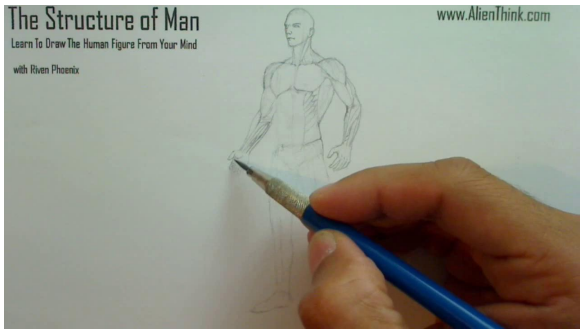
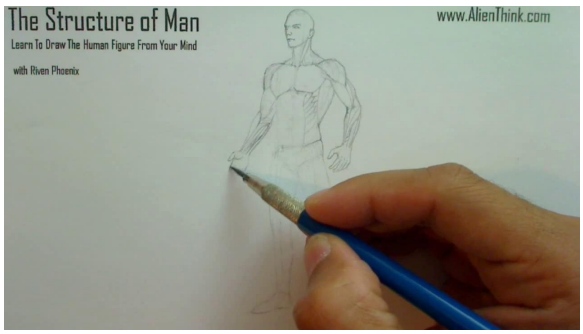
2026 Riven Phoenix and AlienThink.com

377		You're going to get three over here.
378		One and then you're going to get two.
379		It's just in there.
380		And then from underneath the funny bone, you're going to get four.

2026 Riven Phoenix and AlienThink.com

381		And that'll be it for that.
382		Right.
383		So we solved this whole problem over here.
384		So now let's work on this and the big bone in detail.

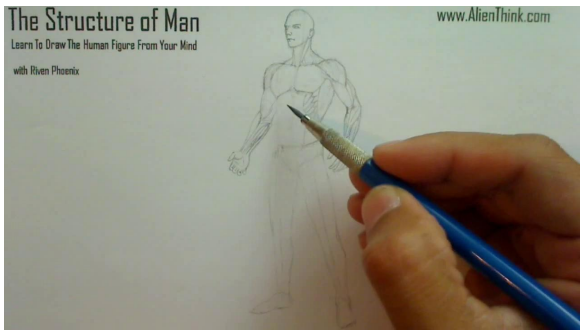
2026 Riven Phoenix and AlienThink.com

385		Okay.
386		So this, I'm going to get this area over here.
387		Right.
388		Then I'm going to get these fingers.

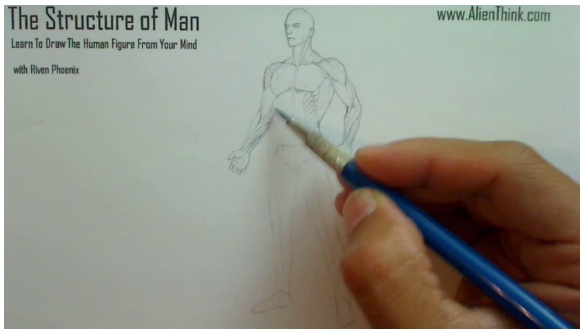
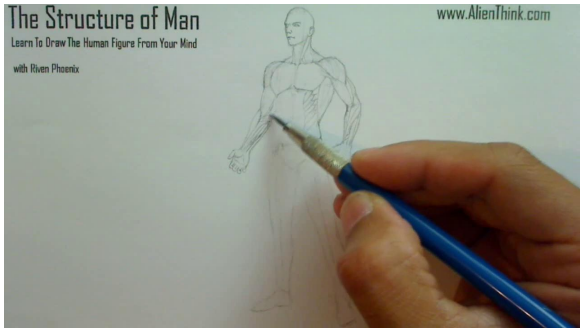
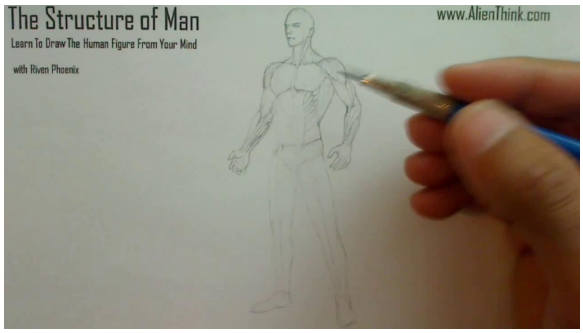
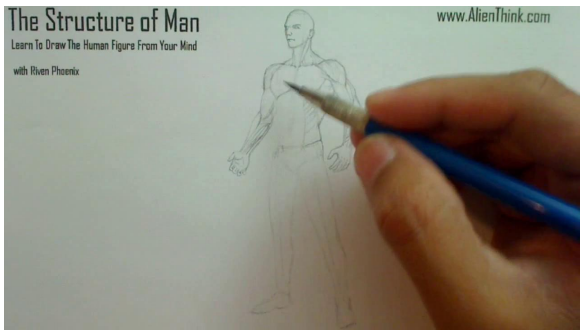
2026 Riven Phoenix and AlienThink.com

389		They're just crawling up really towards us over here.
390		And then over here, you can just make this like this over here.
391		Right.
392		So you know that that's just going to be there.

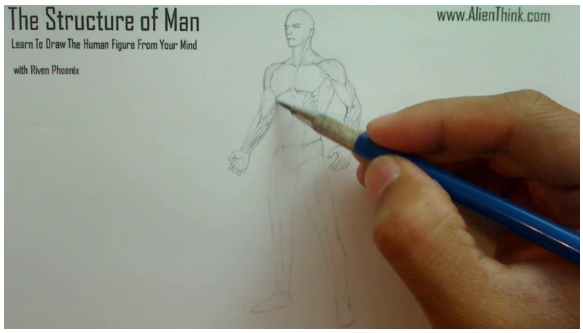
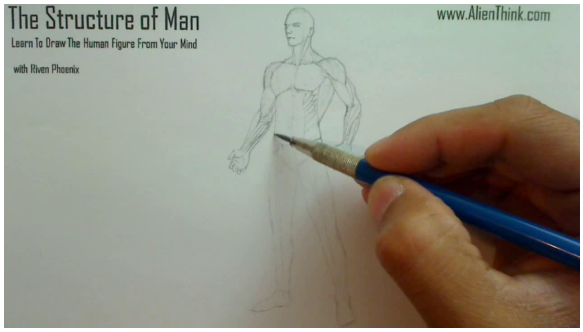
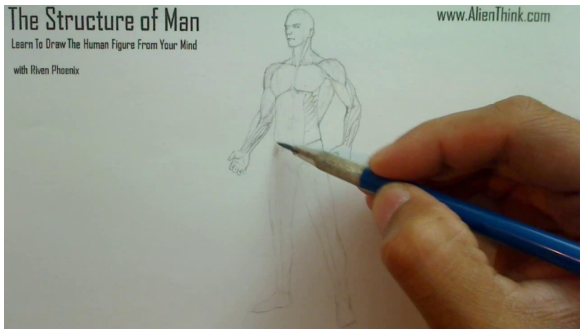
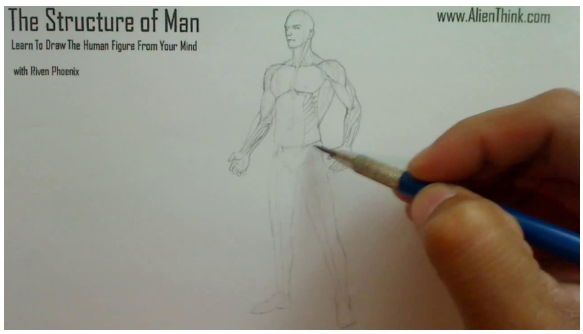
2026 Riven Phoenix and AlienThink.com

393		Of course, your lines over here.
394		So you can just crawl this up.
395		Okay.
396		And you know what's going to happen over here.

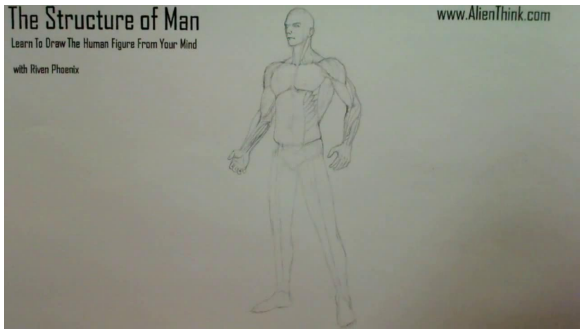
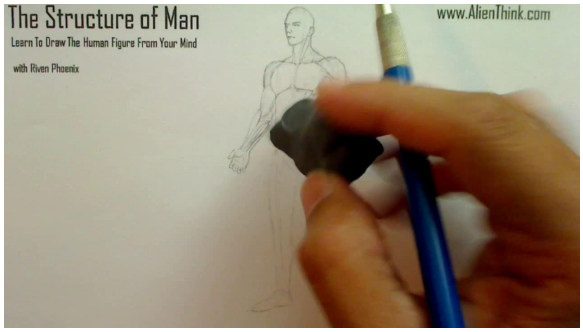
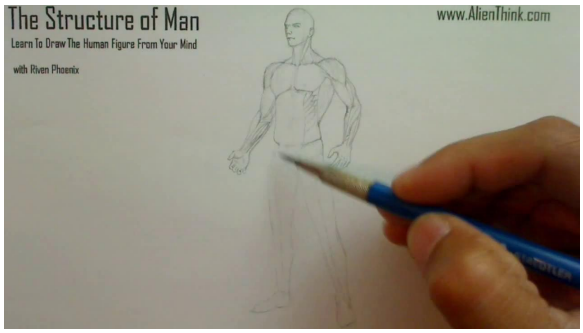
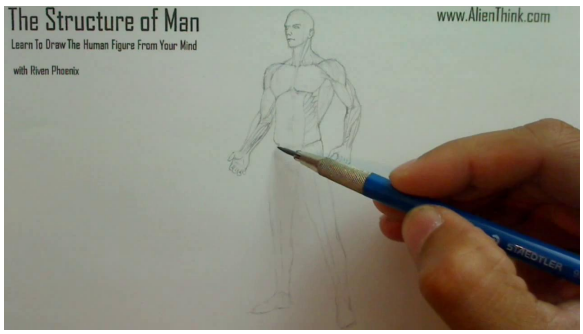
2026 Riven Phoenix and AlienThink.com

397		Right.
398		And then this just is just going to be the tricep on the other side.
399		Okay.
400		And now we're going to just finish this up over here.

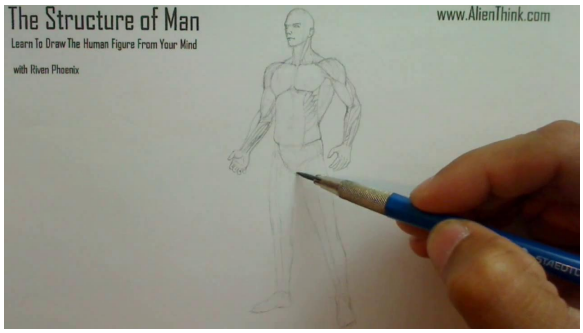
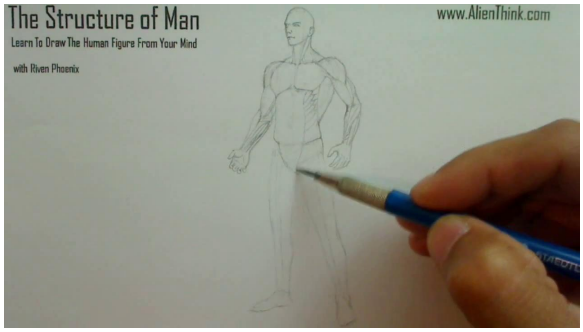
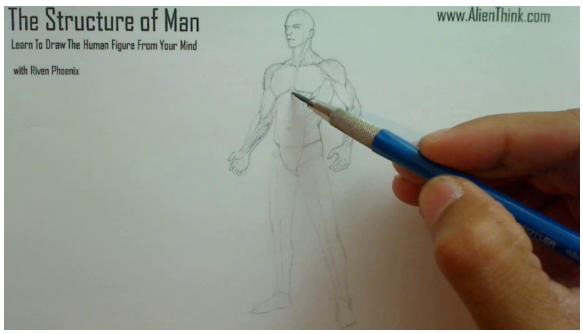
2026 Riven Phoenix and AlienThink.com

401		We're now going to get this area over here.
402		Define.
403		We know that okay.
404		Well, based on this area over here, I really want to move the love handles a little bit over here.

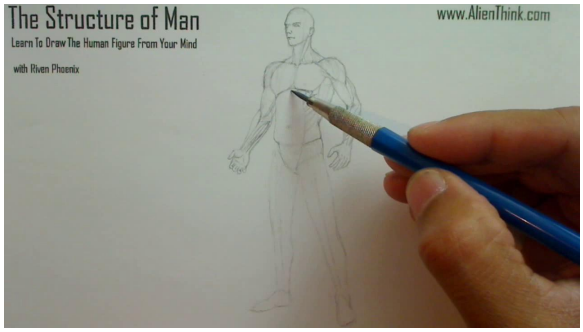
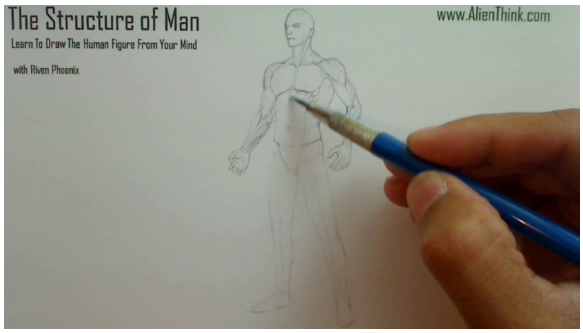
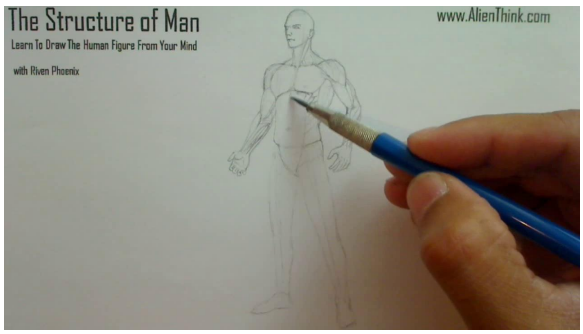
2026 Riven Phoenix and AlienThink.com

405		Right.
406		Because you got to think this in perspective and we can change these ideas as much as we want.
407		Okay.
408		So now we're going to get this area here for the for the crotch over here.

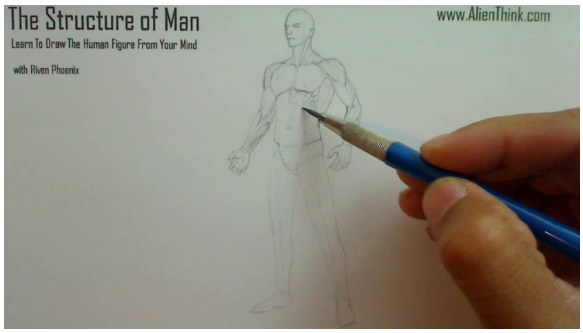
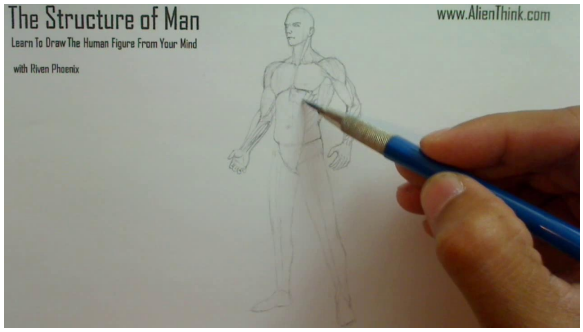
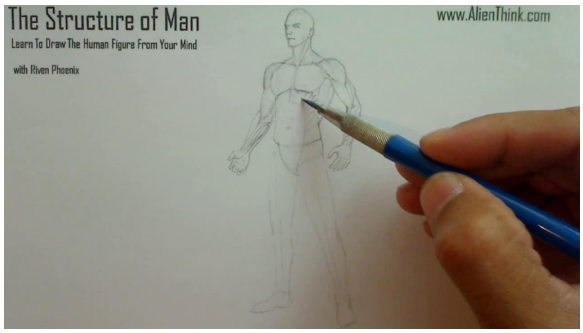
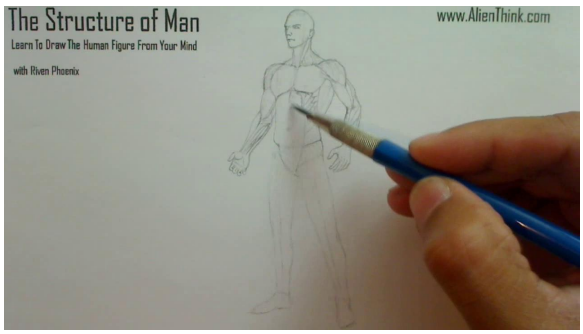
2026 Riven Phoenix and AlienThink.com

409		And then it's just going to be like this over here.
410		Okay.
411		So the the the needle is just going to be like this.
412		So in here, we're now going to start to get that the muscles for the abs over here.

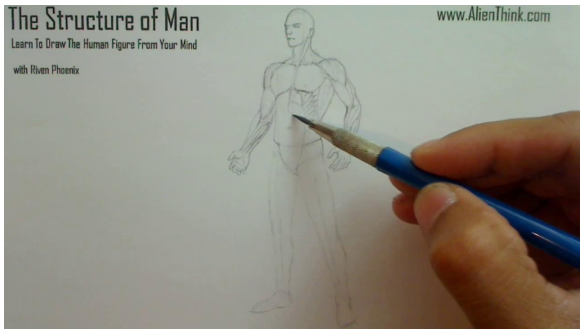
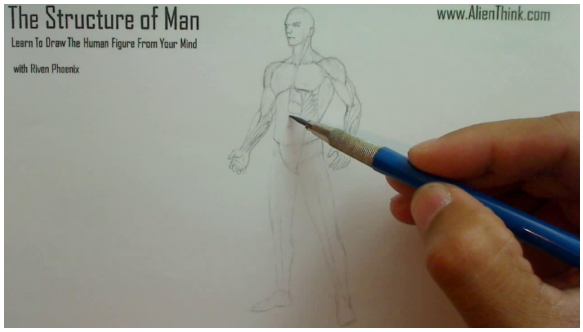
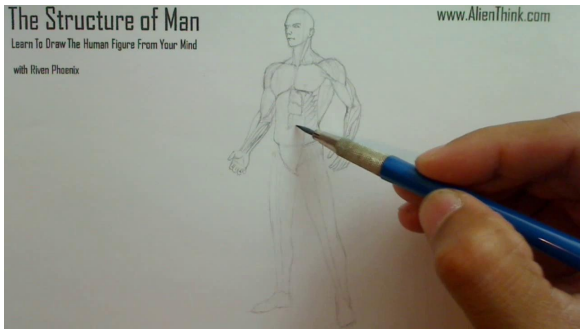
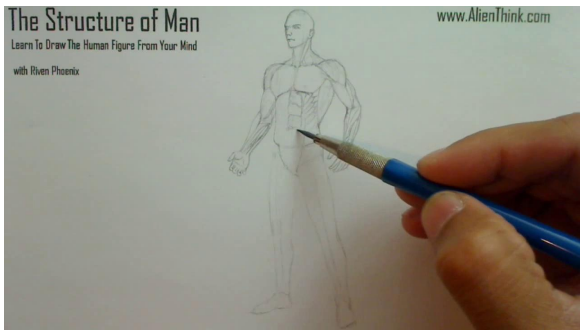
2026 Riven Phoenix and AlienThink.com

413		Okay.
414		So here we're going to get the first ab.
415		Right.
416		We know how this is happening because really he's just coming down this way.

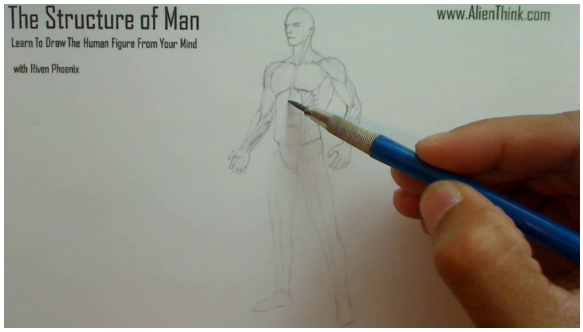
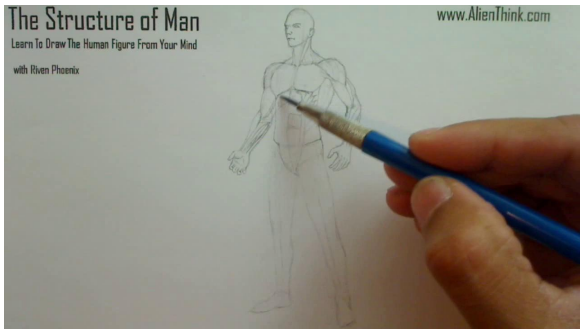
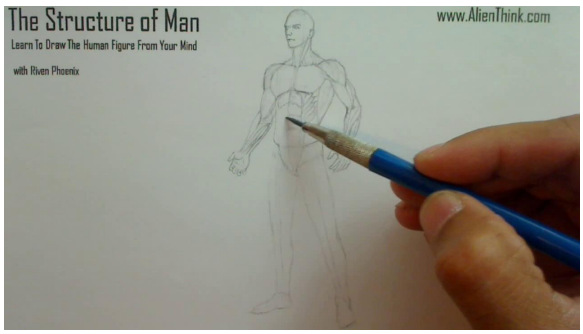
2026 Riven Phoenix and AlienThink.com

417		Right.
418		And he's just going to be like this.
419		And he's just going to come up this way over here.
420		Then we're going to get the second ab over here.

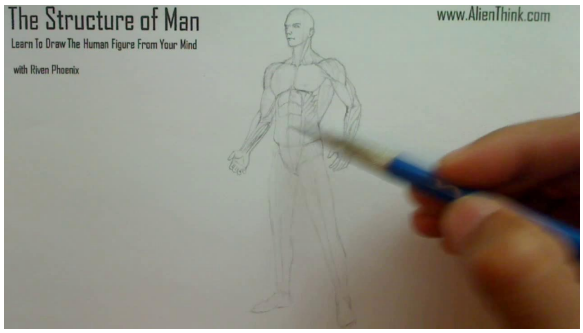
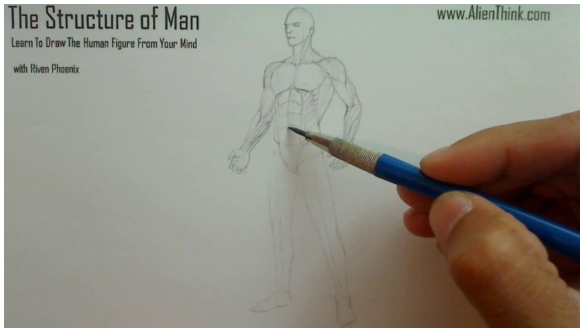
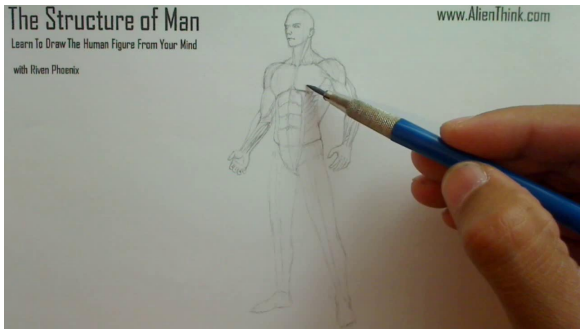
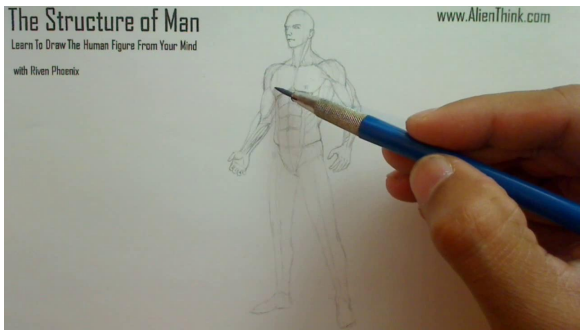
2026 Riven Phoenix and AlienThink.com

421		And he's going to be like this over here like this and he's just going to crawl up.
422		Then we're going to get the third one over here.
423		He's going to go like this and he's just going to go up.
424		And then over here, I'm just going to get like this white space over here.

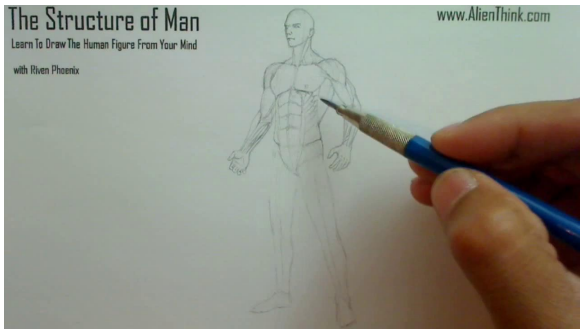
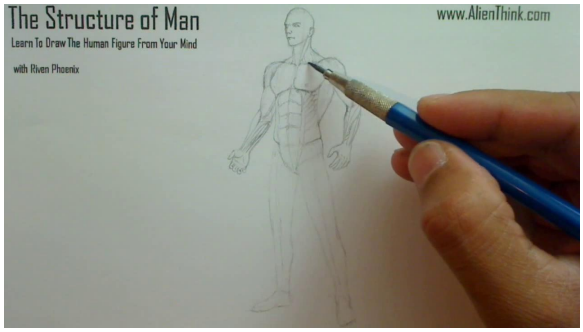
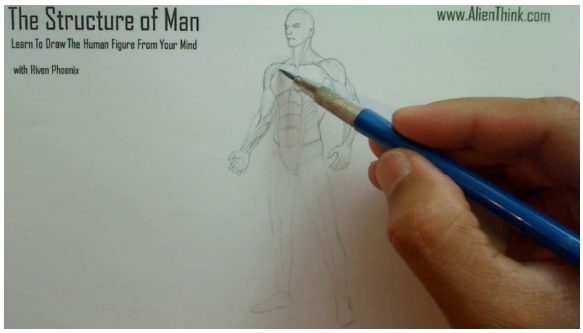
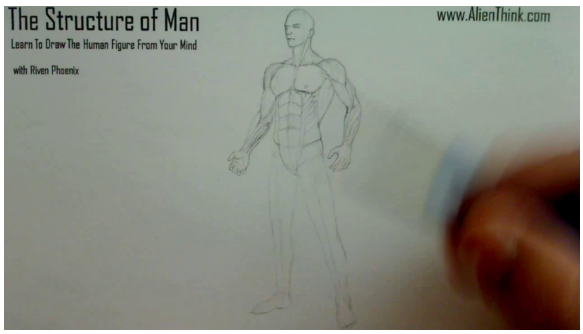
2026 Riven Phoenix and AlienThink.com

425		And then this is really just divided like this, right.
426		Okay. So on this one, I'm going to get the the the the other ab over here.
427		I'm going to define it like this.
428		And over here, I'm just going to define it like that.

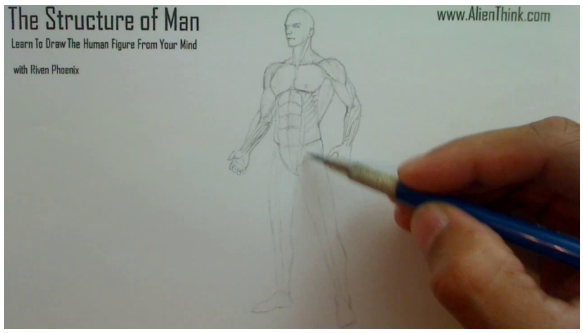
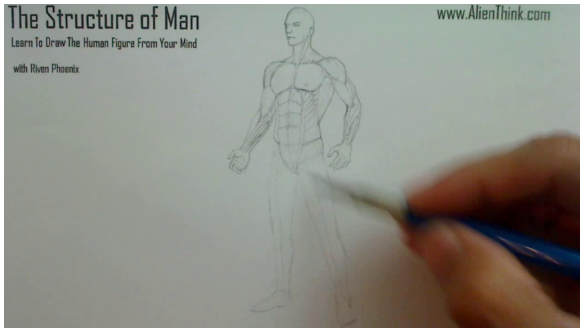
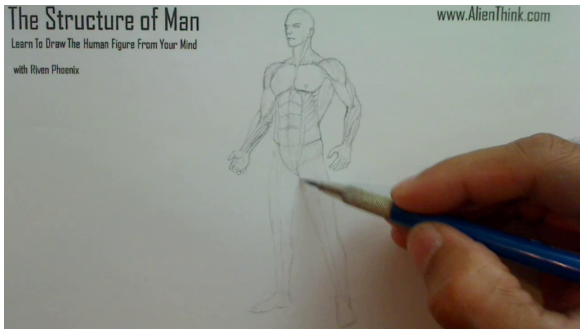
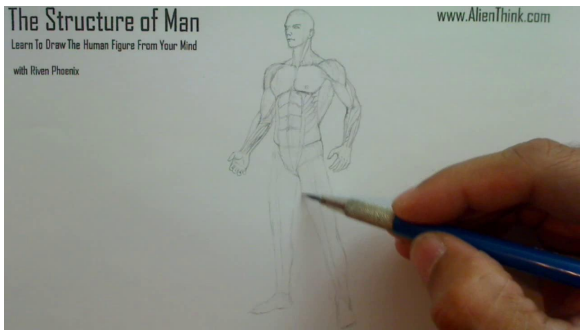
2026 Riven Phoenix and AlienThink.com

429		Right.
430		Okay. And that will just finish up this whole understanding of this area.
431		Right. So I'm just going to do the nipple like this because I wanted to go this way over here.
432		And just a guy.

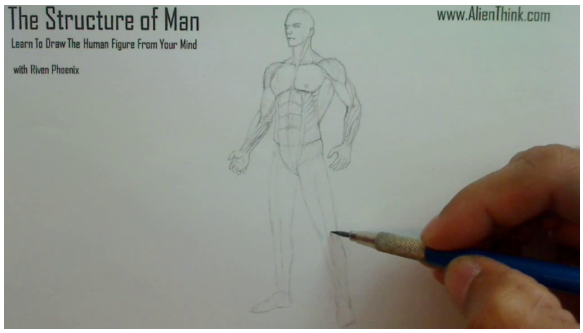
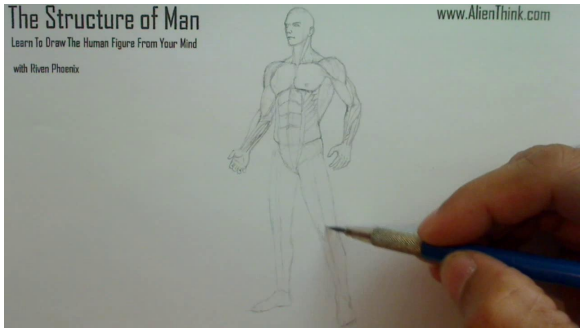
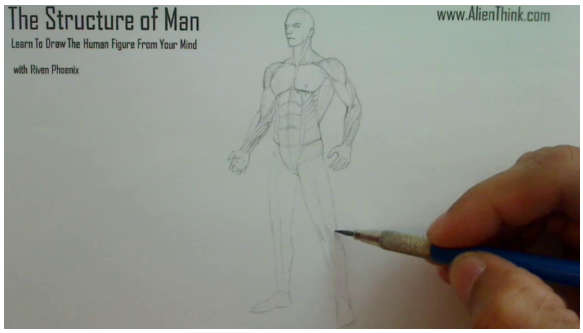
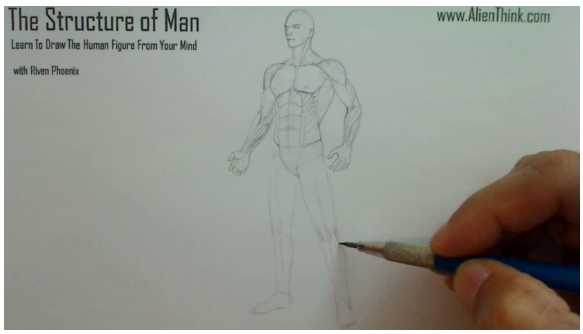
2026 Riven Phoenix and AlienThink.com

433		And we just like that over here.
434		Here, I'm just going to make it a little more bigger over here.
435		Right. So the delta is going like this.
436		Okay. So now we can just wrap this up.

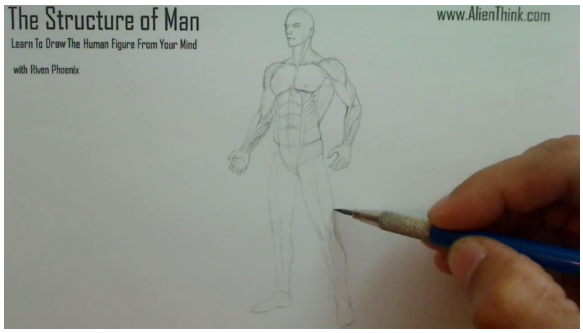
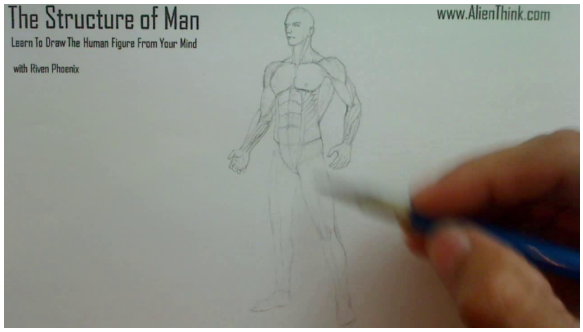
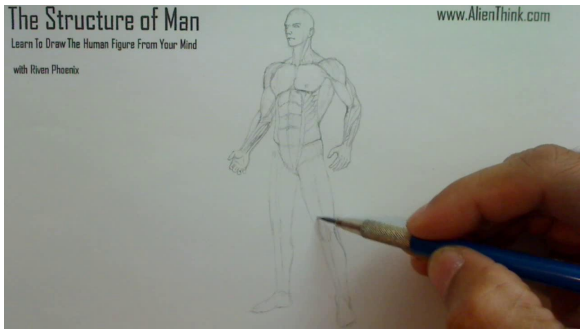
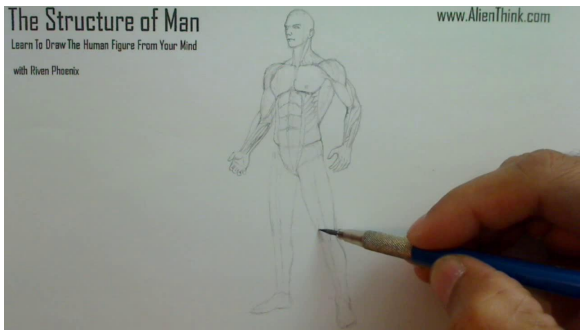
2026 Riven Phoenix and AlienThink.com

437		This is going to be super easy.
438		Okay. So here we know that.
439		Okay. Well, let me think about this.
440		I know that where where is going to be my knee?

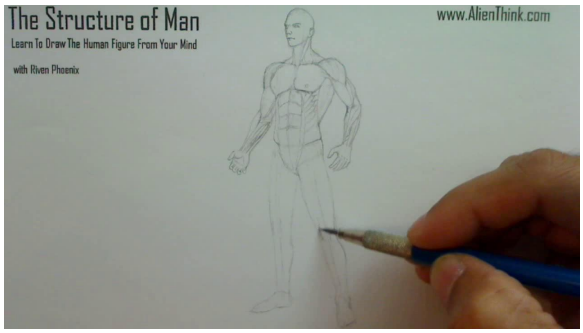
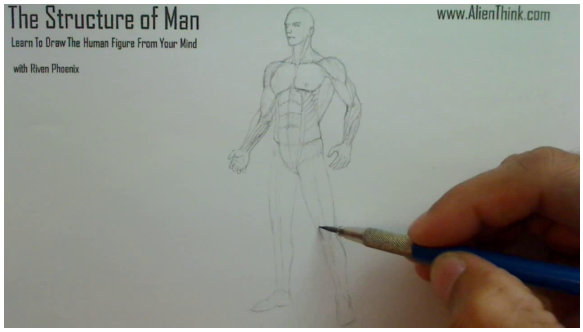
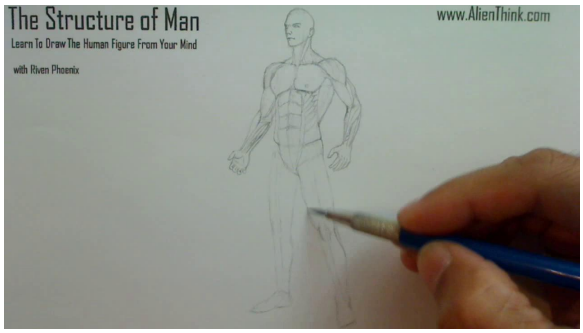
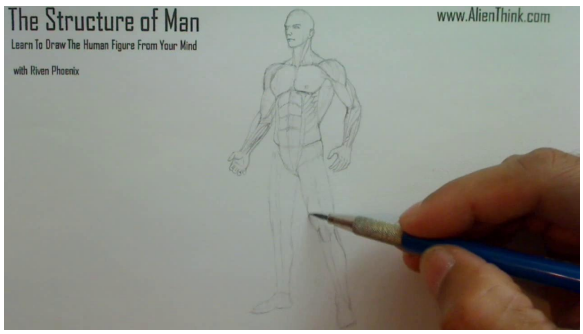
2026 Riven Phoenix and AlienThink.com

441		I'm going to say the knee is going to be here because really we know how that system is working.
442		Right. So we're going to get your knee over here.
443		Then you know that right is going to sink in a little bit.
444		You're going to get your calf muscles over here.

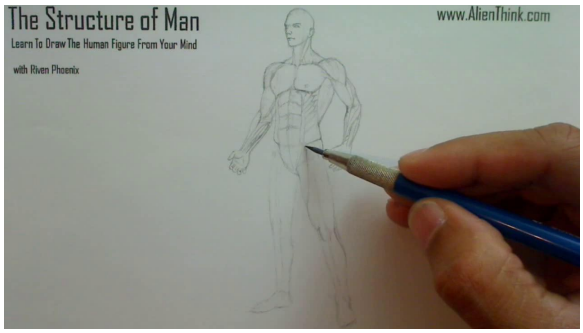
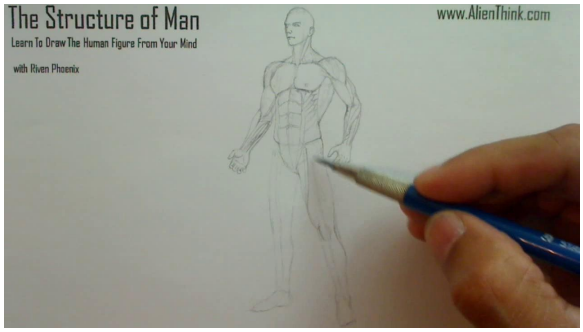
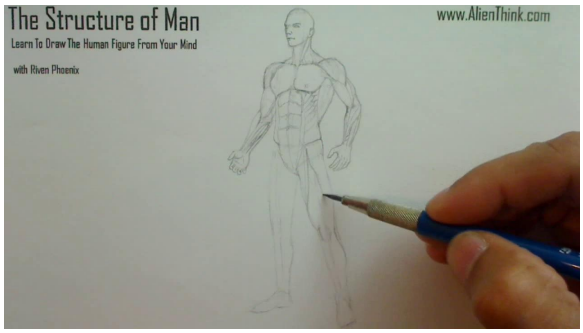
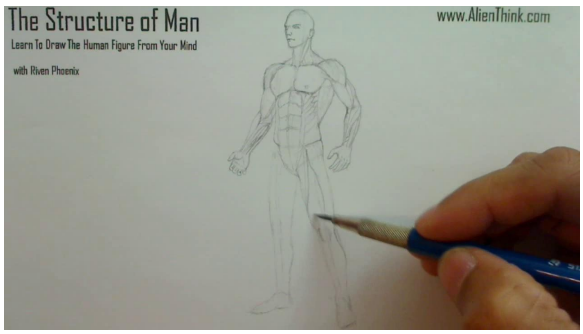
2026 Riven Phoenix and AlienThink.com

445		Right.
446		So we know that. Okay.
447		Let's think about this.
448		This is where the knee is. Right.

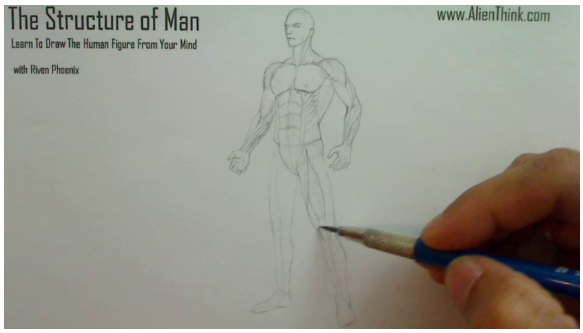
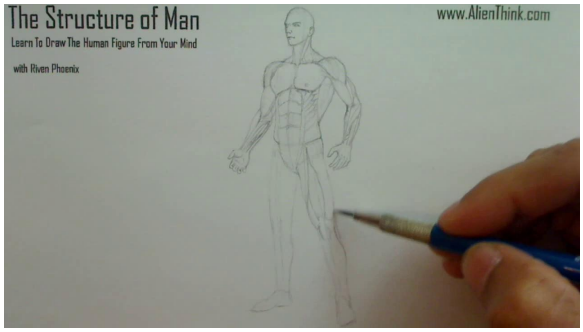
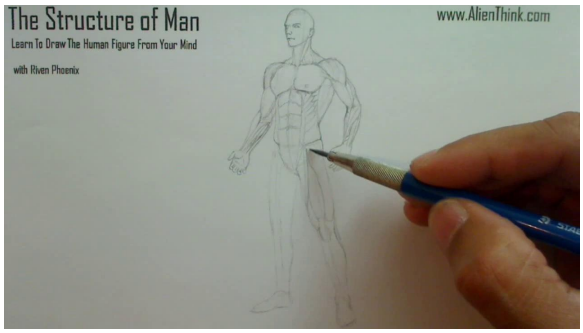
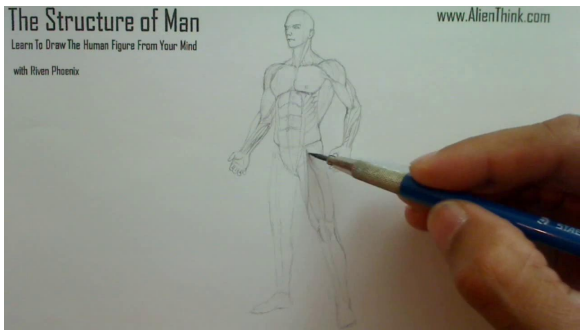
2026 Riven Phoenix and AlienThink.com

449		This is where the knee is.
450		Then we're going to get that eye muscle.
451		Right. Muscle eye is going to come like this.
452		And when he's as soon as he does, we already know that we're going to get that.

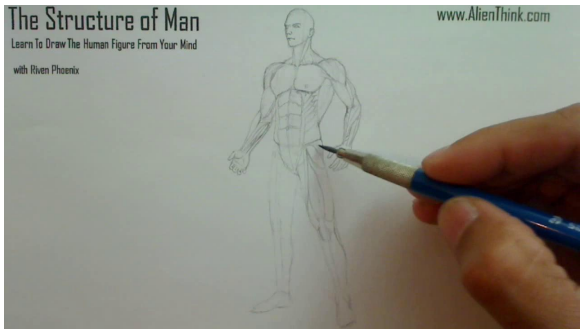
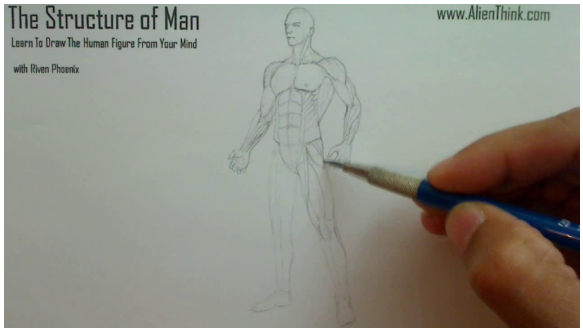
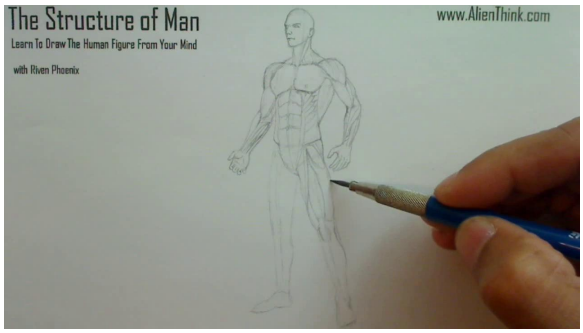
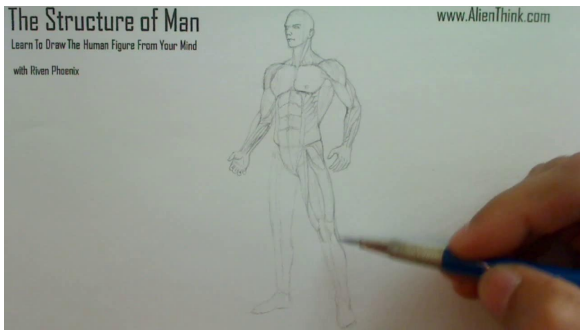
2026 Riven Phoenix and AlienThink.com

453		That the rope that goes around here and goes completely around it like this.
454		Right. So this means we're going over here going to get muscle K.
455		Right. So muscle K is just going to come like this.
456		And we know the relationship that they have K.

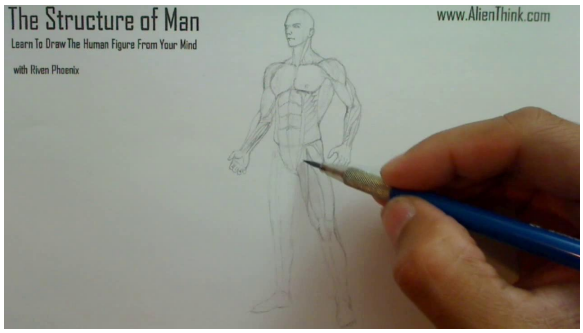
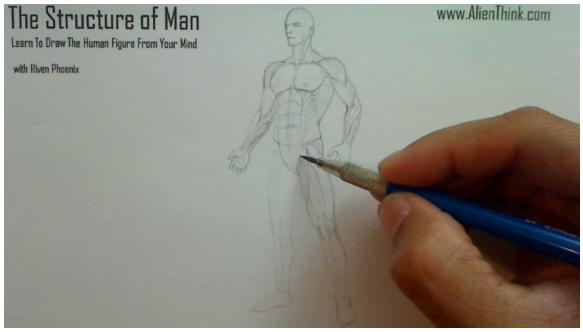
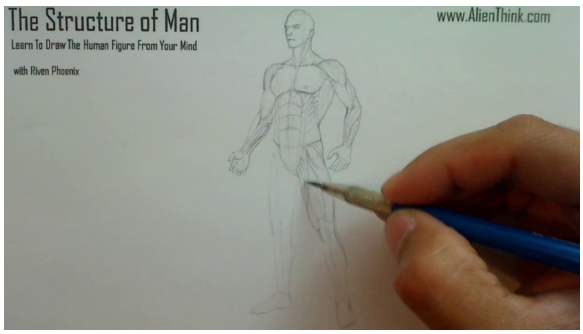
2026 Riven Phoenix and AlienThink.com

457		Right. I K. And then here you're just going to get J over here.
458		Right. So muscle J would be just like this over here.
459		So what's going to happen is that now we're going to get in.
460		Right. So in it's just going to be going like this from here.

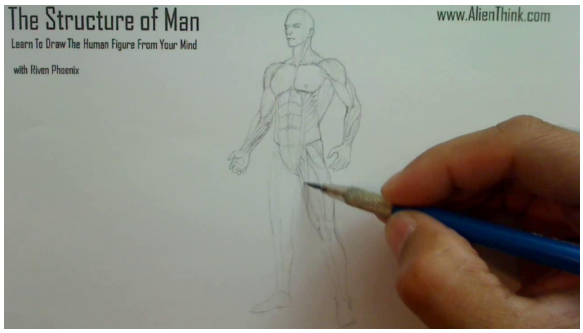
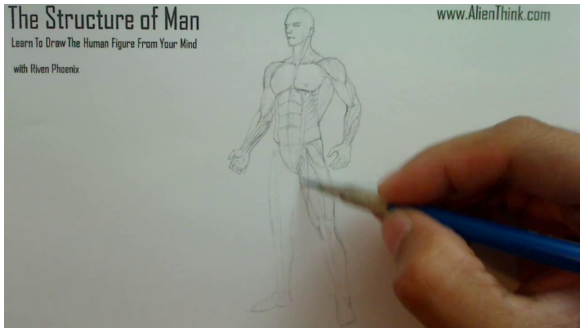
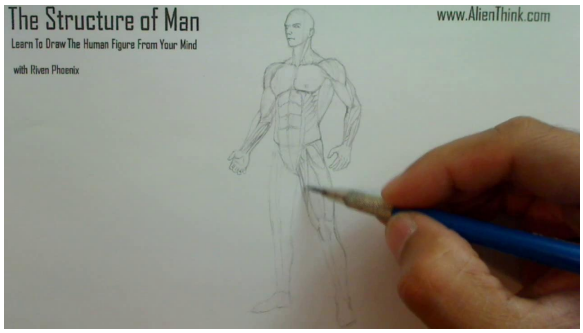
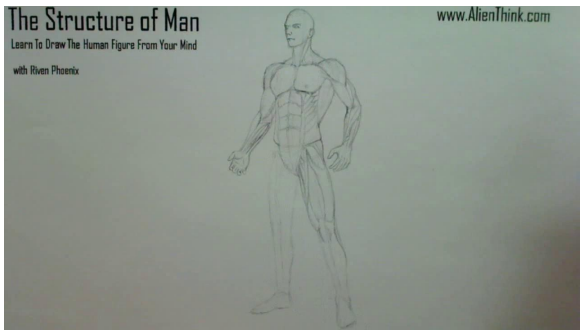
2026 Riven Phoenix and AlienThink.com

461		Then you're going to get in. Right.
462		So this is where you're going to get that dip is because now we're drawing out.
463		Now because the leg is kind of like shifted in that way.
464		So you're going to get these ideas for the muscles.

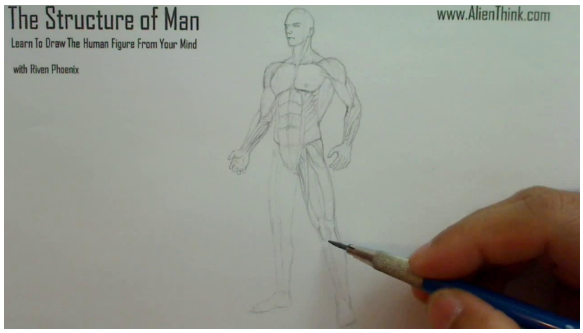
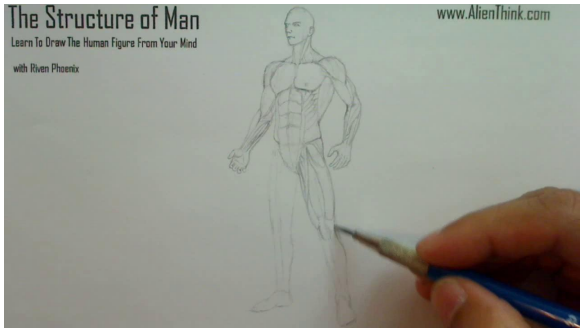
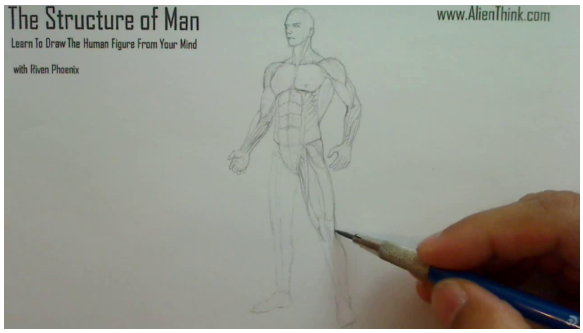
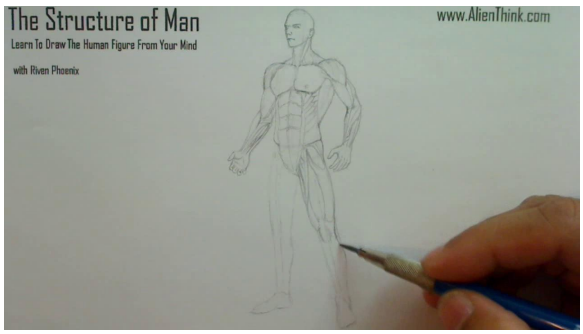
2026 Riven Phoenix and AlienThink.com

465		So what's going to happen over here?
466		Well, you're going to get that towel towel system, the muscle that hangs off.
467		You're going to get a muscle A.
468		We know about B. Right.

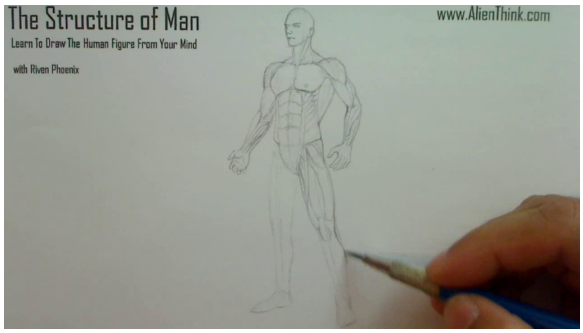
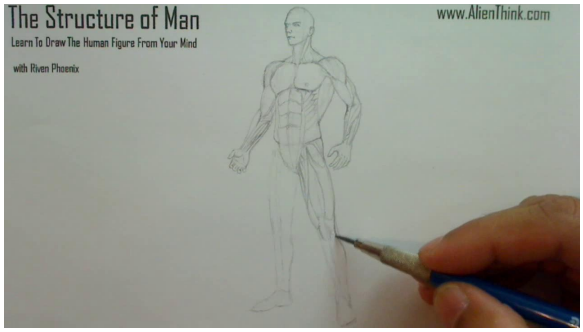
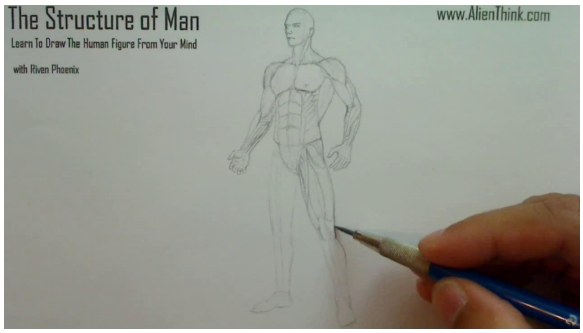
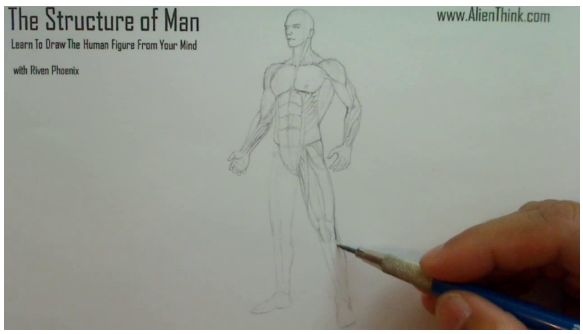
2026 Riven Phoenix and AlienThink.com

469		B is really in.
470		And then really it's just going to come down like this over here.
471		You'll probably see and then you'll be D.
472		So that's solved over there.

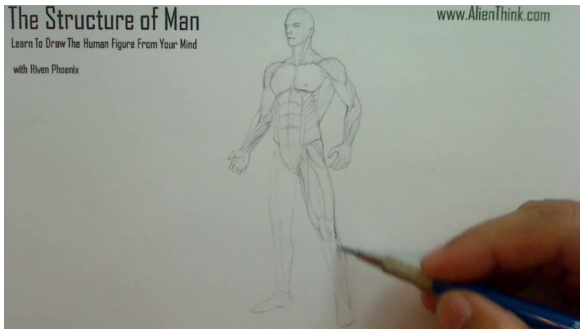
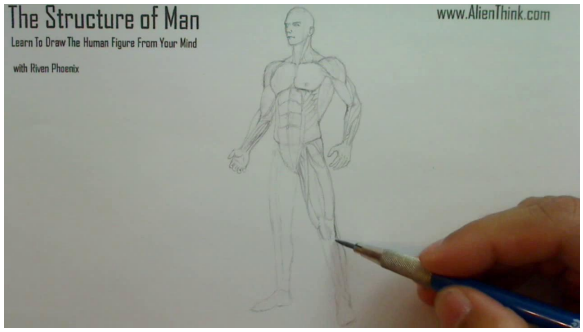
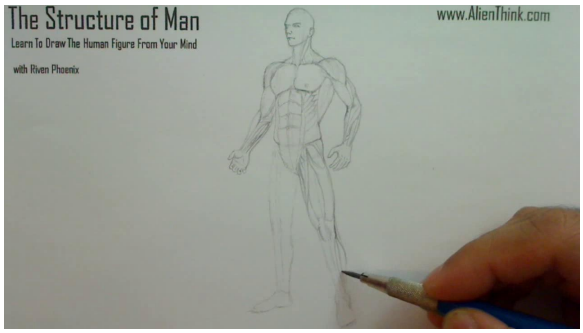
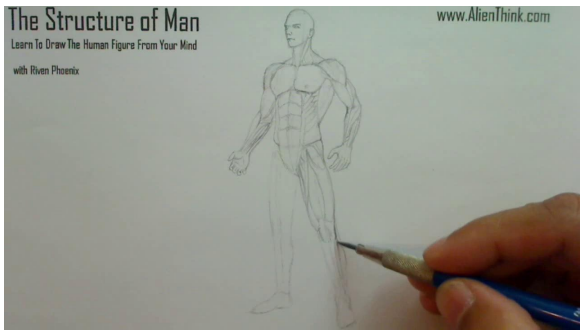
2026 Riven Phoenix and AlienThink.com

473		So now we just need to understand this.
474		Now that okay. Right.
475		Who's who's the guy that connects to the.
476		The the the TV over here.

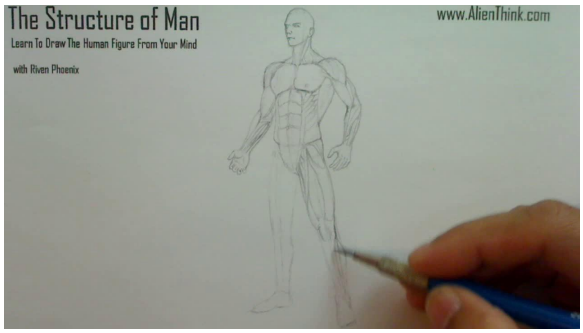
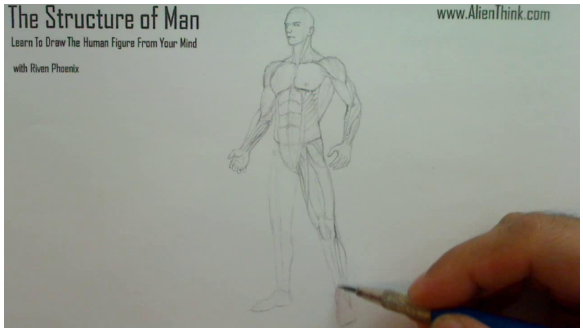
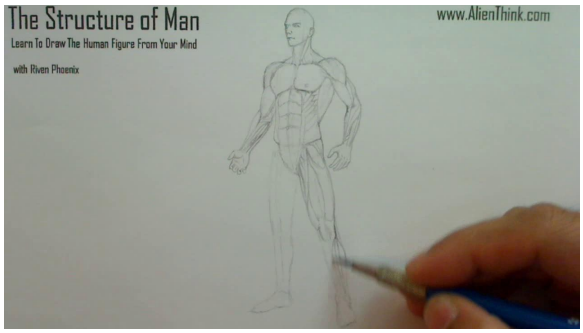
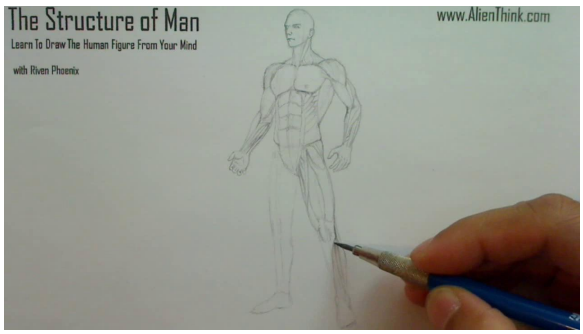
2026 Riven Phoenix and AlienThink.com

477		So we're going to get that cap muscle over here.
478		Right. He's going to there's going to be a muscle that the.
479		Muscle H is connecting to the the fibula over here.
480		And then you're going to get over here on this fibula.

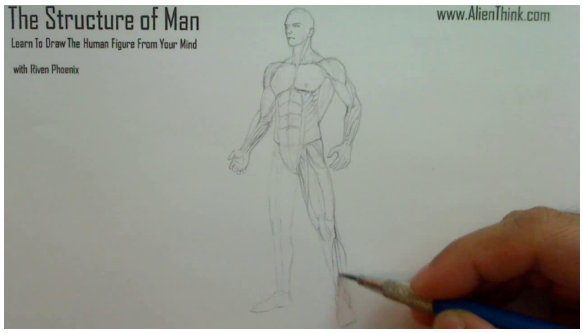
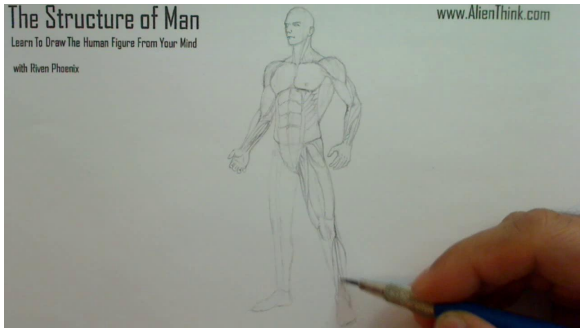
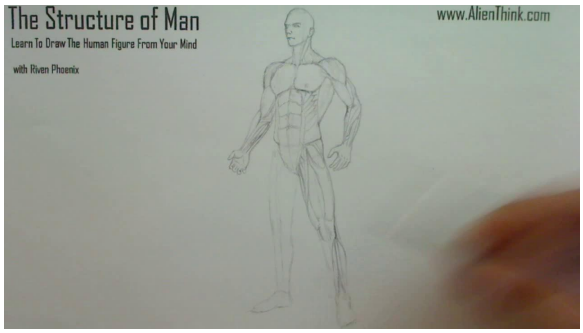
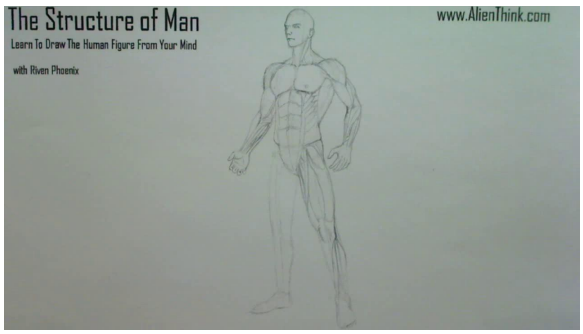
2026 Riven Phoenix and AlienThink.com

481		You're going to get one and two.
482		Right. So they're obviously going to be just like this.
483		And we're going to divide them like this that this is running.
484		Two over here. Right.

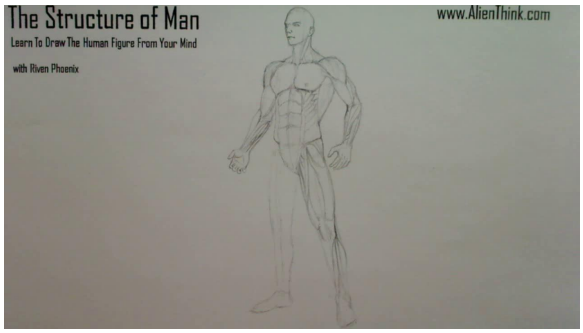
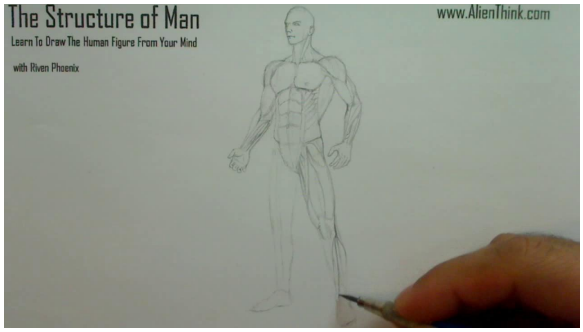
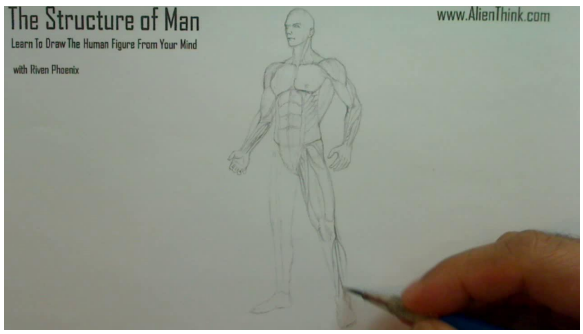
2026 Riven Phoenix and AlienThink.com

485		Then we know that okay from here.
486		He's going to go over here.
487		This is going to be muscle number four.
488		Right. So four is going to go over here.

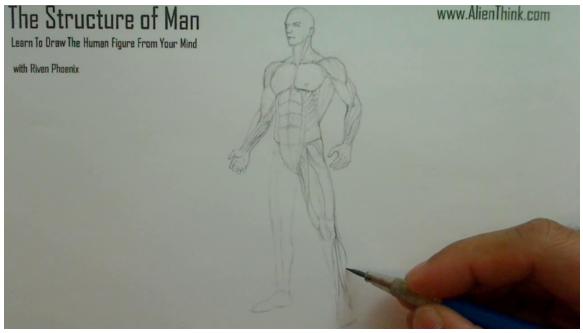
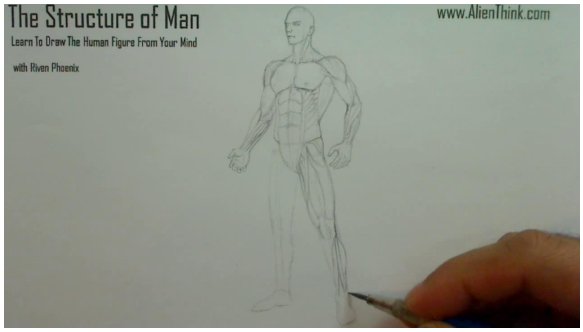
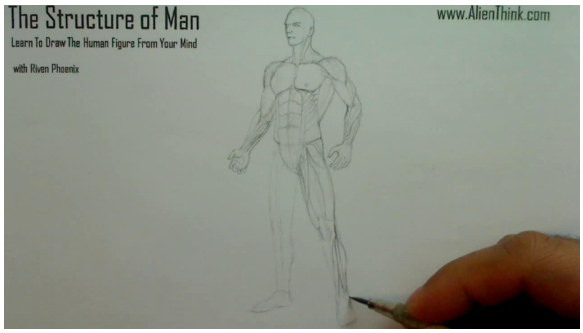
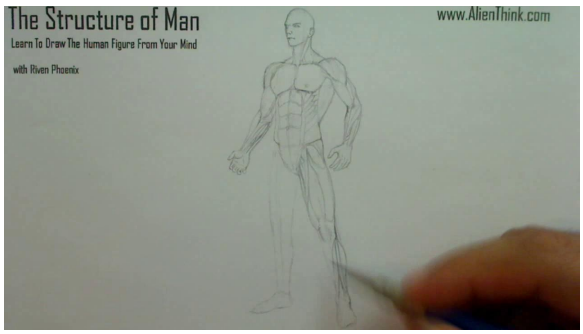
2026 Riven Phoenix and AlienThink.com

489		Right between them.
490		You're going to get muscle three.
491		Just going to erase some of this stuff.
492		And sharpen the pencil over here.

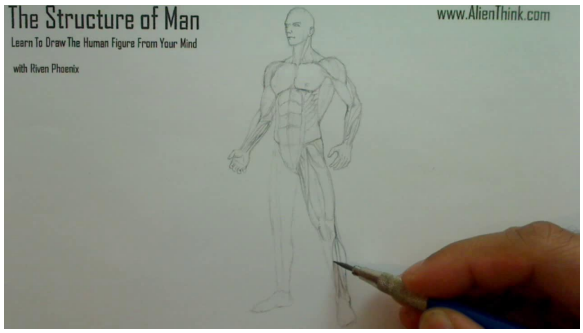
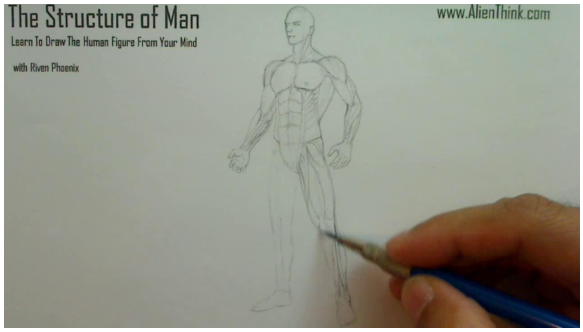
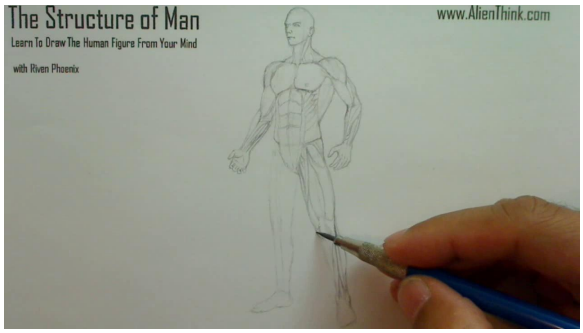
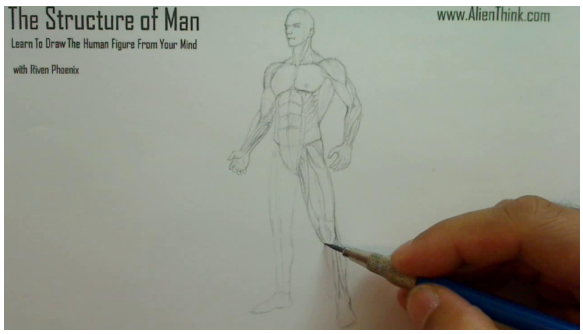
2026 Riven Phoenix and AlienThink.com

493		Okay. So here we're we on four.
494		And I got three over here.
495		Right. And then we had talked about 12 also.
496		We're not going to see five really.

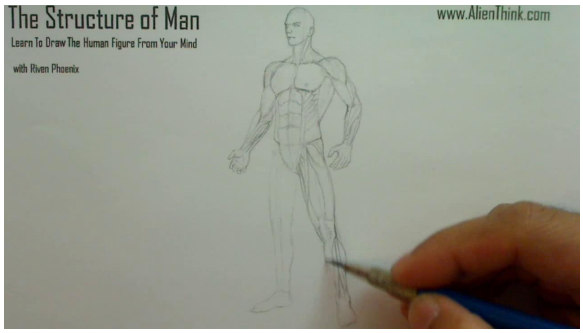
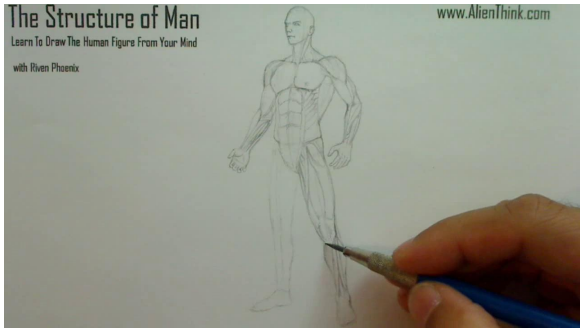
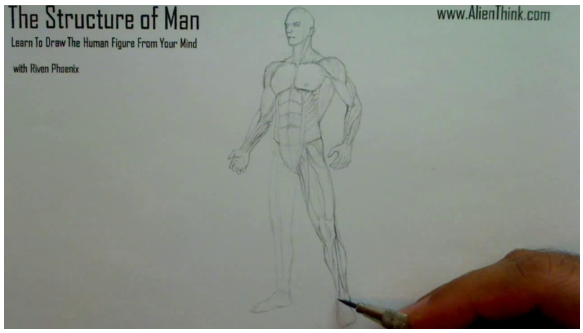
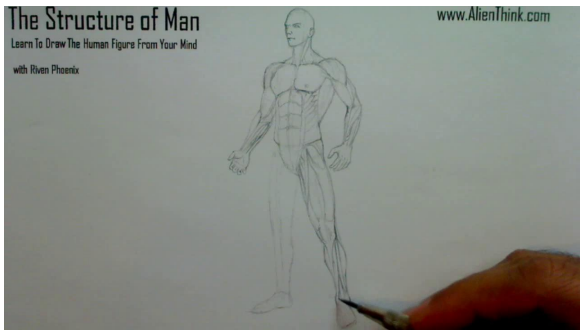
2026 Riven Phoenix and AlienThink.com

497		It's just too too much in over here.
498		But we're going to get this over here.
499		This ankle like this.
500		Okay. And then we talked about that muscle 12.

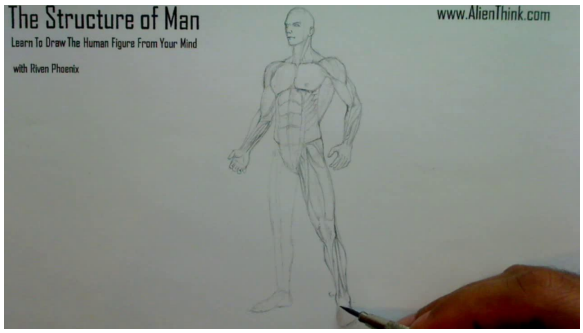
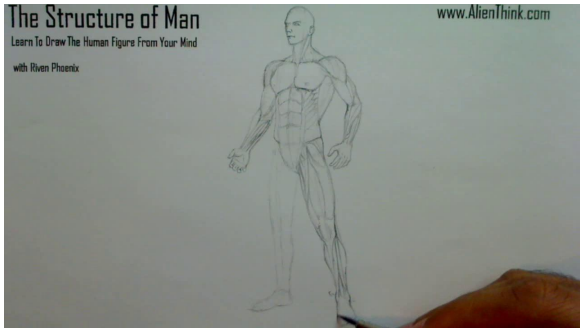
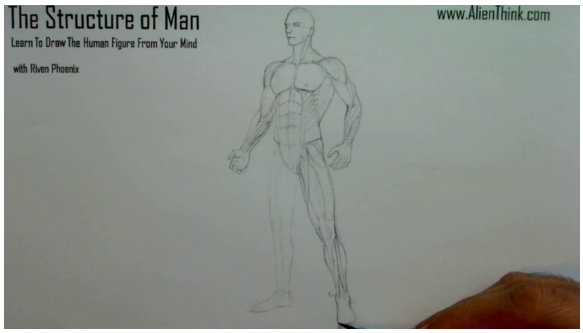
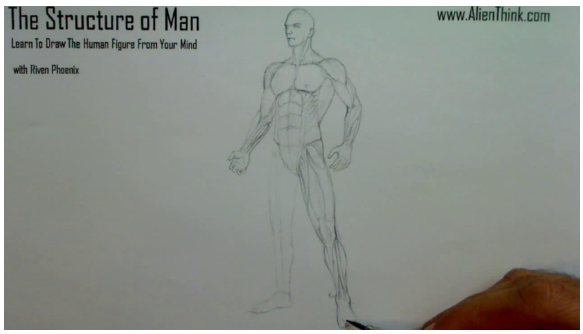
2026 Riven Phoenix and AlienThink.com

501		Okay. So this is now going to come like this.
502		Then you know that all those those three wires are really filling the space up.
503		So he's going to be almost like this over here.
504		That's what gives it that shape.

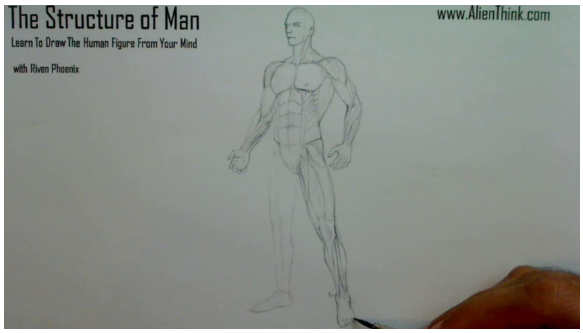
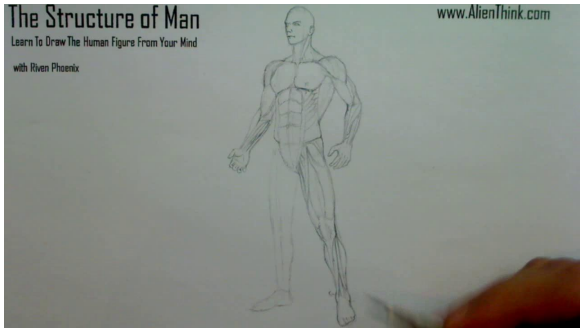
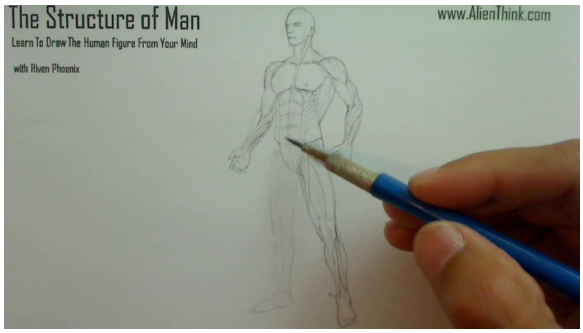
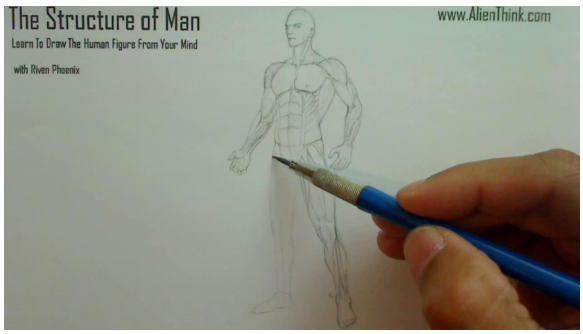
2026 Riven Phoenix and AlienThink.com

505		And then you're going to get the calf muscle going like this over here.
506		Right. And then you're just going to get that bone structure over here.
507		Right. So here we know we come to the ankle over here.
508		Remember it must be on an angle over here.

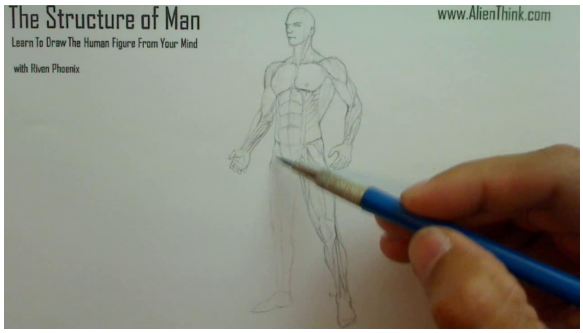
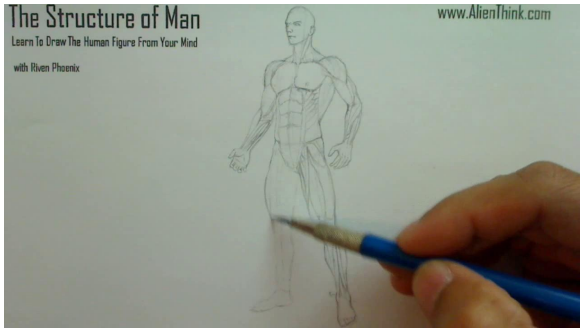
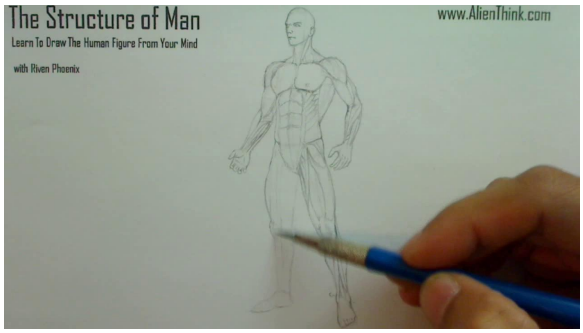
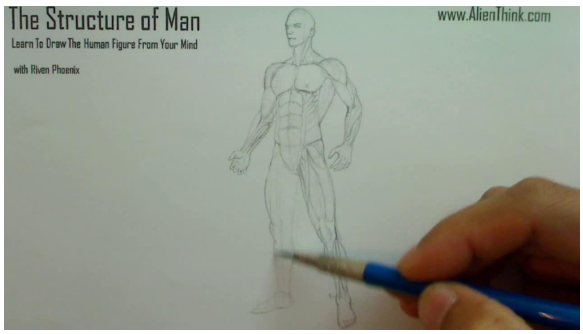
2026 Riven Phoenix and AlienThink.com

509		Okay. So here we're going to now draw out the foot a little bit.
510		Just think about this one.
511		Right. Here we're going to have to actually think about this in real small details here.
512		And they're just going to be one, that two, that three.

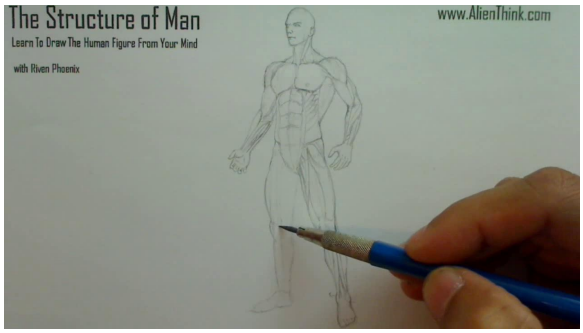
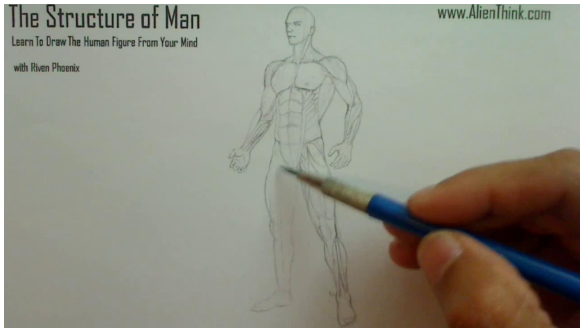
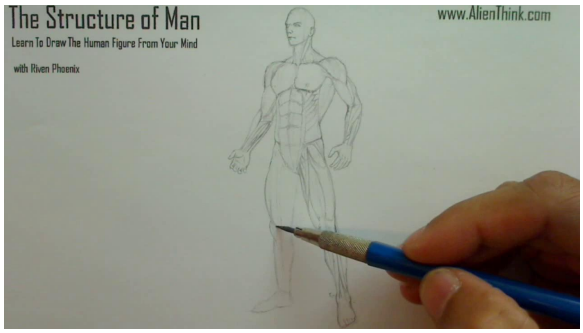
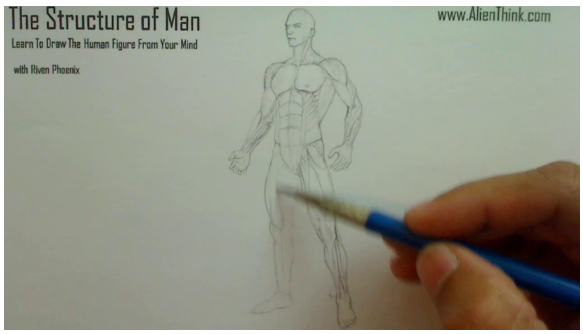
2026 Riven Phoenix and AlienThink.com

513		And then four over here. I'm going to get this above.
514		Right. So you can see how we can now draw the foot without any issues.
515		So now we're going to finish this off over here.
516		We're going to get.

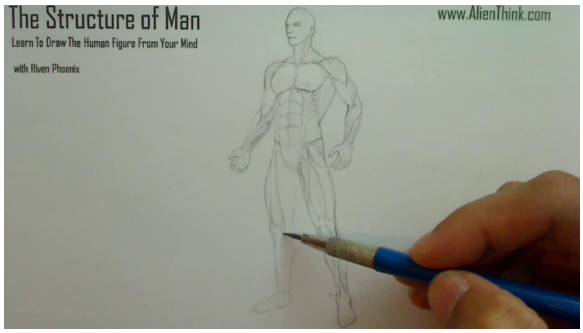
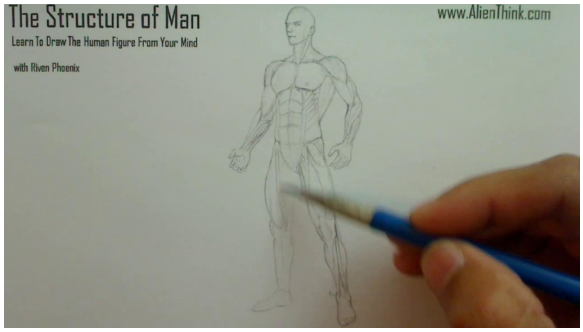
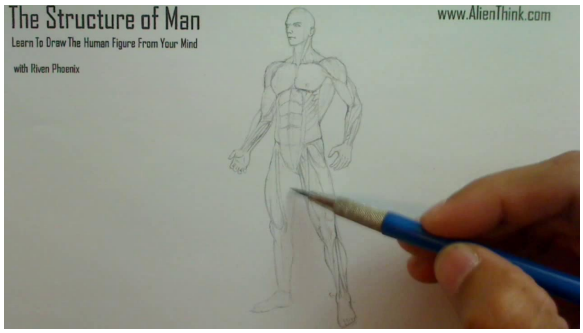
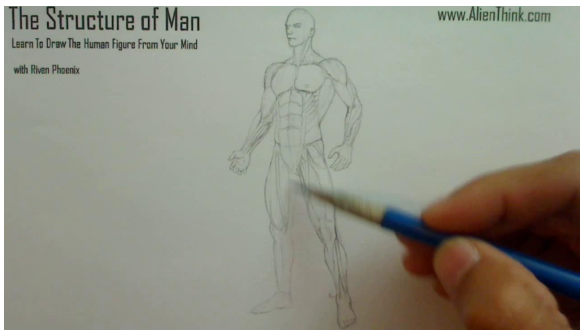
2026 Riven Phoenix and AlienThink.com

517		So here we can actually make this muscle J a little more bigger over here.
518		I actually K and then over here.
519		We're just going to get this knee over here.
520		And then I'm going to get this idea over here.

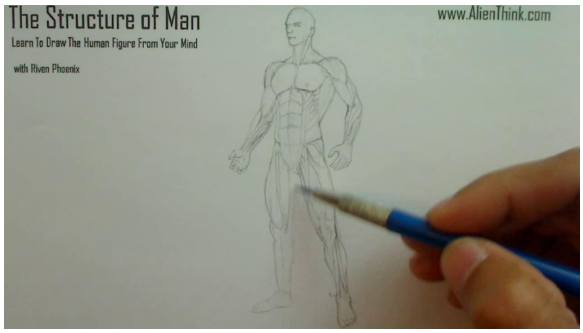
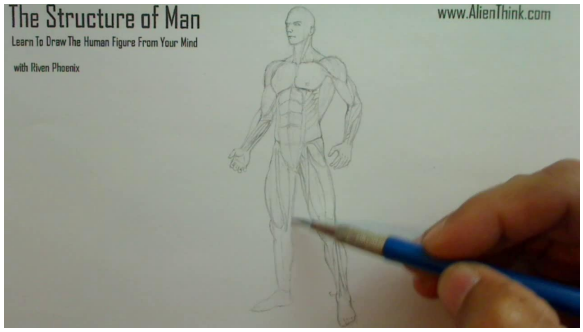
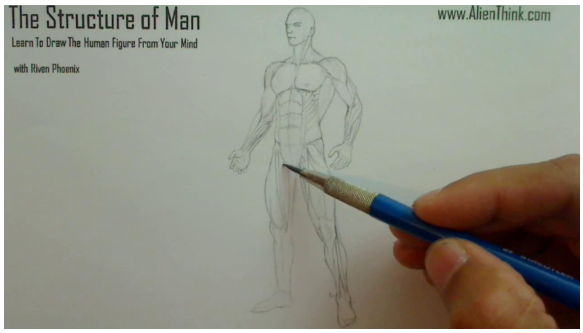
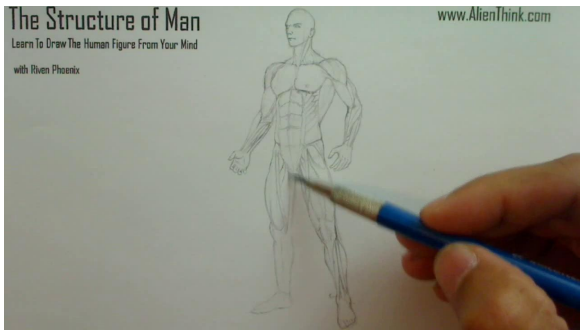
2026 Riven Phoenix and AlienThink.com

521		So let's talk about see how we did that with K is because there's an angle in here.
522		Right. If you have to think about the side view as to what the side view does.
523		Right. So here we're going to get muscle I.
524		I'm going to go here and I know that I'm going to get that that string system.

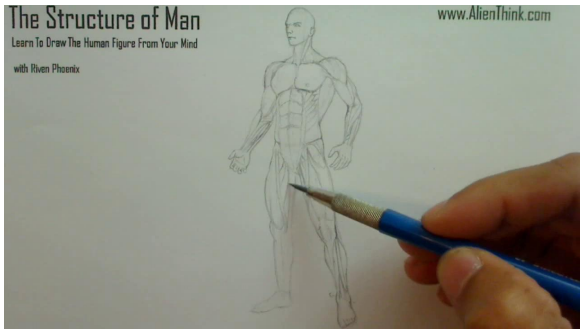
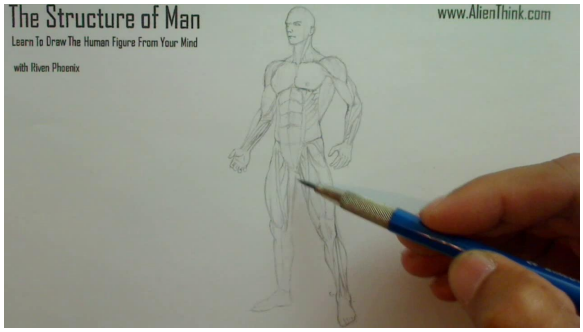
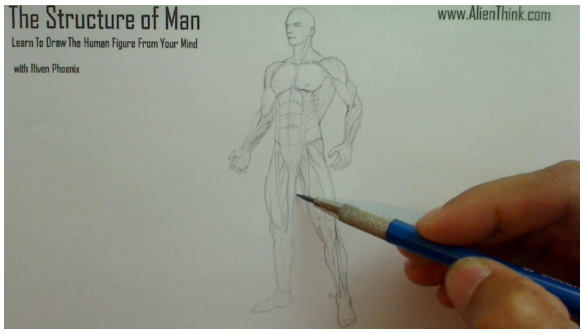
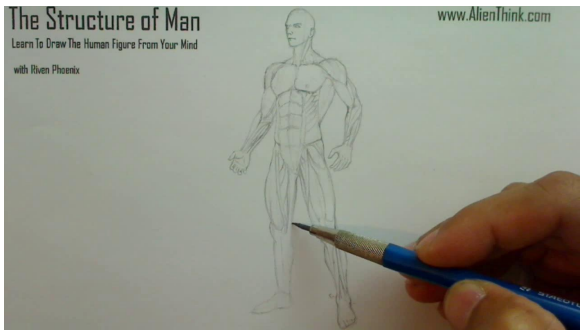
2026 Riven Phoenix and AlienThink.com

525		They're all just going to be three of these guys. Right.
526		So he's the first guy.
527		D is the the other guy. Right. We know about D.
528		He's just well.

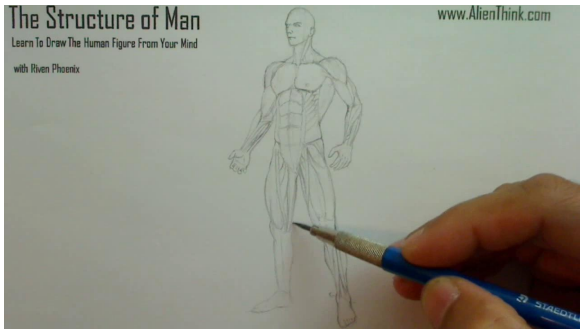
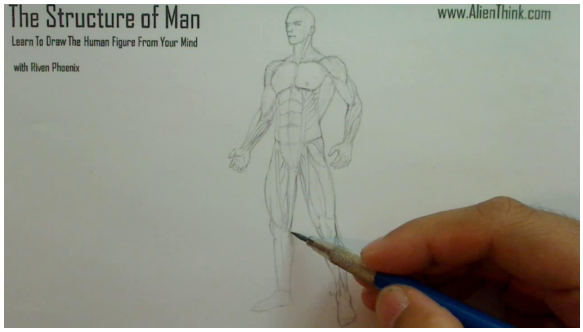
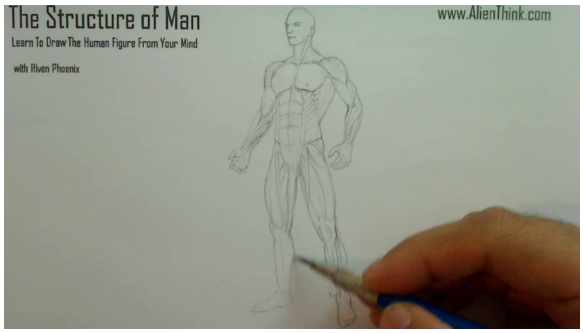
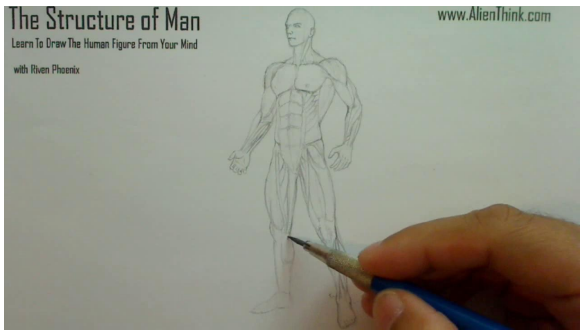
2026 Riven Phoenix and AlienThink.com

529		He's just we can just draw him out like this over here.
530		D. Right. So we know that right.
531		The guy who hangs off the call. Right. Then we get a over here.
532		And we're going to get a B over here.

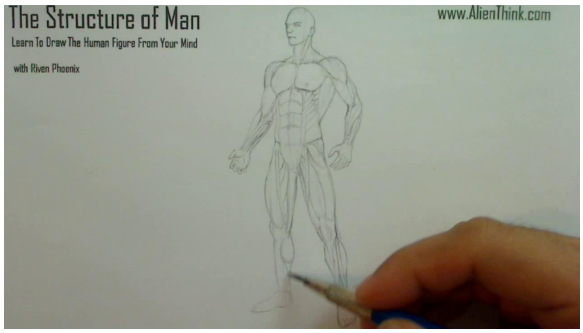
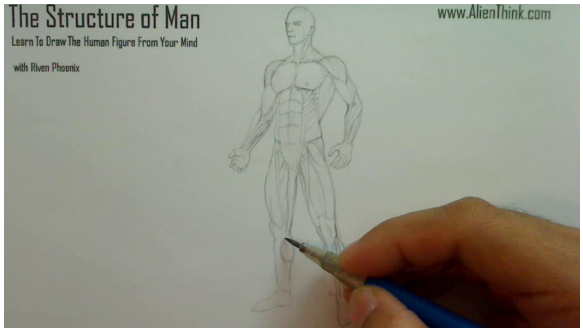
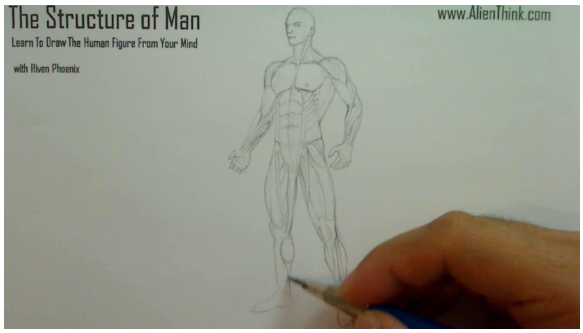
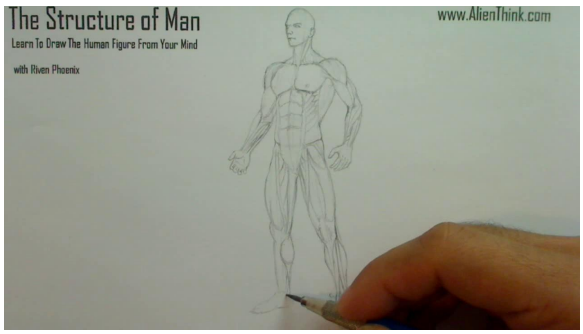
2026 Riven Phoenix and AlienThink.com

533		And here we're saying that when you draw out D, you'll see E and then C was the one that we never saw.
534		Right.
535		Okay. So over here, I'm just going to make a little bit of E and come out over here.
536		Right. So you know that D is going to be here in the last guy.

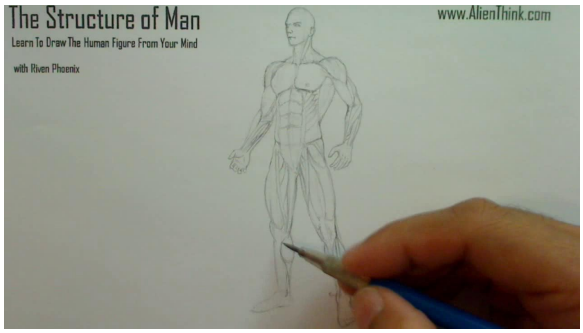
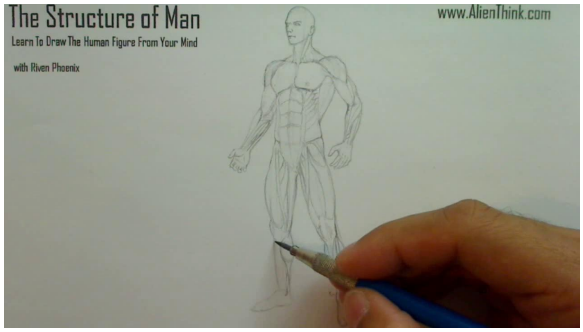
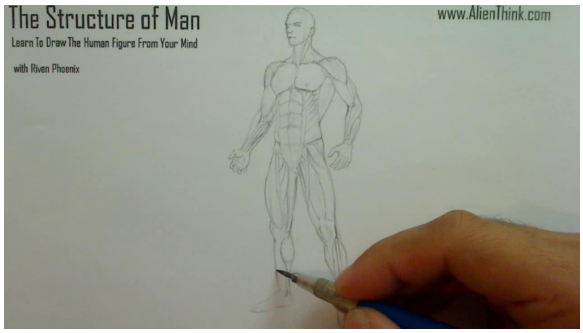
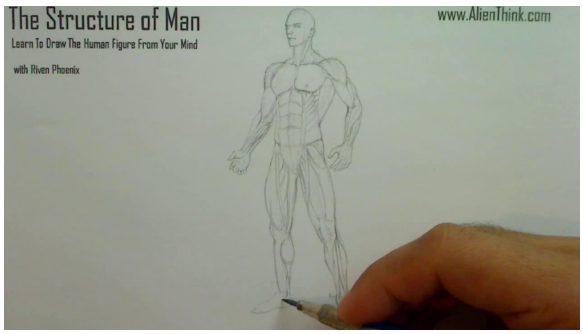
2026 Riven Phoenix and AlienThink.com

537		Over here is just going to be F.
538		Okay. So now we're going to get over here this calf muscle here.
539		We know that this is just going to go like this.
540		Really come more in like this and he's just going to go about his business over there.

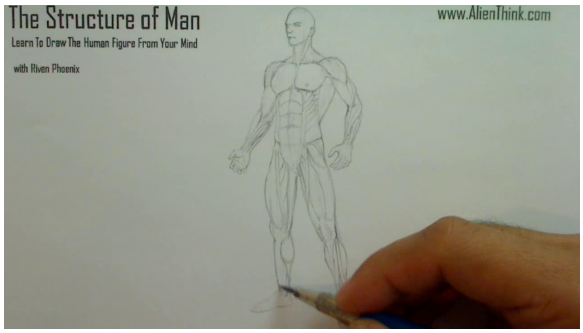
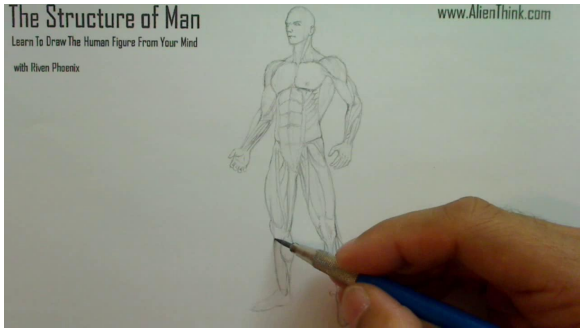
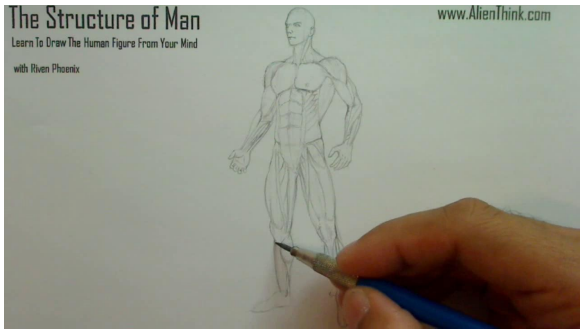
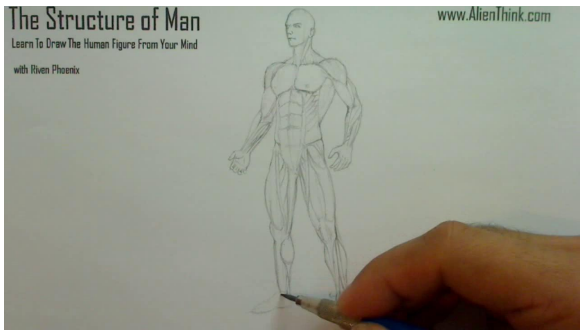
2026 Riven Phoenix and AlienThink.com

541		Right. And then I mean.
542		That's really optional if you want to sew six over here.
543		Let me know about over here that either we're going to get 9 and 10.
544		Right. So this is going to be the ankle.

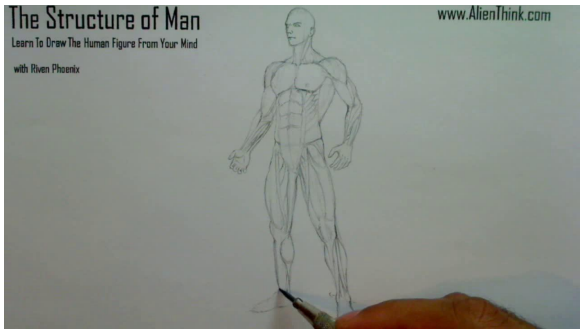
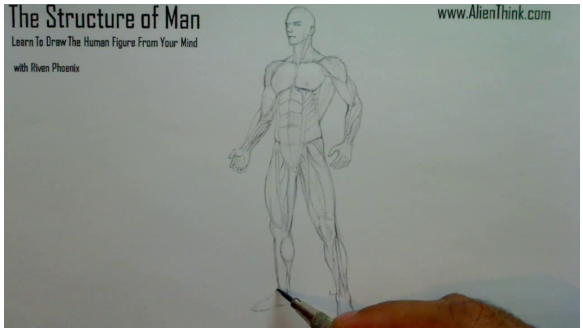
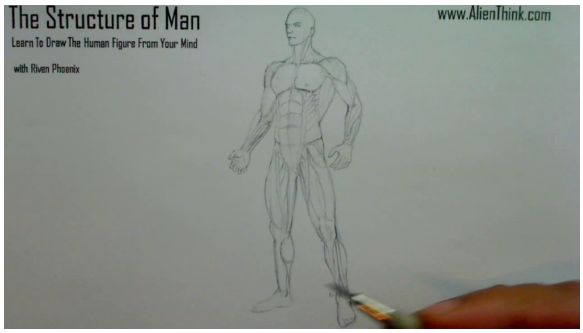
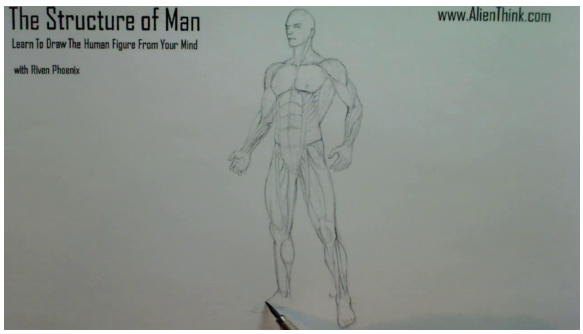
2026 Riven Phoenix and AlienThink.com

545		They're going over there. Right.
546		So now when we get this, we always know that right.
547		We got to remember about four.
548		He's coming more towards here. Right.

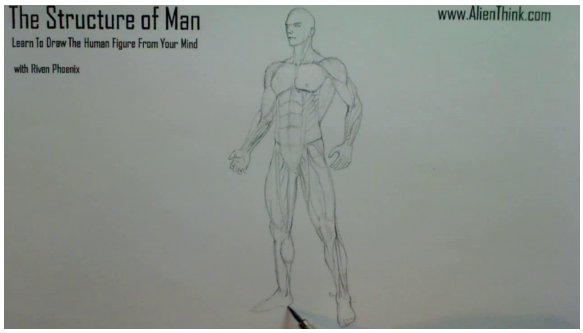
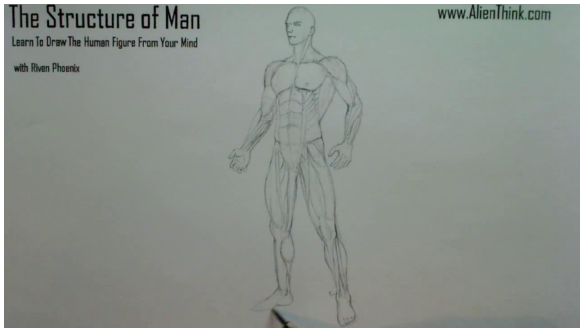
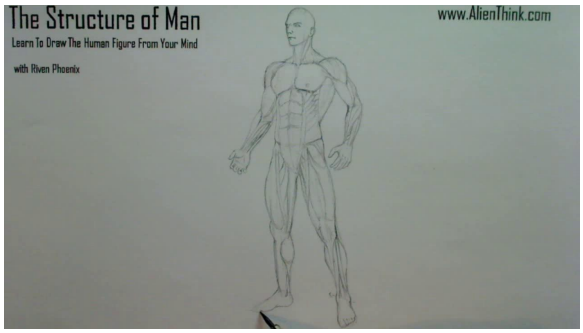
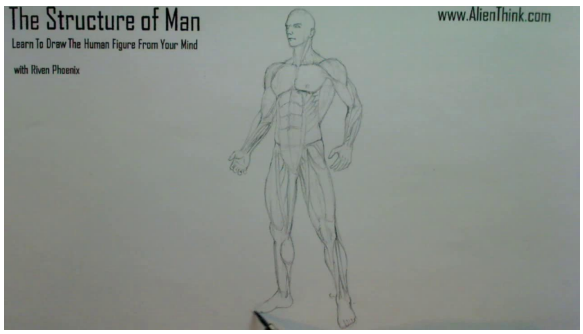
2026 Riven Phoenix and AlienThink.com

549		So it's four over there.
550		And then you're going to get pretty much 12.
551		You know, you're just going to get a very slight thing.
552		You're going to get 12 who was going into the toe.

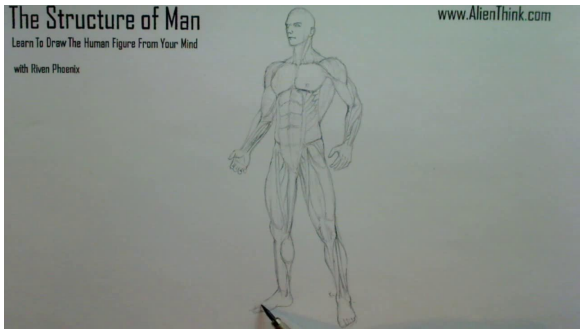
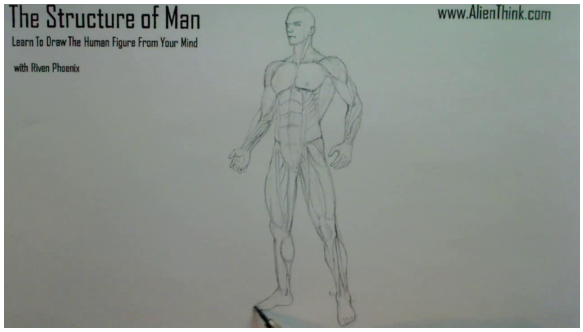
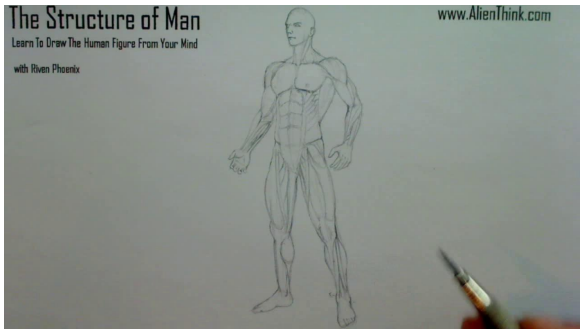
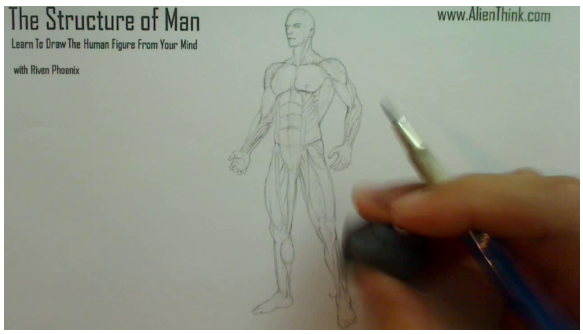
2026 Riven Phoenix and AlienThink.com

553		We don't have to really worry about them.
554		And then three.
555		And now we're here about to reach the final stage of achieving our remarkable end of our journey to figure drawing.
556		Okay. So here is the foot over here.

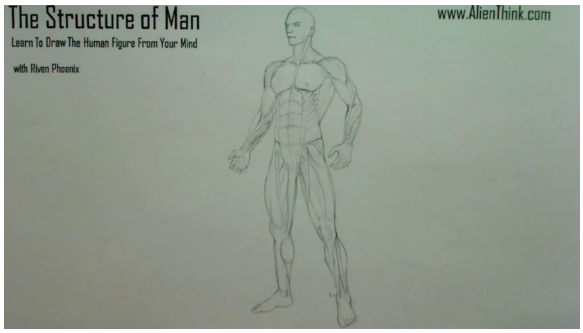
2026 Riven Phoenix and AlienThink.com

557		I'm going to draw this out.
558		And here I'm just going to draw this over here.
559		And then we're going to draw the toe over here.
560		Okay. And then do this.

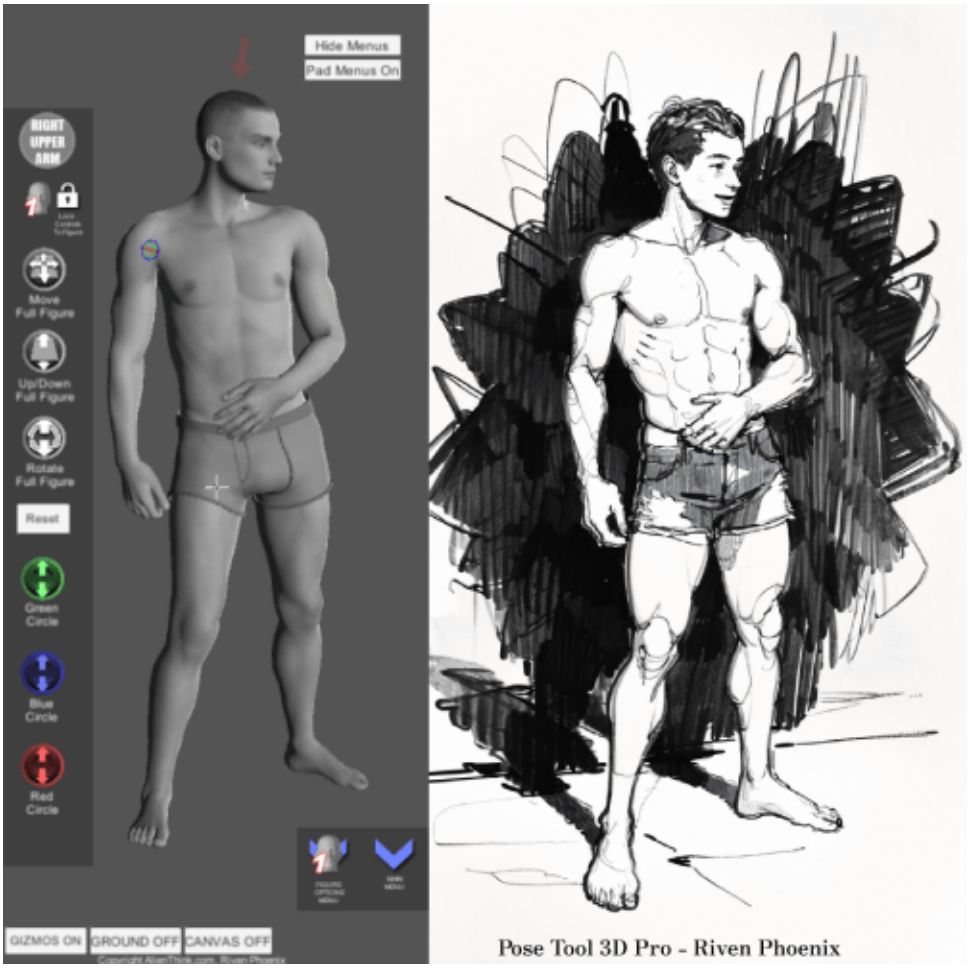
2026 Riven Phoenix and AlienThink.com

561		And we know the rest of the story is just going to be like this.
562		Right. We're not going to be able to see those details.
563		And I think you should now be congratulating yourself.
564		Because you have just achieved a remarkable feat in figure drawer.

2026 Riven Phoenix and AlienThink.com

565		So I'll see you in the next lesson. Thanks.

2026 Riven Phoenix and AlienThink.com



www.alienthink.com/pose-tool-3d/

2026 Riven Phoenix and AlienThink.com